



Read Us Online at  
IslandSunNews.com

# Island Sun

PRSRT STD  
U.S. POSTAGE  
PAID  
FT MYERS, FL  
PERMIT #5718

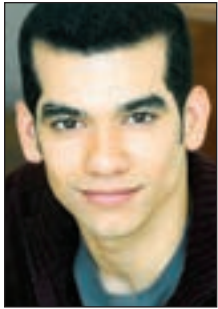
Postal Customer  
ECRWSS

VOL. 23, NO. 1

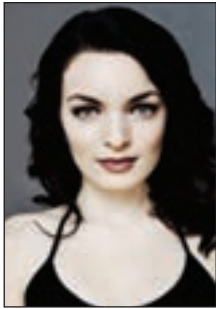
SANIBEL & CAPTIVA ISLANDS, FLORIDA

JUNE 26, 2015

JUNE/JULY SUNRISE/SUNSET: 26 6:37 • 8:25 27 6:38 • 8:25 28 6:38 • 8:25 29 6:38 • 8:25 30 6:39 • 8:25 1 6:39 • 8:25 2 6:39 • 8:25



Juan Luis Espina



Marley Dove



Tempest Perrin



Christopher Dean  
Anderson

## Fresh Young Stars To Shine In BIG ARTS Musical Revue

This summer is sure to sizzle with a new original production at the Herb Strauss Theater. *Rhythm Of The Night* is a fiery revue, blending powerful vocals, Latin-infused music and enchanting choreography. Created by Artistic Director and Choreographer Bobby Logue, the show opens on Saturday, July 11 at BIG ARTS' Herb Strauss Theater and runs through August 15.

Part *Dancing With The Stars* and part *Moulin Rouge*, *Rhythm of the Night* infuses dance styles such as salsa, tango, cumbia and paso doble, with a variety of Latin- and

continued on page 39

## Bubba Gump Shrimp Week Kicks Off Summer Program At Sea School



Sanibel Sea School campers pretend to be cleaner shrimp during Bubba Gump Shrimp Week

submitted by Leah Biery

Sanibel Sea School's first week of summer camp, themed Bubba Gump Shrimp Week, was all about shrimp, and campers used all five of their senses to learn about these charming crustaceans. We caught shrimp in our seine nets and held

continued on page 10

## Optimists Plan After-Rally Party

The Sanibel-Captiva Optimist Club's longest-running 4th of July event celebrates 36 years of fun for teams and families as they puzzle out the clues while following a prescribed driving course around the island. Prizes will be awarded for correct time and mileage, for the most correct answers to the quiz about things seen along the route, as well as for the best decorated vehicle. A 50/50 raffle will also be available. The event is fun for everyone.

Choose your team (a driver, navigator and spotters are usual), fill in the entry form from Bailey's General Store, Sanibel Cafe or Sanibel Captiva Community Bank. Forms are also available at the starting line. Mail it, together with this year's entry fee of \$35, to San-Cap Optimist Club, P.O. Box 1370, Sanibel, FL 33957, or bring it to the starting line (credit cards are OK). The entry fee includes: car, driver, navigator, unlimited crew and one official Road Rally T-shirt (additional T-shirts will be available for \$15). The number of entries is limited, so register early.

This year, the rally begins in Timbers Restaurant/Sanibel Grill parking lot (one half block north of Bailey's on Tarpon Bay Road) at noon on Saturday, July 4, and also ends there for the "afterglow" party. Staggered starting times (every two minutes) will be pre-assigned by the rally

master, Randy Carson.

See the entry form for more details or call Randy Carson at 699-8739, Richard McCurry at 292-4631 or Dani Howard at 472-0836.

Sponsorships are available for tax-free donations of \$100 or more. The Optimist Club has a tiered sponsorship consisting of three levels:

- Lion's Paw level of \$500
- Junonia level of \$250
- Conch level of \$100

Each sponsor gets publicity and a placard on one of the rally vehicles. Call Carson, McCurry or Howard to arrange sponsorships. All proceeds from the rally provide funds for the local Sanibel-Captiva Optimist Club's college scholarships. ✨

## Lineup For Island Hopper Songwriter Fest

Award-winning, internationally-recognized singer-songwriters will entertain residents and visitors at the Island Hopper Songwriter Fest this fall on Captiva Island, Fort Myers Beach and downtown Fort Myers.

The 2nd annual Island Hopper Songwriter Fest begins September 17 to 20 on Captiva Island and wraps up September 25 to 27 on Fort Myers Beach. Historic downtown Fort Myers

continued on page 10



The VIP After Hours kickoff party

## Kids Reading For Others This Summer

Local children are reading for others in the Sanibel Public Library's annual Summer Reading Program. Teens and grammar school-aged children can enroll in the Summer Reading Program through the month of June. Participants will receive a special gift from the Sanibel Public Library Foundation when they sign up. The library's Summer Reading Program runs through Saturday, August 1.

continued on page 10



# Sea

THE ISLANDS  
AT LILY & CO.



You'll be amazed as Master Goldsmith Nick DeStefano turns your sea-side vacation memories into stunning hand-crafted designs right before your eyes. Discover our entire Sealife Collection and so much more only at **Lily&Co.**

  
**LILY & Co.**  
JEWELERS

VOTED *Coolest* JEWELRY STORE IN THE NATION  
BEST OF THE ISLANDS EIGHT CONSECUTIVE YEARS!  
ON-SITE CUSTOM DESIGN & REPAIR CENTER

520 TARPON BAY ROAD | ACROSS FROM BAILEY'S | SANIBEL, FL 33957  
239-472-2888 • LILYJEWELERS.COM





## Community House Receives Grant From The Charitable Foundation



The Community House

Through the 2015-16 Capacity-Building Initiative, the Charitable Foundation of the Islands (CFI) awarded The Community House of Sanibel a \$2,000 grant. "These capacity-building grants will enable organizations to hire consultants to help both their board and staff accomplish work that requires time, energy, expertise, and innovative thinking beyond everyday operations. Additionally, these grants provide assistance to organizations in implementing new technology or improving existing technology through consulting, planning and/or software and equipment expenses," stated the Grants Program Guidelines.

"We are excited to get this grant to jump start improvement in our technology. We have had plenty of upgrades on our wish list for the last several years," said Teresa Riska-Hall, executive director at The Community House. "The Charitable Foundation of the Islands has been a wonderful partner to us and to other non-profits on the island for many years."

For more information on facility availability or SCA-sponsored events, visit [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net) or call 472-2155.✱

## American Legion Post 123

This Sunday, June 28, American Legion Post 123 will serve barbecued ribs and chicken from 1 to 8 p.m. Cost is \$12 to \$14 per person.

On Saturday, July 4, it's free hot dogs all day long with a hot dog eating contest at 6 p.m. Sunday, July 5, the legion will serve a meatloaf dinner.

Nine-ball pool tournaments are played every Monday starting at 5 p.m.

"Hump day" specials are served all day on Wednesdays.

On Fridays, a six-ounce ribeye steak sandwich is available all day. There are daily specials as well as the popular half-pound burgers. Food is served from 11 a.m. to 8 p.m. The public is welcome.

If you have a flag that needs to be retired, drop it off at your convenience.

Hours are Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m.

American Legion Post 123 is located at Mile Marker 3 on Sanibel-Captiva Road. For more information, call 472-9979.✱

## Shred Your Documents July 18

The Sanibel Community Association (SCA) will once again be hosting a drive to shred your unneeded documents and papers on Saturday, July 18, between 9 a.m. and noon at The Community House, located at 2173 Periwinkle Way.

Summer is the perfect time to organize your home and office. It's also the perfect time to destroy the sensitive documents you no longer need. With identity theft a growing problem, you should securely dispose of unwanted financial and personal files so they don't end up in the wrong hands. But, if the thought of tediously hand-feeding piles of personal papers into your home shredder makes it tough to get motivated, then the perfect solution is to let someone else shred it for you safely and quickly.

Bring documents such as bank statements, credit cards receipts, old checks, income tax returns or anything that contains personal information, while watching the professionals at Secure Shredding, Inc. pulverize your papers into bits within mere minutes.

The event is open to the public. A small fee of \$5 for one or two boxes per car will be collected. If you have more boxes, an additional donation is requested. All proceeds go to The Community House operating fund to help maintain the house so additional donations are always encouraged. You must remove all binder clips and larger paper clips. Regular staples and small paper clips don't need to be removed. If you are a business, call ahead with the number of boxes so we can assure we have room for our residents.

For more information on this or other SCA-sponsored events, visit [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net) or call 472-2155.✱

# TRUST



Your financial future should rest in the hands of a company with the integrity and experience to preserve and grow your assets.

As the largest independent Trust Company in Southwest Florida, we combine personal service with world class investment management to create a superior client experience. Founded in 2001, we maintain the highest standards of safety and soundness. Client portfolios are separately managed and individually tailored to your total return, cash flow, and legacy needs.

Experience the benefits of private wealth management.

Wealth Management | Trust Administration | Estate Planning

THE  
SANIBEL  CAPTIVA  
TRUST COMPANY  
PRIVATE WEALTH MANAGEMENT

239.472.8300 • 800.262.7137  
[sancaptrustco.com](http://sancaptrustco.com)



# Island Seniors At The Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

In observance of the Independence Day holiday, the Center 4 Life hours of operation will be from 8 a.m. to noon. The center will resume regular hours on Monday, July 6

**Trash & Treasures Sale** will be back in November. The center is currently accepting donations of clean, gently used items. All items are tax deductible. Bring them to the Center 4 Life Monday through Friday between 8 a.m. and 3:30 p.m. Please, no books, clothes, shoes,

computers or old TVs. If you have any questions, call 472-5743.

**Page Turners with Ann Rodman** – If you would like to be on the Page Turners list, email annrodman@aol.com or contact the Center 4 Life.

The featured book on Wednesday, July 8 is *Secret Life of Bees* by Sue Monk Kidd.

The featured book for Wednesday, August 12 is *Mystic River* by Dennis Lehane.

Bring your lunch and watch the movie at 12:30 p.m., followed by a discussion on the book and movie at 2:30 p.m.

**Friday Collage Classes with Bea Pappas** – June 26, July 24 and 31, 12:30 to 3:30 p.m. Pappas will be teaching an easy approach to collage, both figurative and abstract. Collage can be worked from torn magazines, found papers like book pages or handmade papers. Collage artists: bring a pint of fluid matte premium, scissors, papers, magazines and substrates (substrates can be watercolor paper, canvas, canvas board or mat board). Members are \$15, non-members are \$20. Call the center to sign up.

**Sunset Social on the Causeway** – Tuesday, June 30, 6:30 p.m. Enjoy an evening relaxing and watching the sunset with friends. Meet on the causeway. Bring an appetizer to share and your beach chair. Contact the center if you are interested in participating and for directions to the viewing area (weather permitting).

**Leisure Luncher's** – Monday, July

13. Shopping at Miromar Outlets and lunch at Ford's Garage. Over 140 designer and brand name stores to choose from at Miromar Outlets which was voted Best Shopping Mall and Best Factory Outlet Mall in Southwest Florida. Coupons are available on their website. Carpooling encouraged. Sign up at the center is required.

**Games Bridge** – Monday and Wednesday at 12:30 p.m. Cost is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

**Mahjongg** – Thursday at 12:30 p.m. Cost is \$2.50 for members and \$5 for non-members. Prizes are awarded.

**Tuesday Kayaking** – July 7 and 21(weather permitting) at 8:30 a.m. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a small snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

**Fitness Classes** – Classes are available and all ages are welcome. Cost is \$3.75 for members and \$6.75 for non-members. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

**Happy Hour Fitness** – Monday, Wednesday and Friday at 8 a.m. This class keeps your brain fit and your heart, lungs and muscles strong with a combina-

tion of aerobics and muscle conditioning exercises and balance. Hand weights, stretch cords and your body weight will be used. Class begins with a joke and ends with a positive thought for the day. Athletic footwear required. Silvia Villanueva is the instructor.

**Essential Total Fitness** – Monday, Wednesday and Friday at 9:30 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear required. Mahnaz Bassiri is the instructor.

**Power Hour Fitness** – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

**Gentle Yoga** – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Mats are used to meet the needs of varying experience levels. Bring a towel. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by 2401 Library Way.✱

Send your editorial copy to:  
press@islandsunnews.com



**We Now Have**  
**Katie Gardenia's Art**  
630 Tarpon Bay Rd  
(near the Over Easy Cafe)

Summer Hours :  
Monday thru Saturday 10AM - 4PM  
Visit us on  at SanibelArtandFrame  
www.sanibelartandframe.com  
239-395-1350



# BIG ARTS

your home for all the arts

## SUMMER ARTS CAMP

REGISTER NOW!

Sign up for all 9 weeks or just the ones that fit your family's schedule!

9am-3pm, Monday-Friday  
Grades K-5 (rising): \$150/week  
Middle and High School: \$80/week



**SUMMER ARTS CAMP | 2015**  
Weekly thru August 14

See the complete schedule and descriptions at:  
[bigarts.org/summerCamp](http://bigarts.org/summerCamp)

To register, or for more information, call  
**239-395-0900** or visit **BIGARTS.org**

239-395-0900 • 900 Dunlop Road, Sanibel, FL 33957 • BIGARTS.org

**Tropical Fabrics**  
**Novelty Yarn**  
**Quilting**  
**Notions**  
**Beads**



**Scrapbook Papers**  
**Children's Crafts**  
**Art Supplies**  
**Shell Crafts**  
**Gifts**

Open Monday-Saturday at 10am  
[www.threecraftyladies.com](http://www.threecraftyladies.com)

Find us on 

**Ask about our Sewing Machine Rental Program!**

**STOP IN ON THURSDAY'S FOR OUR MAKE-IT-AND-TAKE-IT BEAD BRACELET ACTIVITY!**

**1628 Periwinkle Way • 472-2893 • Heart of the Islands, Sanibel**

# Island Winds Coiffures

**HAIR SALON FOR WOMEN & MEN**

**Welcome Lily Null to our staff**



**LINDA • MARISA • JEANNE • JOSEPHINE**  
*Featuring Manicures • Pedicures • Cuts • Color • Perms*

*"Let us Pamper You!"* **NEW CUSTOMERS ALWAYS WELCOME!**

695 Tarpon Bay Road, Sanibel • Promenade • 472-2591 



# Fort Myers Native Wins DC To Compete In Miss America

**H**aely Jardas, a 24-year-old from Fort Myers, won the 61st annual Miss District of Columbia Pageant on June 14 at Arena Stage in Washington, DC. Haely was born on Sanibel and attended Cypress Lake High School.

Placing first in interview and winning the talent competition with a vocal performance to a Postmodern Jukebox arrangement of Taylor Swift's *Blank Space*, she will represent the nation's capital in the 2016 Miss America Pageant which will be broadcast on ABC on Sunday, September 13.

The first Miss America in 1921, Margaret Goram, was from Washington, DC and the last was redheaded Venus Ramey in 1944. Haely said she hopes to be the next redhead from DC to win the national crown.

Haely is a 2013 graduate of American University with dual degrees in broadcast journalism and theatre performance. She aspires to earn a master of professional studies in public relations and corporate communications and one day serve as director of communications/public relations for the Kennedy Center. Having worked for the DC Department of Parks and Recreation Aquatics Division, she is currently employed by the Congressional Delegation for DC Statehood as an administrative assistant to Senator Paul Strauss.

A National Finalist for the Kennedy Center American College Theatre Festival's Irene Ryan Award, Haely has performed new works by DC playwrights at the Capital Fringe Festival and New York Musical Theatre Festival. Other musical talents include playing the ukulele for seven years.

Haely was awarded an American University Dean's Scholarship. She received the Jack Jury Award for Broadcast Journalism in 2012 and was also the recipient of American University President's Award. For her community service efforts, Haely has earned the Duke of Edinburgh Silver Award.

Diagnosed with generalized anxiety disorder when she was 20 years old, Haely's platform is Mental Health Matters. Her short-term goals for her platform are: 1) that those who are suffering know that they are not alone, that there are alternatives to suicide and substance abuse, and that they can live their lives and not have their disorders control them; and 2) that those who do not experience a disorder will help to reduce, and one day eliminate, the stigma of mental health by being allies to their loved ones who suffer.

The Miss District of Columbia Scholarship Pageant is an official preliminary to the Miss America Program, one of the nation's leading achievement programs and the world's largest provider of scholarship assistance for young women. More than \$45 million in scholarships was made available last year at the local, state and national levels. The Miss District of Columbia Program strongly emphasizes scholarship and educational achievement, provides personal and professional opportunities for young women and promotes their voice in culture, politics and the community.

For more information, visit [www.missdc.org](http://www.missdc.org) or follow on Facebook or Twitter: <https://www.facebook.com/missdistrictofcolumbia>.✱



Haely Jardas receiving her crown

**Sanibel T-Shirts**  
Available at these locations...

T-Shirt Hut 472-1415  
Amy's Something Special 472-4421  
Needful Things 472-5400  
Pak-n-ship of Sanibel 395-1220  
Macintosh Books 472-1447

Sanibel Island  
Florida Fast Food!

Florida Triathlon

Goodbye Kitty  
Sanibel Island, Florida

HOTTOON.COM

*Experience  
the Romance of  
An Earlier Time*



*Fine Estate Jewelry  
Authentic Ancient and  
Spanish Treasure Coins  
and Artifacts*

*THE CEDAR CHEST  
FINE JEWELRY*  
A Sanibel Tradition Since 1975

Tahitian Gardens 1993 Periwinkle Way  
[www.CedarChestSanibel.com](http://www.CedarChestSanibel.com)  
239-472-2876 1-800-749-1987





# Summer Camp For Preschoolers Well Under Way

Summer Camp for preschoolers at the Children's Education Center of the Islands is well under way. The first week of camp theme was Dive Into Summer, with and campers creating their very own tie dye T-shirts. The youngsters took their time, proudly and meticulously designing their own shirts. The ended the week with wet and wild water days that only a kid could love. Water and sand were their mediums and creations were everywhere using hands, shovels and even big diggers.\*



Liam Wunder concentrates while building his sand castle



The only proper way to start summer is to make your own tie dye T-shirts, which some of the campers proudly show off



Grace Kelly and Majdal Pacheco work on their construction of a dam to trap that water



Seamus Dalton shows the easiest way to dig a hole is with heavy machinery



Steele Floyd shows just how to Dive Into Summer by diving right into the middle of a big puddle

# SHOP ON ANIBEL

**TAHITIAN GARDENS**  
1975-2019 PERIWINKLE WAY  
Shops • Family Dining • Vacation & Rental Info

**THE VILLAGE SHOPS**  
2340 PERIWINKLE WAY  
Shops • Hair Care • Art Gallery

**OLDE SANIBEL SHOPPES**  
630 TARPON BAY ROAD  
Shops • Dining • Pet Needs • Art Gallery

**TOWN CENTER**  
2496 PALM RIDGE ROAD  
Take-Out • Outdoor Seating

**Over 30 boutiques, restaurants & services on and just off Periwinkle Way.**

**Blast into some Great sales! July 3-5**

**Retail Hours:**  
10 a.m - 5 p.m. Daily  
**Services:**  
By Appointment  
**Restaurant Hours:**  
Cafe's open 7:30 a.m.

**For Up-To-Date Store Offers and Merchandise Visit:**

Facebook.com/shoponsanibel  
Twitter.com/shoponsanibel

**For individual shop information:**

## SHOPONSANIBEL.COM

To advertise in the *Island Sun* Call 395-1213

# Rene's Jewelry

## 472-5544

**SALE**

# whims

**Wearables • Gifts • Art**

**BIG SALE JULY 1-5**

**40%-60% OFF**  
select items

2451 Periwinkle Way • Bailey's Center  
**239 • 313 • 0535**  
whimsonperiwinkle@gmail.com  
**Mon - Sat 10am-5:30pm**



Happy Birthday



Evan Elliott Mirocha

Happy Birthday to our little fire-cracker, Evan. Your smile brightens the world around you. Enjoy your special day!

Big hugs and kisses! Love, Mommy, Daddy and Kaitlynn.✱

## Kids Thank Kiwanis For New Playground

Children living in the Airport Way neighborhood are thrilled with the new playground that appeared on their street this spring, and they sent one of their own to the weekly Kiwanis meeting to thank the club for their grant which made the playground a reality. The children's ambassador to the club's breakfast meeting was Crystal Jones, who will be entering fourth grade at The Sanibel School this fall.

Crystal was accompanied to the Kiwanis meeting by Richard Johnson, board president of Community Housing Resources (CHR), which operates the Airport Way residences.

The new Airport Way playground was constructed during April and officially opened for business on May 5. The Kiwanis grant provided the funding for the playground equipment, site preparation and installation. Preparing the site was major part of the project, as it involved relocating trees, removal of brush, leveling the site, building of a brick retaining wall and addition of fill dirt to level the site.

Following installation of the playground equipment, landscaping and mulch were put in place to beautify the site. RS Walsh donated a native clusia rosea tree and other decorative plants to complete the landscaping.

The project was initiated and led by



Crystal Jones from Airport Way with Richard Johnson, board president of Community Housing Resources

George Campean, a member of the CHR board and also a long-time Kiwanian. Other CHR board members and volunteers involved with the project were: Dave Burnett, Dave Wolfe, Ted Dormann and Ken Shearer.



New playground at Airport Way gets a workout from neighborhood children

The Kiwanis Club underwriting of the playground was part of its annual program of grants to projects and programs that benefit island youth. Each year the local Kiwanis organization raises over \$100,000 to fund these grants.

The Kiwanis Club holds weekly breakfast meetings. Anyone interested in finding out more about Kiwanis is invited to attend a meeting at 7 a.m. on Tuesday mornings at The Dunes Golf & Tennis Club.✱

## Dreaming Of A New Look?

Whether You Are Thinking Of An Entirely New Design Scheme or Just Want To Freshen Up Some Spaces In Your Home, It's A Great Time To Start Planning! Let Us Inspire You And Help You Create An Interior Designed Just For You!



## SANIBEL HOME FURNISHINGS

1618 Periwinkle Way "Heart of the Island" Shops Sanibel 472-5552  
 Summer Hours (June, July and Aug) Mon, Tues, Thurs, Fri and Sat 10 - 5  
 Wed. By Chance... or by Appointment [www.sanibelhomefurnishings.com](http://www.sanibelhomefurnishings.com)  
 Furniture • Lighting • Paintings • Prints • Mirrors • Pillows • Bedding • Accessories  
 Island Inspired Interior Design • Colorful By Nature



## SUMMIT CHRISTIAN PRESCHOOL AT SANIBEL COMMUNITY CHURCH



## OFFERING A FREE 4 YEAR OLD VPK PROGRAM

AND A THREE DAY PER WEEK 3 YEAR OLD PROGRAM.

Children enjoy weekly themes, alphabet and sight word learning through song and dance and weekly visits from the Sanibel Librarian. In addition, children participate in science, math and early literacy activities through play and fun interactive games. Children are encouraged to pray and learn about the Bible every day.

For more information about the program contact:

Kathy Stanley at 239-482-7007 to enroll or Leslie at 239-677-1440.

SANIBEL COMMUNITY CHURCH

1740 PERIWINKLE WAY • SANIBEL, FL 33957 • 239-472-2684 • [WWW.SANIBELCHURCH.COM](http://WWW.SANIBELCHURCH.COM)

JOIN US FOR WORSHIP WITH

SUNDAY SERVICES AT 8:00 A.M., 9:00 A.M. & 11:00 A.M.



# Rotary Happenings

submitted by Shirley Jewell

Some of the smartest people I know are members of the Sanibel-Captiva Rotary Club. James Cardle, PhD, JD, registered patent attorney, is one of them. He has all kinds of academic achievements noted in his biography. As a registered patent attorney, his areas of expertise include the mechanical arts, medical device, fluid mechanics, physical and chemical processes, semiconductors, thermal management of electrical devices, software, solar and alternative energy, among others. Unfortunately, that didn't really help much with the most important fight in his life, his diagnoses of stage four melanoma skin cancer.

Cardle spoke to warn us that no one is immune from a diagnosis like his. In his case, he really only thought it was a skin irritation that had returned, maybe just a little eczema or psoriasis. He was at the dermatologist for a checkup and the PA did a biopsy, just checking. Melanoma is sneaky. He had the biopsy, then a PET Scan, diagnosis stage 3 melanoma. For another opinion on treatment, he went to the Mayo Clinic.

The warning here is to know your



**James Cardle**

body, check out anything suspicious, and get to the doctor for a biopsy if you have any concerns.

Use the ABCDEs observation method: A-Asymmetric, B-Brown or Black, C-Colors (plural), D-Diameter, bigger than a pencil eraser, E-Existing growths that change or that ugly duckling thing that might just need watching.

Another warning from Cardle is that people of any skin color can get skin cancer. I bet most of us didn't realize that Bob Marley died of melanoma.

Cardle was lucky enough to seek treatment at the University of Texas Health Science Center and Mayo Clinic. At

Mayo, his melanoma was classified as stage 4 and treatments started immediately with some of the newer protocols for this type of cancer. According to the Mayo Clinic, "The treatment of widespread melanomas has changed in recent years as newer forms of immunotherapy (known as immune checkpoint inhibitors) and targeted drugs have been shown to be more effective than chemotherapy."

I am definitely not a medical person, so to explain the treatments being used for stage 4 melanoma is extremely difficult. Cardle even used a disclaimer at the beginning of his PowerPoint presentation.

The current treatment is Cytokines, used to provoke an immune response, Granulocyte Macrophage Colony Stimulation Factor (GM-CSF), Interleukin (IL-2) Interferon (IF-a). On one of his slides, he presents this information: Discovery of Down Regulation of T-Cells. Tumor cells produce antigens (an antigen is any substance that causes your immune system to produce antibodies against it). Dendritic cells in the immune system recognize the antigens. Dendritic cells present the antigens to cytotoxic T lymphocytes (CTLs). CTLs then should destroy the cancer cells, however, the Dendritic cells also present an inhibitor to the CTLs that regulates the CTLs, aborting the attack on the Tumor. The Tumor survives. Recognition of this mechanism allows for new targeted therapies.

This treatment has been successful for some but there also have been side effects. New investigational treatments are being tried to find the right

combination of drugs that provide a more effective and less harmful way to treat stage 4 melanoma. This is not a one size fits all treatment. There are treatments that now use a combination of drugs; Ipilimumab, Pembrolizumab, Nivolumab, Pidilizumab, and in clinical trials, MEDI-4736, BMS-936559 and MPDL3280A. Combinations might be Ipilimumab(CTLA-4 block) with Nivolumab (PD-1Block), Ipilimumab with GM-CSF and various other combinations. Each drug is used to produce an intended effect and produce antibodies, relieve the immune checkpoint, stimulate T cells or inhibit T regs.

Melanoma is the deadliest form of skin cancer. Although it is found in less than five percent of skin cancer cases, melanoma accounts for the greatest majority of skin cancer-related deaths.

Cardle's take-away: it all starts with self-examination, know your skin and body. If you notice anything changing, get checked immediately. Metastatic melanoma is no longer an absolute death sentence. Progress is being made. He is living prove.

Sanibel-Captiva Rotary meets Friday mornings at 7 a.m. for breakfast at the Dunes Golf & Tennis Club. Guests are always welcome. There will be no meeting July 3.

The Sanibel-Captiva Rotary Club meets at 7 a.m. every Friday at The Dunes Golf and Tennis Club, 949 Sand Castle Road. If you have any questions regarding Rotary, e-mail President Scot Congress at [scot@scongress.com](mailto:scot@scongress.com).✱

## THE GROG SHOP

Check out our New Vaping Supplies. Starter kits and refills.

One of the Best Selections of Domestic and Imported Wines on the West Coast

Best Liquor Selection on the Islands  
Special Orders and Case Discounts



**Kendall Jackson Chardonnay 750 ml. \$13.99**

**Cupcake Saugivnon Blanc 750 ml. Reg. \$12.99 SALE \$11.49**

**New Harbor Sauvignon Blanc 750 ml. Reg. \$11.99 SALE \$9.99**

**Leese-Fitch Cabernet Sauvignon or Pinot Noir 750 ml. \$9.99**

**Crown Royal 1.75 ltr. \$49.99 Smirnoff Vodka 1.75 ltr. \$22.99**

**Tanqueray Gin 750 ml. \$20.99 Bacardi Rum Light or Dark 1.75 ltr. \$25.99**

**Ketel One Vodka 1.75 ltr. \$39.99**

### Walk-in Humidor



Great Selection of Cigars and Accessories

**No need to leave the island... it's all right here!**

**Bailey's Shopping Center (just right of the hardware store)  
Corner of Periwinkle and Tarpon Bay • 472-1682  
Mon.-Sat. 9 a.m. - 9 p.m. Sun. noon - 7 p.m.**

## Shell Found



**Lori and Robert Deavers**

Lori Deavers of Selma, Alabama found a junonia at Blind Pass while staying at Duggers on Sanibel.✱

Share your community news with us.  
Call 395-1213, Fax: 395-2299  
or email [press@islandsunnews.com](mailto:press@islandsunnews.com)



The Islands of  
**SANIBEL CAPTIVA**  
 CHAMBER OF COMMERCE

# Sanibel Island Fireworks Night 2015

**Saturday, July 4th • 9:00pm**

**Presented by:**



John R Wood Island Real Estate ,INC

## Gold Sponsors



## Silver Sponsors



THE INNS OF *Sanibel* BEACH & GOLF RESORTS

**Media Sponsors:**







Reagan Meinzer, Alexis Cameron and Grace Kerns in the photobooth on VIP Night

From page 1

## Reading For Others

For the summer reading program, Barbara Dunkle, Youth Librarian, helps children set reading goals. Whether the kids reach the goals or not books are earned to build their home library. The Sanibel Public Library Foundation matches each book earned so the child also earns a book for Golisano Children's Hospital of Southwest Florida. Last summer island readers earned 1,301 books for the library at the Children's Hospital.

This year, the goal is 1,500.

Call Youth Librarian Barbara Dunkle at 472-2483 ext. 201 for more information. There is no charge to participate in these library programs. Weekly children's program continue through the summer, with special presenters on Tuesday afternoons. These Tuesday at 3 p.m. programs are for kids of all ages, with no additional charge to participate.

Also, Miss Barb invites kids entering fifth grade and younger to enter the annual Mini Parade Float Contest. Using a shoebox children make a float at home,

that depicts the theme of Sanibel's annual Fourth of July Parade. This year marks the 25th year of Sanibel's July Fourth Parade – the 2015 theme is For the Fun of It. Mini floats need to be in to the library for judging by 3 p.m. on Tuesday, June 30.

On Tuesday, July 7 at 3 p.m. there will be a Scavenger Hunt for children. On July 14, Jacki Manna, a funny ventriloquist, magician, storyteller and elementary school teacher, will perform for the Tuesday afternoon program. The theme for the July 21 afternoon program is Design! Build! Create! John Storms brings his World of Reptiles presentation to the library on July 28.

On Tuesday evenings after the library is closed, there is VIP After Hours for kids entering sixth grade and older, where middle and high schoolers can enjoy crafts, snacks and games. Superhero Night is June 30. Teens should bring a pair of flip flops for the craft on Beach Movie Night on July 7. Beatnik Night is July 14. On the night of July 21, the library will be overrun with the "undead" on Zombie Night. Glam Night is July 28.

The Sanibel Public Library Foundation, along with the Joan Hunt Cory Children's

Fund, underwrites the summer reading program. The Joan Hunt Cory children's fund was established in 2008 to honor longtime library volunteer and supporter Joan Hunt Cory, who was also a 20-year Sanibel resident.

For more information about the Sanibel Public Library, call 472-2483 or visit [www.sanlib.org](http://www.sanlib.org).



Katherine Schwartzel listen to Ralph Woodring's ocean stories during a field trip to Woodring Point

From page 1

## Sea School

them gently in our hands, we ventured out on a night snorkel to observe them in Sanibel's seagrass beds, and we listened to them make snappy underwater music. The Lazy Flamingo helped us cover taste and smell with a Friday afternoon shrimp cookout, which gave many campers a chance to taste the Southwest Florida delicacy for the first time ever.

We also took a field trip to Sanibel legend Ralph Woodring's house to learn about shrimp boats and pretended to be cleaner shrimp during a spirited game that involved covering ourselves in many pounds of sticky rice. It's not every day that you have an opportunity like that! As usual, we surfed after lunch, made lots of ocean-inspired art, and enjoyed a milk and cookies slideshow at the end of the week. A big thank you to our community supporters who helped us pull off a fabulous start to our summer.

Sanibel Sea School is a 501(c)3 non-profit organization whose mission is to improve the ocean's future, one person at a time. We offer summer camp programs for kids ages 4 to 18. Learn more at [www.sanibelseaschool.org](http://www.sanibelseaschool.org) or call 472-8585.

From page 1

## Songwriter Fest

Beach. Historic downtown Fort Myers will feature mid-week performances September 20 to 24.

The free event takes place over 10 consecutive days and includes venues on the area's most beautiful barrier islands with a range of star-studded performers. Songwriters who have penned No. 1 hits for such artists as Garth Brooks, Brad Paisley, Lee Ann Womack will perform at multiple venues. Some of the venues include Crow's Nest Beach Bar and Grille at Tween Waters Inn, Key Lime Bistro and Doc Ford's Rum Bar & Grille at South Seas Island Resort on Captiva; as well as Nervous Nellie's Crazy Waterfront Eatery, The Beached Whale and Matanzas on the Bay on Fort Myers Beach.

Headliner, 2010 Rock & Roll Hall of Fame inductee Terry Sylvester, started his musical career at the famous Cavern Club Liverpool in the early 1960s, often appearing with The Beatles with his first group, The Escorts. In 1968, he replaced Graham Nash in The Hollies. His first single with the group, *Sorry Suzanne*, reached No. 3 on the UK charts and his first album *Hollies Sing Dylan* went to No. 1. In 1969 they recorded *He Ain't Heavy, He's My Brother* with Elton John playing piano. The song became The Hollies' biggest hit.

The lineup also includes:

Even Stevens – Stevens' songwriting career includes songs from the multi-platinum international hit, *When You're In Love With A Beautiful Woman* by Dr. Hook, to the three-week No. 1 pop hit, *I Love A Rainy Night* by Eddie Rabbitt. He has accumulated 53 BMI Awards and is a Grammy and NSAI Songwriter Hall of Fame nominated composer. Stevens wrote ASCAP's Most Played Song of the Year, *Love Will Turn You Around*,

by Kenny Rogers and won BMI's Robert J. Burton Award, Song of the Year for *Suspicious* by Eddie Rabbitt, earning him the distinction as a BMI Songwriter of the Century.

Wynn Varble – Two of Varble's No. 1 songs, *Have You Forgotten* in 2003 and *Waitin' on a Woman* in 2008, were nominated for Song of the Year by the CMA. His most recent No. 1, *I'm a Little More Country* (Easton Corbin), was nominated by the ACM for Song of the Year. Varble's songs have been cut by artists Easton Corbin, Garth Brooks, Lee Ann Womack, Brad Paisley, Darryl Worley, Kellie Pickler, Montgomery Gentry and others.

Bob DiPiero – One of Nashville's most prolific songwriters, more than 1,000 of DiPiero's songs have been recorded by other artists. His songs have been featured in TV shows, commercials and movies. In 2011, his song *Coming Home* from the *Country Strong* movie

soundtrack was nominated for both an Oscar and Golden Globe Award for Best Original Song in a Motion Picture. Most recently, the CMA presented DiPiero with the CMA Chairman's Award in recognition of his outstanding contributions.

Kristen Kelly – With an exciting mix distilled from her country, blues and classic rock influences into a passionate, playful, often sexy and always heartfelt reflection of real life, Kelly teamed up with hit songwriters Monty Criswell and Shane Minor to pen the love song *Miss Me*. Her single *Kiss By Kiss* was released in May 2014.

The festival is presented by The Beaches of Fort Myers & Sanibel; BMI, the largest music rights organization in the U.S.; along with partners iHeartMedia, and Cat Country 107.1. For details including artists, venues and accommodations, visit [www.islandhopperfest.com](http://www.islandhopperfest.com).

Independently Owned And Operated



PRINTED ON  
RECYCLED PAPER  
PRINTED WITH  
LOW-RUB, SOYBEAN INK

USPS 18: Bulk Rate permit paid for at Sanibel, Florida, 33957. Postmaster: Send change of address to Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957. Published every Friday for the people and visitors of Sanibel and Captiva Islands. Distribution: 10,000 - 12,000 per week (seasonal). Mailed free to Sanibel and Captiva residents every Friday. Subscription prices: Third Class U.S. \$50 one year, \$25 six months (Allow 2-3 weeks for delivery). First Class U.S. \$115 one year, six months \$58 (Allow 3-5 days for delivery). Prices include state sales tax. Send subscription requests to: Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957.

The Island Sun will correct factual errors or matters of emphasis and interpretation that appear in news stories. Readers with news, tips, comments or questions, please call (239) 395-1213, or write to: Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957. FAX number: (239) 395-2299.

E-mail: [press@islandsunnews.com](mailto:press@islandsunnews.com)



### Co-Publishers

Lorin Arundel  
& Ken Rasi

### Advertising

George Beleslin

### Graphic Arts & Production

Ann Ziehl  
Kristy See  
Rachel Atkins

### Reporters

Anne Mitchell  
Jeff Lysiak

COPYRIGHT 2015 Island Sun

### Contributing Writers

Kimberley Berisford  
Constance Clancy, E.D.D.  
Suzy Cohen  
Linda Coin  
Tim Drobnyk  
Marcia Feeney  
Ed Frank  
Jim George  
Shelley Greggs  
Marion Hauser, MS, RD  
Ross Hauser, MD  
Bryan Hayes  
Craig R. Hersch  
Tanya Hochschild  
Jane Vos Hogg  
Shirley Jewell  
Audrey Krienien  
Dr. Jose H. Leal, Ph.D.  
Patricia Molloy  
Capt. Matt Mitchell  
Gerri Reaves Ph.D.  
Angela Larson Roehl  
Di Saggau  
Karen L. Semmelman  
Jeanie Tinch  
Mark "Bird" Westall

Read Us Online: [www.IslandSunNews.com](http://www.IslandSunNews.com)



# Strauss Theater Stages Musical Revue



*The World Goes Round* comes to the Herb Strauss Theater June 24 to 27

**T**he *World Goes Round*, a musical revue featuring the music of Kander and Ebb, directed by Hollywood actor Aaron Jackson along with Christy Koller, and choreographed by former Broadway performer Christopher Dean, is currently playing at the Herb Strauss Theater. The show is put on by Creative Theater Workshop, Fort Myers' longest-running youth non-profit theater company, owned by Hamstra.

The show's cast includes the most top-notch high school and college-age actors



Scene from *The World Goes Round*



in Lee and Collier county, and is appropriate for audiences age 13 and up. The show runs Thursday, Friday and Saturday, June 25 to 27, with all performances starting at 7:30 p.m.

Ticket prices are \$20 for adults and \$15 for students. All tickets are general admission and are available at the door the night of each show. ✨

## CARD OF THANKS

**C**ROW would like to thank the Pritchett family for their generous \$5,000 donation to help support our mission. The Pritchetts own and operate the Southwest Florida Eagle Cam and have worked closely with CROW during Ozzie's rehabilitation. Ozzie was released on Wednesday, June 17 near his

nest at the Southwest Florida Eagle Cam in North Fort Myers.

It has been a great journey these past three months working with the Pritchetts and the Southwest Florida Eagle Cam to ensure Ozzie's successful release. ✨

Read us online at  
IslandSunNews.com

# SANIBEL SQUARE

## Shop, Dine & Enjoy all of us at Sanibel Square!



**Physical Therapy, Massage Therapy & Pilates**  
Phone # 239-395-5858



**Showroom Hours**  
Open Mon. - Fri. 10am - 4pm  
Phone: 239-395-1201



**Administrative Offices & Classrooms**  
Phone # 239-472-9700



**Hours: 9am-5pm Monday-Saturday**  
11am-4pm Sunday Phone # 239-472-6868



**Hours: 8am-5pm Monday-Friday**  
Phone # 239-472-1841



**9am-5pm 7 days a week**  
Phone #: 239-472-HOME



**Showroom Hours: 8am-5pm Monday-Friday**  
Phone # 239-472-1101



**Open Daily 7am (Summer hours vary)**  
239-395-1919



**Showroom Hours: 8am-5pm Monday-Friday**  
Phone # 239-472-1101



**Sanibel Treasures & Consignment**  
**Hours: 10-6 Monday - Saturday**  
12-5 Sunday  
Phone: 239-910-7333

**Conveniently located on Periwinkle Way across from Sanibel Community Park**

*Sanibel Square is a division of West Gulf Co LLC*





## OBITUARY



### CHARLENE JEAN BLACK

In early May, Charlene Jean Black transitioned from life in this limiting physical plane to her truer element in spirit. She had borne a long illness with dignity and remarkable forbearance, and with incredible determination and personal research. She had tried hard to recover, but she was at peace with dying.

Charlene was born in New Jersey in 1951, the youngest of August Charles and Jean Mary Pombo's three daughters. She was cute and adorable in the '50s; add bright and creative in the '60s, beginning to question authority, training in

art, falling in love and marrying young, owning a hip bicycle shop in New York State in the '70s before migrating south and joining her "retired" father in a craft manufacturing business. Single again, she became a realtor and broker in her mother's business for a period, and later in vacation/timeshare sales admin in the '80s. Eventually breaking out of the rigid corporate world, she gained satisfying autonomy and a fulfilling vocation in the '90s as a massage therapist for the next 20 years, with a devoted clientele she cared about greatly. She served through volunteerism at times for CROW, FISH, Lee County Animal Services and local theaters. She was always artistically gifted, and most recently designed and produced beautiful dyed silk scarves.

She was fun-loving and playful; she enjoyed travel at home and abroad. Always thoughtful and sensitive, from her early teens she was a studious seeker of truth and meaning in life, and travelled a lifelong spiritual path, reading extensively the Masters (of many disciplines). Charlene was intelligent, kind and caring and her friendships were true and long lasting. She was a selfless, generous, loving daughter and sister and she is loved and missed by many. She is survived by her sisters, Robbie Pombo and Tricia Wilson; her senior felines, Cosmo and Lucius; nieces and nephew, Aimee Fisher, Vicki Lebold and Michael Dransfield; aunt and uncle, Betty and Ben Eastwood; several cousins and many good friends.

A service of prayers for the dead (Powa or Transference of Consciousness) was held on May 10 at the Samudrabadra Buddhist Center. At Char's request, the

gathering of family and friends joined in singing a round of "Row, row, row your boat... gently down the stream... merrily, merrily, merrily, merrily... Life is but a Dream." Her reminder to all of us.✱

## OBITUARY



### JOAN BUSER KAIN

Joan Kain, 84, died peacefully at Shell Point Hospice on June 20, 2015, a victim of lung cancer.

Joan was born in New York City on April 25, 1931 and grew up through her school years in Bronxville, New York. She attended nearby Roosevelt High School where she is remembered as a beautiful girl, talented artist and energetic cheerleader. She and Wally Kain, her husband-to-be years hence, were high school sweethearts.

She majored in art at college: Centenary College (1951) and Syracuse University (1953.)

Joan and Wally Kain were married in 1954 and spent the next two years in Cambridge, Massachusetts, where Joan and the GI Bill put Wally through law school. Following his graduation and bar admission, they lived in Alexandria,

Virginia, where Joan served as a docent at the National Gallery in Washington. And in Yonkers, New York, where Joan worked with the Junior League in teaching children with pinpoint vision.

The Kains lived for many years in Princeton, New Jersey and came to think of Princeton as their home town. Their children, Susan, Will and Stuart, were raised there. Joan was active in Princeton community arts and taught children about the Lenape Indians at the New Jersey State Museum in Trenton.

Wally's work took the Kains to Greensboro, North Carolina, where Joan was a docent at the Weatherspoon Gallery of the University of North Carolina.

Upon retirement – there was to be no retirement – the Kains came to Sanibel to paint, write, shell and enjoy nature, but got caught up in conservation causes. Joan worked for many years as a volunteer at the Sanibel-Captiva Conservation Foundation and was a member of its board of trustees (1992-1995.) She served on Sanibel's Vegetation Committee and worked as a vegetation inspector (a "veggie cop," she joked) and an instructor in the city's course for landscape contractors.

Sanibel was home to the Kains for about 21 years. Joan was twice First Lady of Sanibel during Wally's terms as mayor in the 1990s.

They moved to Shell Point in 2005 following Hurricane Charley.

Family members surviving Joan are her Husband Wally, brother Eugene Busher, son Will and his daughters, Virginia and Laura, son Stuart and his daughters, Olivia and Emily, and three grandchildren, Merrick, Alison and Nicholas Reeder, whose mother, Susan Reeder, preceded Joan in death. Joan has three great grandchildren, Bodhi, Treya and Jaiden Reeder.

In accordance with Joan's wishes, a social occasion to celebrate her life will be announced at a later time. In lieu of flowers, Joan's family suggests contributions to the Sanibel-Captiva Conservation Foundation, PO Box 839, Sanibel, FL 33957.✱

# PRESCHOOL



5-Acre Campus • Organic Outdoor Garden • Daily Music & Art  
Small Classes • Spanish Classes

Part-Time and Full-Time Care available

Year-round Care • FREE VPK

Accepting applications now for the 2015-2016 school year

VPK • 3 year olds • 2 year olds • 18 month olds



Children's Education Center  
of the Islands

239/472-4538

## Churches/Temples

### ANNUNCIATION GREEK ORTHODOX CHURCH:

8210 Cypress Lake Drive, Fort Myers  
Reverend Dr. Elias Bouboutsis. Orthros  
Service Sunday 9 a.m. Divine Liturgy  
Sunday 10 a.m. Fellowship Programs,  
Greek School, Sunday School, Bible Study  
www.orthodox-faith.com, 481-2099

### BAT YAM-TEMPLE OF THE ISLANDS:

The Reform Congregation of Bat Yam  
Temple of the Islands meets for Friday  
night services at 7 p.m. in the Fellowship  
Hall of the Sanibel Congregational United  
Church of Christ, 2050 Periwinkle Way.  
Rabbi Myra Soifer. For information call  
President Martin Pokedoff at 239-395-2544.

### CAPTIVA CHAPEL BY THE SEA:

The Reverend George E. Morris  
Services every Sunday 11 a.m. through  
April 26, 2015. 11580 Chapin Lane on  
Captiva. 472-1646.

FIRST CHURCH OF CHRIST, SCIENTIST:  
2950 West Gulf Dr., Sunday 10:30 a.m.;

Sunday School 10:30 a.m., Wednesday  
evening meeting 7:30 p.m.; Reading room  
open, Monday, Wednesday and Friday 10  
a.m. to 12 p.m. (November through March),  
Friday 10 a.m. to 12 p.m. (summer hours).  
472-8684.

### SANIBEL FELLOWSHIP, sbc

Join us for worship Sunday mornings  
9 a.m. Bible Study and 10 a.m. Worship  
Service at The Community House,  
2173 Periwinkle Way. 239-671-5502.

### SANIBEL COMMUNITY CHURCH

1740 Periwinkle Way, Sanibel, 472-2684  
Dr. Daryl Donovan, Senior Pastor  
Sunday Worship Hours:

8 a.m. Traditional in historic Chapel. 9 a.m.  
Contemporary and 11 a.m. Traditional in main  
Sanctuary. 10:15 a.m. Courtyard Fellowship.  
9 and 11 a.m. Bible classes. Childcare avail-  
able at all services.

### SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST:

2050 Periwinkle Way 472-0497

The Reverend Dr. John H. Danner, Sr.

continued on page 15





The St. Michael and All Angels Prayer and Potluck gatherings bring new and old friends together

## Prayer And Potluck At St. Michael's

St. Michael and All Angels Episcopal Church invites one and all to its second summer Prayer and Potluck Wednesday, July 1, beginning at 6 p.m. The meeting begins in the church sanctuary for a half-hour devotional service, led by Lee Almas. The theme, Great Thanksgiving for Independence Day, includes readings and a short, meditative reflection on God, Country and Freedom, about the blessings that all Americans are heir to. Reciters for the service are Almas, Alex Flesh and Bettie Modys. Accompanied

by violinist Walter Schuman and organist and pianist Jan Holly, the congregation participates, singing hymns for the occasion. The service concludes with a rendition of *The Battle Hymn of the Republic*. The potluck dinner, following at 6:30 p.m. in the parish hall, is a pre-celebration of the July 4th holiday. Diners share their recipes at an elaborate buffet. Everyone is welcome. Bring your favorite Independence Day dish to the dinner, if you can, or just bring yourself, enjoy the camaraderie and get better acquainted with islanders. The devotional services and dinners for the summer continue on August 5 and September 2.

The church is located at 2304 Periwinkle Way. For details, call 472-2173 or visit [saintmichaels-sanibel.org](http://saintmichaels-sanibel.org).✧

## Pastor To Teach On Spiritual Gifts

Dr. Daryl Donovan, Senior Pastor of Sanibel Community Church, will be teaching from Paul's letter to the Corinthians, chapters 12, 13 and 14 with a discussion about the powerful tools the Holy Spirit provides for us to be the hands and feet of Jesus in a world so in need of His touch. Paul lists nine gifts in First Corinthians 12, including healing, words of wisdom and knowledge, speaking in tongues and interpretation, discerning of unclean spirits, miracles, faith and prophecy. What are these gifts and how are they to be utilized in the world today?

All are invited to an evening of fellowship, worship, teaching and interactive discussion on this life-transforming topic. As Paul wrote later in his second letter to Corinth, "For the weapons of our warfare are not of the flesh but have divine power to destroy strongholds." 2 Corinthians 10:4.

The course will run two consecutive Wednesday evenings, July 8 and July 15. Both Wednesday sessions will be in the main Sanctuary, beginning with a delicious covered dish/pot luck supper at 6 p.m., doing discussion questions during the meal, with worship, teaching and hands-on ministry taking place throughout the evening. Sessions will run from 6 to 8 p.m.

Sanibel Community Church is an evangelical, non-denominational church located at 1740 Periwinkle Way (next to Jerry's Market.). The course is free and open to all. For more information, call 472-2684 or visit [www.sanibelchurch.com](http://www.sanibelchurch.com).✧



Dr. Daryl Donovan

# Olde Sanibel Shoppes

Serving Breakfast  
'til 3:00 everyday!



- Carry Out
- Kids Menu
- Beer & Wine

Dine inside or out.  
You'll love our pet-friendly outdoor patio!

Breakfast & Lunch  
7 am - 3pm

Olde Sanibel Shoppes  
630 Tarpon Bay Road  
Sanibel, FL 33957  
239.472.2625  
fax 239.395-1458  
[OverEasyCafeSanibel.com](http://OverEasyCafeSanibel.com)

For pets  
and the people  
who love them!

- Collars, Harnesses & Leads
- Great Pet Toys
- Pet Beds & Carriers
- Breed Specific Items
- Cat Stuff Too!

Specializing in all Natural  
Pet Food and Treats

Island



Better Health through  
Better Nutrition.

Olde Sanibel Shoppes  
630 Tarpon Bay Road  
Sanibel, FL 33957  
239.395.1464  
fax 239.395.1458  
[IslandPaws.com](http://IslandPaws.com)



Made with pride in America using the finest materials from around the world & compatible with all major bead bracelets. With over 350 unique designs that evoke your memories or celebrate your passions, adding a Novobead to your collection is like adding a page in the diary of your life.

FRESH  
american style



Unique Glass • Jewelry • Cards • Metal • Ceramics

Olde Sanibel Shoppes next to Over Easy Cafe • Open 7 Days  
239 472 7860 • [www.suncatchersdream.com](http://www.suncatchersdream.com)



# Sanibel Community Church Brings Hope And Help To Puebla, Mexico



SCC's Missions Team at the cistern construction, from left, Mike and Sharon Bugler, Daryl, Elaine and Kristen Donovan, and Brodie Burns

Two years ago, Sanibel Community Church partnered with the Benjamin Blycker family as they answered the call to full-time mission work in Puebla, Mexico. The church has provided financial support, as well as several personal visits from work teams bringing needed materials to poverty stricken areas.

From June 5 to 13, a team of seven – including Senior Pastor, Dr. Daryl Donovan – traveled to Puebla to conduct seminars, do evangelistic outreaches, and assist in the construction of a much-needed fresh water cistern for a small community.

Sanibel Community Church provided a portable P.A. and projection system to a local church in Puebla at a cost of \$3,600,



Pastor Daryl Donovan with Lars Blycker, son of missionary Ben Blycker



Ben, Kiersta, Anders, Lars and Angela Blycker

plus over \$1,000 worth of Bibles and other teaching materials in Spanish. Nearly \$1,000 was given for the purchase of wheel chairs and walking canes. Labor to construct the cistern was provided by the team, plus \$1,000 for materials.

Sanibel Community Church is a congregation committed to caring for those in need around the globe. Nearly 25 percent of funds that are received by the church go out to missions both locally and around the world.

For more information about the Missions work of Sanibel Community Church, visit [www.sanibelchurch.com](http://www.sanibelchurch.com) or contact the church's mission pastor, Brad Livermon, at [brad@sanibelchurch.com](mailto:brad@sanibelchurch.com).

Our email address is [press@islandsunnews.com](mailto:press@islandsunnews.com)



## Captiva Cruises

### July 4 Fireworks Cruise

7:45-9:45pm Live Music & Cash Bar



**Departing from McCarthy's Marina**  
**11401 Andy Rosse Lane, Captiva Island**  
 Fireworks at South Seas Island Resort  
 \$45 adults \$30 Child (plus tax)  
 Reservations required by calling **239.472.5300**  
 Also scheduled on July 4 - day cruises to Cabbage Key, Useppa Island, Boca Grande and Cayo Costa; Dolphin & Wildlife or Sunset Cruises.  
 For more information visit [www.captivacruises.com](http://www.captivacruises.com).

# QUARTER AUCTION FUNDRAISING EVENT

to benefit **Rescue Animals In Need**  
 (a non-profit animal rescue)



**Auction Items, Prizes and Food Specials!!**

**Wednesday, July 1st**  
**at 5:30 p.m**  
**COME OUT TO SUPPORT A GREAT CAUSE AND HAVE SOME GREAT FOOD!**

**Location: Mugs N' Jugs**  
**5512 8th St W, Lehigh Acres, Florida 33971**



## Church GriefShare Support Group

After the funeral, when the cards and flowers have stopped coming in, most of the people around you return to their normal lives. But after the loss caused by the death of a spouse, child, family member or close friend, they don't understand the deep, prolonged impact on the grieving person's life. Often, friends and family members want to help but they don't know how. The griever needs ongoing support and encouragement, lasting months, or perhaps even longer.

That is the reason for GriefShare. These groups are designed to meet year-round, providing the sustained support a grieving person needs. GriefShare is built around three components: video seminar, small group discussion and workbook. These essential components consist of 13 weekly sessions designed to be repeated in regular cycles throughout the year. Participants can enter the group at any time and are encouraged to attend more than one 13-week cycle. The group will become much like a family for many group members. At each meeting participants learn about grief-related issues. Some of the topics include:

- Is This Normal?
- Challenges of Grief
- Grief and Relationships
- Why?
- Guilt and Anger

Participants may find comfort, hope and answers. There is no charge for this service.

GriefShare meets on Wednesdays from 10:30 a.m. to noon at Sanibel Community Church, 1740 Periwinkle Way, Room 132 on Sanibel. For information, call 472-0382.✱

## Fireworks Cruise

Take in the amazing views of the Gulf of Mexico and a dazzling Fourth of July fireworks show with Captiva Cruises on July 4 from 7:45 to 9:45 p.m. aboard the *Lady Chadwick*. There will be live patriotic music and a full cash bar. Private charters are also available for two to 48 adults, based on availability and advanced booking.

Cruises will depart from McCarthy's Marina, 11401 Andy Rosse Lane, Captiva. The fireworks show will be provided by South Seas Island Marina. Cost is \$45 adults, \$30 children (12 and under).

Captiva Cruises has also scheduled

additional Fourth of July day cruises to Cabbage Key, Useppa Island, Boca Grande and Cayo Costa as well as a Dolphin and Wildlife Cruise. Prices vary

## Seminars At Sanibel Church

Divorced? Separated? DivorceCare can be your answer. Classes meet at Sanibel Community Church each Monday from 6 to 7:30 p.m. in room 132. Participants find help, discover hope and experience healing. DivorceCare features nationally

recognized experts on divorce recovery topics. Seminar sessions include What Is Happening To Me?, Facing My Depression, New Relationships, Financial Survival and Kid Care.

To register or for more information, contact Susan Puccio at The Bridge Counseling Center at 472-0382.

Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's market).✱



Island Snapper Wrap is but one of the many tasty sensations awaiting you at the historic Captiva House — where America's most romantic beach sunsets meet among Captiva's top-rated dining experiences in a charming, Gulf-front location complete with live piano. Come, feast your eyes and your appetite.

Reservations recommended, walk-ins welcome.

'Tween Waters Inn | 15951 Captiva Drive | 239.472.5161 X421 | Captiva-House.com

THAT EYES-BIGGER-THAN-HER-STOMACH MOMENT?



YEAH, WE SERVE THAT NIGHTLY.



Park your flip flops at the one and only Crow's Nest at 'Tween Waters Inn — where you'll find great food, great fun and great times served up nightly.  
A TripAdvisor top-rated Captiva Island restaurant.

Captiva Crab Races: June 25 & 29 | Live Wire: June 26 & 27 | Taylor Stokes: June 28, 30 and July 1

15951 Captiva Dr. | 239.472.5161 | Crowsnest-Captiva.com

From page 12

## Churches/Temples

Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 a.m. Chapel, 10 a.m. Full Service with Sunday school and nursery care provided. Elevator access.

### ST. ISABEL CATHOLIC CHURCH:

3559 San-Cap Rd., 472-2763  
Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 9:30 a.m., Daily Mass Wed. Thurs. Fri. 8:30 a.m. Communion Service Mon. and Tues. 8:30 a.m. Holy Days call.

### ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH:

5 p.m. Saturday Eucharist, 9:30 a.m. Sunday Eucharist, 9:30 a.m. Sunday School, 9 a.m. Tuesday Morning Prayer, 9 a.m. Wednesday Healing Eucharist, 6 p.m. First Wednesdays Prayer and Potluck.

472-2173, [www.saintmichaels-sanibel.org](http://www.saintmichaels-sanibel.org)

### UNITARIAN UNIVERSALISTS OF THE ISLANDS:

Meets on the first Sunday of each month from December through April at the Sanibel Congregational Church, 2050 Periwinkle Way at 5 p.m. A pot luck is held at a member's home on the third Sunday of each month. For more information call 433-4901 or email [ryi39@aol.com](mailto:ryi39@aol.com).✱





The BAILEY-MATTHEWS  
NATIONAL SHELL MUSEUM



**Children's Lab!**

**Fossils**

**World Record-Size Shells!**



**Daily Programs**

*Exotic Shells From Around The Globe*




**Live Tank Talks  
Every Day**  
11:30 a.m. & 3:30 p.m.

**Enjoy a Guided Beach Walk!**  
Daily from the Island Inn  
Advance Booking Required  
\$10 per adult / \$7 per child  
Call (239) 395-2233  
or book at [shellmuseum.org](http://shellmuseum.org)



Beach Walk Includes Half-off Museum Admission!

**Museum open 7 days a week, 10 a.m. to 5 p.m.**  
3075 Sanibel-Captiva Rd, Sanibel • (239) 395-2233  
[shellmuseum.org](http://shellmuseum.org)



Wildlife Walk

## CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Rachel Rainbolt at [rrainbolt@crowclinic.org](mailto:rrainbolt@crowclinic.org) or 472-3644 ext. 229 to register. Hours are Monday through Friday, 10 a.m. to 4 p.m.; closed weekends. CROW is located at 3883 Sanibel-Captiva Road.

**Friday, June 26 and Monday, June 29, 11 a.m.,** \$5 included with admission – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic.

**Tuesday, June 30, 11 a.m.,** \$5 included with admission – Patient Profiles: Sea Turtles, presented by CROW staff.

CROW is the only licensed sea turtle facility from Sarasota to Miami on the southwest coast of Florida. One of CROW's team members will describe why they are admitted and how the medical staff treats this species.

**Wednesday, July 1, 11 a.m.,** \$5 included with admission – CROW Case of the Week, presented by a CROW student.

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories with you.

**Thursday, July 2, 11 a.m.,** \$5 included with admission – Patient Profiles: Gopher Tortoises presented by a CROW Volunteer.


The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from Southern Georgia to Southeast Florida. Because of its contributions to the ecosystem, it is classified as a "Keystone Species." CROW's presenter will describe why they are admitted how the medical staff treats this species.

**Friday, July 3, 11 a.m.,** \$5 included with admission – Why Animals Come to CROW, presented by CROW volunteer.

CROW hospital treats over 3,500 patients a year, but not all of the animals admitted need assistance. Facilities like CROW should be an animal's last resort, not their first. This presentation uses past case studies, rescues and releases to teach you about safe interactions with wildlife in the community.

**Friday, July 3, 2 p.m.,** \$20 advance registration required – Wildlife Walk with Rehabilitators and Staff.

Following the 2 p.m. presentation in the Visitor Education Center, visitors will be escorted to the rehabilitation grounds for an exclusive look at what it takes to rehabilitate more than 3,500 wildlife patients per year.\*



**THE GREAT WHITE GRILL**

Free  
PIZZA DELIVERY

**29 BEERS  
ON TAP!**

VOTED BEST  
BEER SELECTION  
& PLACE TO WATCH  
THE GAME 2014

VOTED BEST  
LUNCH ON THE ISLAND  
2012 & 2013

**MLB TICKET**

**HOME OF THE STEEL CURTAIN PIZZA**

2440 PALM RIDGE RD. SANIBEL  
(239) 472-0212 • (239) 472-0323



# Ranked Sanibel's #1 Shopping Destination

by the Lee County Convention and Visitors Bureau

**\$5.00 OFF**  
\$50.00 purchase  
**\$10.00 OFF**  
\$100.00 purchase

On any Services or Products  
(restrictions apply!)  
Exp. 10-31-14



mm#2782



[www.SanibelDaySpa.com](http://www.SanibelDaySpa.com) (239) 395-2220



Upscale casual  
clothing,  
Sandals &  
accessories

**REPUBLIC**

Sanibel  
Perfume

Periwinkle Place Shopping Center  
Phone: 239.472.8444 • [www.PeachRepublic.com](http://www.PeachRepublic.com)

*Island Pursuit*

Shop in Store  
239.472-4600

Shop Online  
[islandpursuit.com](http://islandpursuit.com)



SANIBEL'S AWARD WINNING CASUAL RESTAURANT

\* NOW WITH FULL LIQUOR BAR \*

JOIN US FOR OUR 4-5-6 HAPPY HOUR 4-6PM  
Appetizers at \$4, \$5 and \$6 - Drinks from \$3



Island Dining

BREAKFAST  
LUNCH • DINNER  
DINE INSIDE OR OUTSIDE  
ON OUR TROPICAL DECK

239 472 2525  
[mybluegiraffe.com](http://mybluegiraffe.com)  
NOW ORDER TAKE-OUT ONLINE

Winner - Taste of the Islands  
Winner - Best of the Islands



**SANIBEL'S tea**

**Friday's Child**  
COOL CLOTHES AND TOYS  
FOR COOL GIRLS AND BOYS.

[WWW.TGIFCHILD.COM](http://WWW.TGIFCHILD.COM) • 239.472.9500

LOCATED IN PERIWINKLE PLACE • 2075 PERIWINKLE WAY

Indulge in Color and Fun!

**Her Sports Closet**

**Peezy escapade**  
and more!

(239) 472-4206

**cargo**  
Trading Co.

stylish gifts | artisan crafts  
home accents and decor

[cargostuff.com](http://cargostuff.com) 239.472.8111

Shop Mon - Sat 10am-7pm Sun 12pm-6pm • Dine Mon - Sun 10am-9pm

**26 UNIQUE STORES IN A TROPICAL SETTING**

2075 Periwinkle Way • 2 Miles West of Causeway Rd. on Periwinkle Way • [PeriwinklePlace.com](http://PeriwinklePlace.com)



Find us on  
Facebook



## Shell Of The Week

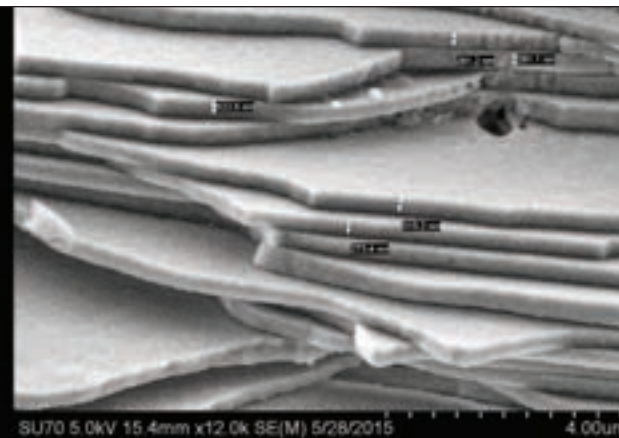
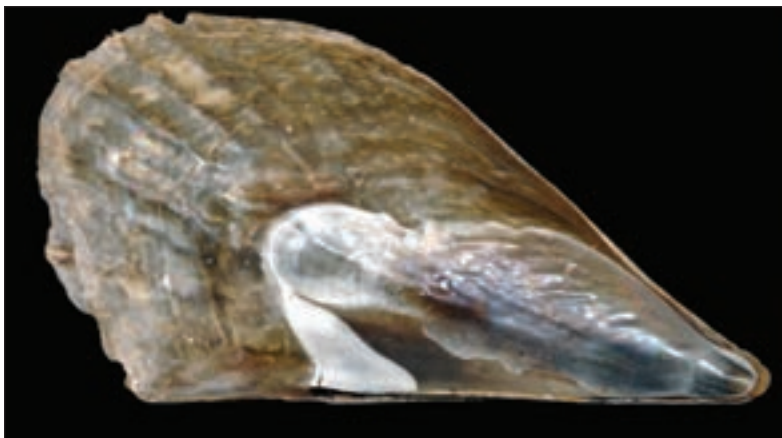
Stiff Pen Shell  
And Its Nacre

by José H. Leal,  
PhD, The Bailey-  
Matthews National  
Shell Museum  
Science Director &  
Curator

**T**he nacreous shell layer of pen shells imparts the trademark, dark iridescence that is

so typical to the inner surface of pen and other shells. The nacreous layer, or mother-of-pearl, is composed of thousands of very thin, flat, colorless, translucent calcium carbonate crystals (also known as tablets). These flat crystals cause incident light to scatter and reflect back at different angles, which is perceived as distinctive colors. The tablets are separated by thin layers of organic "adhesive," and this combination constitutes a strong, resilient and lightweight composite material.

Museum friend Dr. Peter Bush from the State University of New York at Buffalo recently visited Sanibel, taking home a shell of a local stiff pen shell (*Atrina rigida*). In his lab, he examined the shell's nacreous layer under a scanning electron microscope (SEM). The result is shown in the photo on the right. The SEM image shows the regular and parallel nature of the nacreous layer



From left, valve of pen shell with nacreous layer present on narrower part of valve, photo by José H. Leal, and scanning electron micrograph of nacreous layer of same species, photo by Peter Bush

platelets. Due to the character of that technique, transparency of each layer is not evident in the final photos. The measurement units on the image are nanometers, with each nanometer representing 1/1000th of a micrometer, which in turn is 1/1000th of a millimeter.

#### Shell Museum Events

**Daily Island Inn Morning Beach Walks** (Advance booking required): Join our marine biologist for a beach walk near Island Inn on Sanibel. Walks depart daily from the Island Inn lobby at 9 a.m. The cost is \$10, and parking at Island Inn is free for beach walk participants. Space is limited; book online at [shellmuseum.org/events](http://shellmuseum.org/events) or call 395-2233 to make a reservation. All beach walk participants receive half-off museum admission. (Current Island Inn guests: Please book through the Inn).

Daily Tank Talks, 11:30 a.m. and

3:30 p.m.: Gain great insights into the fascinating world of mollusks.

**Monday at 1:30 p.m.:** Carolyn's Collection – A fun and entertaining look at gem-quality shells. (Please check [shellmuseum.org](http://shellmuseum.org) to note any schedule changes)

**Tuesday at 1:30 p.m.:** What is a Mollusk? Learn about the shell makers in this hands-on presentation.

**Wednesday at 1:30 p.m.:** Midday Tank Talk with a marine biologist.

**Thursday at 1:30 p.m.:** Shell ID Clinic – Bring in your mystery finds for identification from an expert!

**Friday at 1:30 p.m.:** Shell Arts and Crafts – Create shell art and take it home with you!

**Saturday at 1:30 p.m.:** Sanibel Shells – Discover the look, feel and subtle differences of local shells.

**Sunday at 1:30 p.m.:** Shell BINGO,

which is both fun and educational.

**Weekly Marine Naturalist Cruise** (Thursdays): The Bailey-Matthews National Shell Museum and Captiva Cruises present a one-of-a-kind experience that will excite nature lovers of all ages. Join our marine biologist for an unforgettable day with a small group aboard the 40-foot sailing catamaran *Adventure*. Trips set sail Thursdays at 9 a.m. from South Seas Island Resort on Captiva. The four-hour cruise costs \$100 for adults and \$75 for children and includes the boat trip, lunch and museum admission. Call 472-5300 to book. (Water shoes required, no flip flops. Prepare to get wet.)

*The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit [www.shellmuseum.org](http://www.shellmuseum.org).* ☆

## CELEBRATE THE FOURTH IN STYLE!

**Join us for 4th of July Fireworks  
view of Ft. Myers Beach and  
Sanibel Island Fireworks.**

**2 levels of fun. Regular menu upstairs and  
special outdoor downstairs casual picnic  
of barbecue ribs, barbecue wings,  
hamburger, hot dog or veggie plate**

**5:30 PM – 10 PM Live music!!!  
Prices 10.00 – 18.00 per plate.**

**Breakfast, Saturday - Sunday • 8:30 AM - Noon**  
**Lunch, Dinner & Late Night Bar, Monday - Sunday 11:00 AM - 11:00 PM**

Live Music Nightly • Happy Hour Daily from 3:00 PM - 6:00 PM and 10:00 PM - Closing

17501 Harbour Pointe Dr  
Fort Myers, FL 33908



[www.sshookers.com](http://www.sshookers.com)  
239-689-3857

**If our seafood were any fresher,  
we would be serving it under water**



**Four  
Great  
Locations!**

**Lazy Flamingo, Inc.**  
6520-C Pine Avenue  
Sanibel, FL 33957  
239-472-5353

**Lazy Flamingo 2, Inc.**  
1036 Periwinkle Way  
Sanibel, FL 33957  
239-472-6939

**Lazy Flamingo 3, Inc.**  
16501 Stringfellow Rd  
Bokelia, FL 33922  
239-283-5959

**Lazy Flamingo 4, Inc.**  
12951 McGregor Blvd.  
Ft. Myers, FL 33919  
239-476-9000



## CROW Case Of The Week:

## Northern Bobwhite



by Patricia Molloy

The northern bobwhite (*Colinus virginianus*), often referred to as a bobwhite quail, is the most common quail in North America. The medium-sized, round-bodied

game bird takes its name from its loud, whistled "bob-white!" call which is used when a territorial dispute arises.

On June 7, a northern bobwhite, patient #15-1753, was admitted to CROW after being injured in a domestic cat attack. In addition to two puncture wounds on his back, the bird was found to be so severely depressed that he was hock-sitting: too weak to stand, he remained on his hocks (the knee joints of a bird) for the duration of the exam.

After administering a pain medication to make him more comfortable, the quail's wounds were cleaned and he was given an antibiotic; the bacteria found in cat saliva can cause severe infections. The patient was then placed in a private

cage in ICU for some much needed rest.

After one week of treatment, bloodwork indicated that the bobwhite's health had improved.

"He's doing OK now, but he's kind of quiet and he just sits in the corner (of his cage)," said Dr. Brittany. Usually, when an avian patient begins to feel better, it becomes more active by hopping around its cage and even chirping. This was not the case with the bobwhite.

When asked about the patient's lack of activity, hospital director Dr. Heather Barron explained, "With quail, their whole modus operandi is to freeze and blend in, so that's what he's trying to do. Not that he couldn't be depressed and in trouble, too. Domestically raised quail are fine in the hospital. They will walk around and eat, but not the wild ones. They're too inhibited."

Despite his quiet demeanor, the northern bobwhite made a full recovery from his injuries and was returned to the wild after two weeks at CROW.

"He was released back to where he came from," added Dr. Heather.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).



The northern bobwhite, patient #15-1753, takes its name from the quail's loud, whistled "bob-white!" call. This particular vocalization is used when a territorial dispute arises.





Gramma Dot's

SANIBEL THRILLER CRUISES



SEASIDE DINING

Taste of the Islands "People's Choice Award"  
Winner Seven Continuous Years

Lunch & Dinner  
472-8138

SANIBEL MARINA

634 N. Yachtsman Drive • [www.sanibelmarina.com](http://www.sanibelmarina.com)



- Sanibel and Captiva Islands' Most Exciting Boat Tour
- Circumnavigating Sanibel & Captiva Islands with Dolphins

239.472.2328 • [www.sanibelthriller.com](http://www.sanibelthriller.com)

Reservations are required • Also Available for Private Charters  
Departing from Sanibel Marina  
634 N. Yachtsman Dr. • Sanibel Island






## Summer Snook Fishing Going Off



by Capt. Matt Mitchell

**S**nook fishing continues to be just outstanding both for sheer numbers of fish and for that chance at landing that real trophy linesider. Both the beaches and the

passes are the places to be to get in on this crazy often wide open bite. For non-stop action, small to medium pinfish and grunts drifted through the edges of the passes and on the inside and outside points resulted in many double and even triple hookups.

Any beach within a few hundred yards of the passes or any structure on or close to the beach – including rocks and downed trees – you will find snook. Anchor up and fish right against the structure or shoreline pitching your

baits at the beach. This was a much less crowded and leisurely way to catch snook as the passes have been like a parking lot. It only takes one boat or two doing it differently than everyone else to mess it up for the whole pack. When out on the beaches, tail-hooked free-lined baits have been the way to go. During periods of high sun and clear water, you can often ride slowly just out from the beach and spot these fish laid up in trenches and tide rips super close to the sand.

For big snook action, docks and heavy structure with really fast moving current in and around the passes were the place to be. This bite required a bit more patience and much heavier tackle if you wanted any chance of pulling a big female snook out of the structure. When this bite is on, there is not a pinfish or grunt that is too big to get bit. Pulling one of these big snook to the boat is a real test of angling skill, along with a little luck. During one such big fish bite this week, we caught and released only two of more than a dozen hookups, with both fish being right around the 40-inch mark.

My tackle of choice for dock fishing these big fish is a heavy duty 6-6 jigging rod rigged with a 5000 series spinning

reel that is spooled up with 30-pound braid. At the business end, I go with a simple knocker rig with any where from a 1 oz. to a 3 oz. sinker that slides up and down a 3-foot section of 50-pound fluorocarbon leader. Vary the weight depending on the speed of the current, and use just enough lead to keep it down on the bottom. Heavy duty hooks are a must ranging from 3/0 to 6/0, depending on the size of the bait. With the drag pretty much locked up, a light wire hook just cannot handle the pressure and will straighten out on these big fish.

A few super slick calm mornings this week had the feeling that you were in a convection oven. The more oppressive the heat and humidity is, the better tarpon show themselves. And after a few tough weeks of tarpon fishing, suddenly they appeared all over the place. While anchored up catching bait between Chino and Red Light Shoal one morning this week, it was amazing how many tarpon where slow rolling and milling around. These fish were very spooky, though, as conditions where so flat calm. We did manage to jump one though on a crab fished



A perfect sized 50-pound tarpon caught and released this week after a quick hook removal and picture

under a float, but after a couple of jumps, it came off. With less and less angling pressure on these fish, we are now just getting into my favorite time of year to fish for them. Always have a bigger rod rigged up as they often just pop up and you have them all to yourself.

Shark action in the natural channels that dump into the bigger passes were also good action, with the best bite coming during the late afternoon outgoing tide. Bull sharks where the main players here with the average size running from 4 to 5 feet, with an occasional tangle with a monster that just could not be stopped. Half a fresh mullet rigged with enough weight to keep it down close to the bottom made for some easy big fish drag screaming action. These sharks are just plain fun to catch and put on a great fight. With Shark Week coming up on TV next month, I seem to do more and more shark fishing every year.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).✴

## Send Us Your Fish Tales

**T**he *Island Sun* would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the *Island Sun*, 1640 Periwinkle Way, Suite 2, Sanibel, or email to [press@islandsunnews.com](mailto:press@islandsunnews.com); or call 395-1213.

## CLEAR YOUR GEAR It Catches More Than Fish



Discard fishing line responsibly/in designated receptacles



## BOAT RENTALS

Fishing • Cabbage Key  
Dolphin Watching  
Captains Available

**472-5800**  
Jensen's Marina  
Captiva Island

## ISLAND MARINE SERVICES, INC.

- NEW MOTOR SALES • REBUILT POWERHEADS •
- FACTORY TRAINED •

MERCURY – MARINER – JOHNSON – EVINRUDE  
SUZUKI – YAMAHA – OMC – I/O'S – MERCURUISER

Courteous Professional Marine Repair Service • Dockside Service  
Serving Sanibel & Captiva For Life

**472-3380 • 466-3344**

Your Bottom  
Specialist  
Call on Paint Prices



Dave Doane



# PALM RIDGE PLACE

Take Out



**OPEN SUNDAYS**

Sanibel's Favorite Delicatessen

**Open 7 Days**

**Breakfast, Lunch & Dinner & Later**

We Cater! • Gluten Free Options

Serving Pizza & Wings

Frozen Yogurt & So MUCH MORE!

**NOW OPEN FOR INDOOR SEATING**



**WINNER**  
Best Pizza  
Taste of the Islands



**239-472-2555**



**BOAR'S HEAD**



[www.sanibeldeli.com](http://www.sanibeldeli.com)



Serving Sanibel & Captiva Islands for 36 years



Main Showroom:  
2330 Palm Ridge Rd.  
Sanibel, FL 33957

P: 239.395.2525  
F: 239.395.2373

**MOHAWK**  
**HunterDouglas**  
HUNTER DOUGLAS  
PRIORITY DEALER

Furniture Accessories  
Window Treatments  
Plantation Shutters  
Custom Upholstery  
Countertops  
Backsplashes  
Kitchen Remodeling  
Bathroom Remodeling  
Flooring  
Painting

**LARGEST SHOWROOM ON SANIBEL ISLAND**

License #RS-12268 / License #RS-11918



Sanibel's First Beauty/Barber est. 1951

**Free tube of Gel with a shave and a haircut or Beard trim and a haircut!**

(239) 472-1111  
SanBeautys@aol.com  
[www.SanibelBeautySalon.com](http://www.SanibelBeautySalon.com)

## Big News

**Pak 'N' Ship**  
and

**ISLAND**  
Business Center  
& Office Supply

**HAS MOVED**

**10% OFF Shipping With Ad**

2330 Palm Ridge Rd.  
Sanibel, Florida 33957  
Tel. 239.395.1220  
Fax 239.395.0958  
(Across From CVS)  
[Sanibel@paknshipsanibel.com](mailto:Sanibel@paknshipsanibel.com)

**2330 Palm Ridge Road,  
Sanibel Island, FL**  
(across from CVS)

## ROSIE'S CAFE & GRILL

Breakfast  
Lunch  
Dinner  
Desserts  
Kid's Menu  
Carry-Out



**AWARD WINNING**

**Taste of the Islands**

1<sup>st</sup> PLACE - TASTE OF THE TASTE

BEST CARRY-OUT • BEST DESSERT

Rosie's will be closed May 4-9.  
To reopen the 10th for repairs.



**ROSIE'S** Ice Cream  
Coffee  
Desserts

Proudly Serving  
**ROYAL SCOOP ICE CREAM**



**OPEN 7 DAYS AT 8 AM**  
BREAKFAST • LUNCH • DINNER • DESSERT

2330 PALM RIDGE ROAD • SANIBEL ISLAND  
(across from CVS)

**239.579.0807**

## ISLAND PHARMACY

Voted Best Pharmacy on the Island 7 years in a row!

**Caring for you and about you**

We are ready for all your needs with: Specially Formatted Bite & Itch Lotion

• Natural No-See-Um Repellent • We also offer rental of Walkers, Wheelchairs  
Crutches • Special Orders Welcome • Deliveries Available



In the  
Palm Ridge  
Plaza



Pharmacist Reggie Mathai

**239-472-6188**

Fax 239-472-6144

We carry nebulizers,  
crutches, wound care

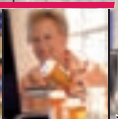
Every Day  
Items Also!

Over 9,000 Insurances  
Accepted and All Medicare D

We specialize in Customer  
Satisfaction

Bite and  
Itch Lotion

Small Store Feel,  
National Chain



JD Powers Award



# Sanibel-Captiva Conservation Foundation Programs



Happy the snapping turtle



Indie the indigo snake

## Tank Talks

On Tuesday, June 30 at 10 a.m., come and meet the SCCF Nature Center ambassadors. Meet Indie the endangered indigo snake who recently laid nine eggs, Happy the snapping turtle, and Lucky the soft shell turtle. The diamond-back terrapins are laying eggs now... meet two young terrapins that hatched last August.



Florida snapping turtle

Take a tour with a biologist to learn about the research and projects associated with these local critters. SCCF is located at 3333 Sanibel-Captiva Road. Call 472-2329 for more information.

## Cane Toads

Sanibel's new invasive non-native, the giant cane toad, eats anything – birds, other frogs, snakes, dog food, each other. And it is toxic if eaten by pets. They were found breeding on Sanibel during frog call surveys the summer of 2012 for the first time. With recent summer rains, you can hear their mating calls at night.



Cane toad

Come and learn more about these toads and how to catch them in your yard and neighborhood to protect wildlife. The next program will be offered on Wednesday, July 1 at 10 a.m.

## Snowy Plover



Snowy plover with chick



Snowy plover sibling chicks  
photo by Wanda Lessinger



Snowy plover chick  
photo by Paul Wellmen

Watch where you walk – there are plovers hatchlings on the beach. SCCF has been monitoring and staking the nests of this threatened shorebird on Sanibel beaches for 15 years. Join SCCF biologists on Thursday, July 2 at 1:30 p.m. to learn about this threatened species and what you can do to protect their small nesting populations. Cost of program is \$5, with SCCF members admitted free. Call 472-2329 for more information.  
Call 472-2329 for more information on these programs. Sanibel-Captiva Conservation Foundation is located at 3333 Sanibel-Captiva Road.✱



## Shell Museum's Summer Family Programs A Hit

Sanibel Island hosts an eclectic array of guests throughout the year, ranging from returning seasonal residents to traveling Florida families, as well as European vacationers on extended holidays.

With the goal of having something for everyone, The Bailey-Matthews National Shell Museum has begun to tailor daily programming to please specific visitors based on unique travel patterns throughout the year. In addition to providing exhibit literature in a number of languages, the museum also staffs a number of bilingual employees.

"We're striving to create programs that are just as diverse and engaging as our guests," said Shell Museum Executive Director Dorrie Hipschman.

During "high season" which is November to April, the museum ramps up scientific lectures and presentations, while summer fun means a good bit more hands-on programming to help keep vacationing guests engaged. Arts



Children learn how to create "critters" out of shells

and crafts, Shell Bingo and additional tank talks on rainy days makes the Shell Museum the perfect spot to get out of the heat.

Live tank talks go on at 11:30 a.m. and 3:30 p.m., with unique daily programs each day at 1:30 p.m. Guests can



A shell "critter"

participate in the shell scavenger hunt at any time, and two videos about the fascinating mollusks that make the shells run continuously all day long. All is included with paid museum admission and free for museum members.

The Bailey-Matthews National Shell Museum is open daily from 10 a.m. to 5 p.m. and noon to 4 p.m. on major holidays. It is located at 3075 Sanibel-Captiva Road on Sanibel. Call 395-2233 or visit [shellmuseum.org](http://shellmuseum.org) for more information.✧

Share your community news with us.  
Call 415-7732,  
Fax: 415-7702  
or email  
[press@riverweekly.com](mailto:press@riverweekly.com)

**FLORIDA'S #1 SELLING INSECT REPELLENT**

• Locally owned and operated  
• 100% natural ingredients  
• Smells great  
• Safe to use on kids  
• Works on pets & horses  
• Non-greasy or sticky formula  
• Repels mosquitoes & most biting insects

**NOO OOO™**

Visit Our Website for Locations on Sanibel & Captiva Islands  
[WWW.NONOSEEUM.COM](http://WWW.NONOSEEUM.COM)

**OPEN TILL 9:30 NIGHTLY**

**MATZALUNA**  
CRAFT BEER · PIZZA · PASTA

Sanibel's home for Craft Beer & Wood Fired Pizza!

**Pizza ala Romana**  
Our crispy wood fired crust topped with Kalamata olives, onions, tomatoes, spinach, feta and mozzarella cheeses.

[matzaluna.net](http://matzaluna.net)

**HAPPY HOUR**  
4:30-6:30  
7 DAYS

**\$2.50 OFF**  
The purchase of each adult entree.  
Present this ad to your server. Must be seated prior to 5:30 p.m. Not valid on Wine Wednesday or with any other coupon or discount. Expires 07/03/15

1200 Periwinkle Way (239) 472-1998 Full Liquor  
Open 4:30-9:30 pm 7 days • Take Out Available • Gluten Free Pasta

**WORLD CUP CLASS FISH!**

**Sushi & Sashimi Thursday - Saturday!**  
**\$1 Oysters 4-6pm Thursday-Saturday at The Oyster Bar!**

"We serve it fresh...."  
**SANIBEL GRILL**  
SEAFOOD · SPIRITS · SPIRITS  
Friday is Lobstah Night!

Serving Fresh Fish Since 1978  
37 Years of Fresh Fish on Sanibel Island!

....or we don't serve it at all!"  
**the TIMBERS RESTAURANT & FISH MARKET**

**Happy Hour Daily**  
4:00pm - 6:00pm & 10:00pm - Midnight  
Restaurant Open 7 Days 4:00pm - Midnight  
Oyster Bar Open Wed - Sat  
Fish Market Open at 11am - 9pm (2pm - 9pm Sunday)

**13 Dinners for \$15,**  
before 6:00pm • 7 days  
Restaurant Open 7 Days 5:00pm - 9:00pm

**472-3128 • 703 Tarpon Bay Road • [www.prawnbroker.com](http://www.prawnbroker.com)**  
**\*Winner Best Seafood 2010-2014**





Snowy plover with chick

photo by Heather Porter

## Snowy Plover Presentation At CROW

The Clinic for the Rehabilitation of Wildlife (CROW) will partner with the Sanibel-Captiva Conservation Foundation (SCCF) to present Secret Lives of Snowy Plovers on Monday, July 6 at 4:15 p.m. in CROW's Visitor Education Center, located at 3883 Sanibel-Captiva Road.

Snowy plovers are tiny shorebirds

whose feathers are the color of sand. Because their main defense is camouflage, it's almost impossible to see them unless they're moving. They nest right on the beach and are potential prey for a host of predators. As a result, these cryptic birds are listed as threatened in the State of Florida.

With miles of unspoiled beach, Sanibel is home to a significant population of breeding snowy plovers. In 2002, SCCF initiated their Snowy Plover Project, along with the JN "Ding" Darling National Wildlife Refuge and the City of Sanibel, to protect and study these vulnerable ground

nesters. Staff members and volunteers comb the beach from mid-March through August for snowy plover nests, stake off the nests to prevent their inadvertent destruction by human activities, monitor the progress of each nest and record resulting data.

Joel Caouette, SCCF's shorebird monitoring coordinator, will join Claudia Burns, long-time CROW and Snowy Plover Project volunteer, to present photos, videos, recorded vocalizations and a diorama Caouette created to show typical snowy plover habitat.

Secret Lives of Snowy Plovers offers

insights into snowy plover behavior, which is completely different than that of birds who nest in trees. This is a rare opportunity to learn about a threatened species that depends on Sanibel's beach for its continued survival. It's also a chance to explore CROW's Visitor Education Center and learn more about their efforts to save wildlife through care, education and collaboration.

Reservations are required for this special presentation, and admission is \$5 per person. Call 472-3644 ext. 228 for reservations. For more information, visit [www.crowclinic.org](http://www.crowclinic.org).

## Girl Scout Troop Helps Raise Funds For Outreach Project



Captiva Cruises Captain Jorge Salazar and educator Richard Finkel along with Girl Scout Troop 368 holding their handmade life ring depicting their favorite cookie - S'mores - as well as the moniker No Child Left On Shore, the Environmental Education Outreach Project initiative of the Sanibel-Captiva Conservation Foundation and Captiva Cruises

Girl Scouts in Troop 368 of Collier County decided that they wanted to take a field trip on the water with money they raised from selling boxes of cookies. However, not only did they want to take this field trip, but they wanted to invite other kids to join them; kids that do not have the means to get out on the water themselves.

So when MaryAnn Tracy, Troop 368's leader, explained the desire of her Girl Scouts to Richard Finkel of Captiva Cruises and coordinator on behalf of the Sanibel-Captiva Conservation Foundation (SCCF) and Captiva Cruises' No Child Left On Shore Environmental Education Outreach Project, he was inspired by the young girls' wishes and committed to working with them.

"Their generosity should be commended and supported," he said.

The No Child Left On Shore initiative is a cooperative endeavor of Sanibel-Captiva Conservation Foundation (SCCF) and Captiva Cruises. Cuts in public funding for school environmental education field trips have drastically reduced the number of students that can experience for themselves the importance of the coastal habitats. Many families of Southwest Florida do not have the ways or the means to get out on the water. There is a real need to provide the younger generation of Southwest Florida with an opportunity to take part in hands on experiential field trips within the back bay estuary. Too many of the local population have never waded in shallow sea grass beds, collected shells within the surf zone, held a sea star or observed dolphins in the wild. It is this segment of the Southwest Florida community that the No Child Left On Shore initiative strives to engage by providing them with water borne educational field trips.

For more information about the No Child Left On Shore initiative, or to join Girl Scout Troop 368 and sponsor an environmental education field trip, contact Captiva Cruises at 472-5300 or SCCF at 472-2329.



# The JACARANDA

Seafood • Steaks • Spirits

**HAPPY HOUR**  
DAILY 5 TO 7  
1/2 Price Drinks  
& Happy Apps



**CHILDREN'S MENU AVAILABLE**

Cocktail Lounge • Live Music  
1223 Periwinkle Way • Sanibel Island • 239-472-1771  
[www.JacarandaOnSanibel.com](http://www.JacarandaOnSanibel.com)

Our email address is [press@islandsunnews.com](mailto:press@islandsunnews.com)



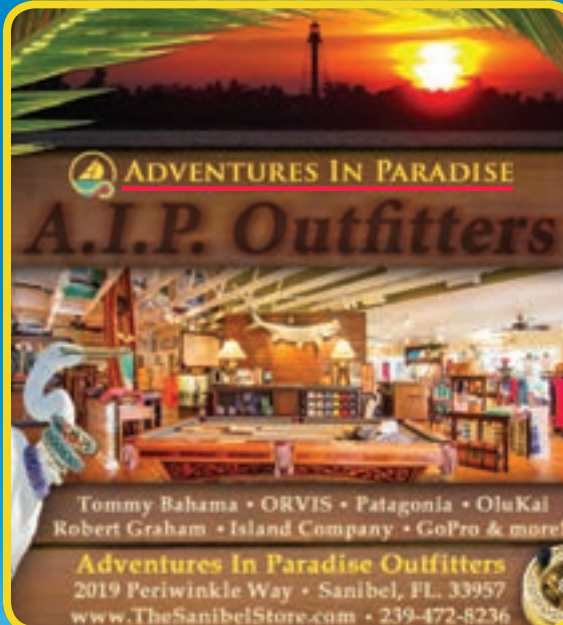
## THE BROWN BAG

clothes for men

**Contemporary  
Casual  
Cool  
Clothes for Men**  
**239.472.1171**



## Tahitian Gardens



**Sanibel's Hippest Boutique**

Now Exclusively Featuring **WILDFOX**  
Vince Hudson A.G. Jeans  
Tolani Young, Fabulous & Broke Parker  
**ALL THE LATEST TRENDS!**  
Tahitian Gardens • 1985 Periwinkle Way  
**472-1115**

## Synergy



Life  
is  
good.



♀ Alex and Ani (+) ENERGY  
MADE IN AMERICA WITH LOVE  
Sanibel's only positively authorized dealer!  
Best Selection in Southwest Florida

Synergy Tahitian Gardens • 1981 Periwinkle Way, Sanibel  
239-395-5353 • www.SynergySportswear.com

So many options -  
just change the clasp!



Telephone: 239-472-2876  
Toll-free: 800-749-1987

THE CEDAR CHEST  
FINE JEWELRY  
A Sanibel Tradition Since 1929

www.cedarchestsanibel.com



## Sanibel Sole



MERRELL

KEEN

TEVA

SPERRY TOP-SIDER

BM bernie mev.

VIONIC  
taos  
FOOTWEAR



Tahitian Gardens • 1979 Periwinkle Way  
Sanibel • 239-395-0385



Plant Smart

# Havana Skullcap

by Gerri Reaves

**H**avana skullcap (*Scutellaria havanensis*) is a native wildflower listed as endangered in the state of Florida. In the wild, it grows in southernmost Florida and the West Indies.

The city of Havana is part of the common and botanical names because the plant was first discovered there in 1760.

*Scutellaria*, Latin for small saucer or dish, refers to the tiny bowl- or helmet-like protuberance on the calyx.

Also called tropical skullcap, this pretty flower is classified as an herb because it is a member of the mint family.

Tiny purple flowers appear throughout the year, but most occur during spring and autumn. Blooms are rarely seen during the summer months.

The flowers are striking for their larger three-lobed lower lip with two white stripes.

The tiny paired oval leaves have a fuzzy texture and the stems are covered with short hairs.

Havana skullcap's attraction for bees, butterflies, and birds make it an excellent addition to a wildlife garden.

It forms clumps and usually reaches less than six inches tall, with flowering stems reaching a bit higher. It is also drought-tolerant and can be used as a low-maintenance groundcover.

Give it partial to full sun and well-drained soil. It will spread but is not invasive.

Native to pine rocklands and accustomed to alkaline soil, it will grow even in coral-rock walls.



Havana skullcap, a low-growing member of the mint family, is endangered in the state of Florida

If neatness is a priority, the plant can be trimmed back to the ground annually.

It will reseed, but can be cultivated by clump division and cuttings too.

Sources: *Everglades Wildflowers* by Roger L. Hammer, *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio, and [plantcreations.com](http://plantcreations.com).

*Plant Smart* explores the diverse flora of South Florida.✧



The tiny saucer-like protuberance on the calyx is distinctive  
photos by Gerri Reaves

**OPEN DAILY**  
**11-10**

**\$9.99 LUNCH SPECIALS M-F**  
NIGHTLY DINNER SPECIALS

**Happy Hour**  
**Food & Drinks**  
**3-6 PM**

1523 Periwinkle Way • Sanibel Island  
**472-7770**  
[www.thefishhouserestaurants.com](http://www.thefishhouserestaurants.com)

New York City

**IL TESORO RISTORANTE**  
FINE ITALIAN CUISINE  
*inspired by Island Fare in a bistro style*

**VOTED "BEST CHEF"**  
BEST OF THE ISLANDS AWARD

TASTE OF THE ISLANDS  
**IRON CHEF WINNER**

"Fresh ingredients, simplicity, love...  
the recipe for a treasured dining experience"  
— Chef/Owner AJ Black

751 Tarpon Bay Road  
Sanibel Island, FL  
Reservations Suggested  
[www.iltesoronet.net](http://www.iltesoronet.net) • 239-395-4022





Zontian Phyllis Gresham, center front, on board with women from the TLC

## Zontians Share Sea Life Knowledge

Members of the Zonta Club of Sanibel-Captiva have provided service and funding for many years to the Transitional Living Center for Women at SalusCare in Fort Myers. Club volunteers offer activities that include women's health education, creative arts and more, adding special value to the schedules of women dedicated to recovery from substance abuse.

Recently, a group of the women enjoyed a visit to Tarpon Bay Explorers on Sanibel. Courtesy of owner/partner Wendy Schnapp, who is a longtime supporter of Zonta, the women took a pon-

toon boat ride into Tarpon Bay, where they were able to view up-close the rookery islands, manatees, many birds and – somewhat unusually – a leaping ray.

Before the boat trip, the women learned about the small inhabitants of the bay in a hands-on touch tank experience, available as part of the tours offered at Tarpon Bay. Guide and naturalist Kelsey Jones answered the women's many questions.

"These outings are such a departure from the women's packed schedules," explained Zontian Phyllis Gresham, "and offer a rare opportunity to connect with nature, which allows them to enjoy experiences we all take for granted, along with a welcome chance to relax and learn."

In May, Zonta organized a wading trip



Tarpon Bay naturalist Kelsey Jones, center, explains the contents of the touch tank

in Estero Bay with Cheryl Clark, director of Estero Bay Aquatic Preserve, where they scooped up crabs, pipefish, jellyfish, anemones and a wide variety of sea life.

The Zonta Club of Sanibel-Captiva is a service organization of professional women working together to provide

hands-on assistance, advocacy and funds to strengthen women's lives on the islands, in Lee County and around the world through Zonta International.

For more information on Zonta and Zonta service, visit [www.zontasancap.com](http://www.zontasancap.com).

Tropical Outdoor Patio Seating



**Sanibel's  
Most  
Award Winning  
Restaurant**

**Come Try our NEW Cowlicious  
Breakfast, Lunch & Dinner Specials**

Fun "new" Moo Wear for all ages



We Proudly Brew



Always Fresh  
...Always Fun!



**Get CRABBY At The Cow**

**WITH OUR FAMOUS STONE CRABS**

1/2 lb & 1 lb. quantities • Appetizers & Full Dinners  
"Best Prices On The Planet"

Always Fresh  
...Always!



Serving Breakfast, Lunch and Dinner 7 days a week.  
Snacks In-between • Live Music! • Outdoor Seating



**LIVE  
MUSIC**





# SCCF Nesting Statistics

The Sanibel-Captiva Conservation Foundation (SCCF) reported the following sea turtle nesting statistics as of June 19:

Sanibel East: 71 nests, 176 false crawls  
 Sanibel West: 193 nests, 458 false crawls  
 Captiva: 71 nests, 110 false crawls  
 Total: 335 nests, 744 false crawls

Sea turtles have been busy. There were 218 new crawls since Friday, June 12. Nest totals include Sanibel's second-ever documented leatherback sea turtle nest plus 4 nests and 3 false crawls by green sea turtles on Sanibel. The first nests of the season will begin hatching any day now.

There are now coyotes on Sanibel and SCCF is screening as many nests as possible to discourage coyote depredation.

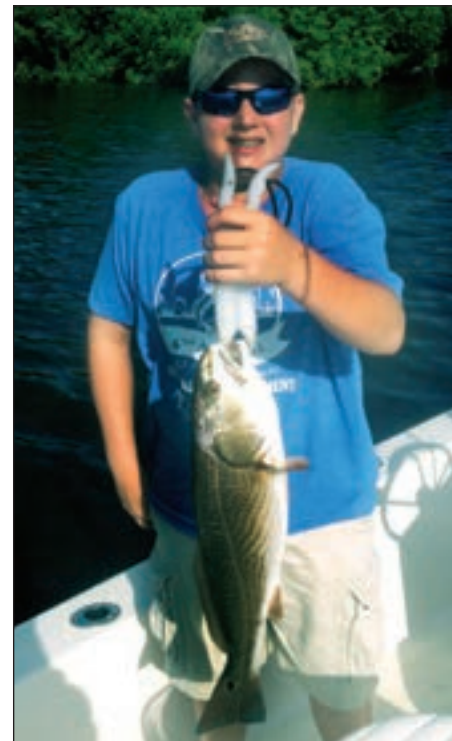
SCCF staff and volunteers also monitor snowy plover nesting on Sanibel. As of June 14, the nest total for snowy plovers is 15:



Sea turtle nest and crawl

photo courtesy of SCCF

## Fish Caught



Cade Frederick with his catch

Cade Frederick, visiting from Kentucky, caught and released a 25-inch reedfish while on a Sea Reed Charter last week.✱

- 3 nests are active
  - 8 nests have hatched 23 chicks. Two nests have 2 chicks, one nest has 1 chick, and all the chicks are gone from one nest; four nests have fledged 5 chicks
  - 2 nests have been depredated
  - 1 nest is gone, fate unknown
  - 1 nest was washed out
- \*false crawl – a failed nesting attempt  
 If you have questions, or would like to know more about nesting stats on Sanibel, contact [seaturtle@sccf.org](mailto:seaturtle@sccf.org) or call SCCF at 472-2329.✱

## Changes To The Commercial Restricted Species Effective July 1

Several changes to the commercial saltwater restricted species endorsement go into effect on Wednesday, July 1.

A restricted species endorsement allows commercially licensed fishermen to harvest and sell certain species.

Changes to the restricted species endorsement include:

- Providing an additional method for individuals to document a permanent disability.
- Increasing the amount of time a family member of a restricted species endorsement holder, who dies or becomes disabled, has to apply for a restricted species endorsement from one to three years and waiving the income qualification requirement for a full license year once the family member receives the endorsement.
- Modifying the qualification requirements to prevent misuse of an exemption that allows fishermen to obtain a restricted species endorsement when purchasing a used commercial fishing vessel.
- Removing language referencing outdated provisions.
- Clarifying and updating language on what forms of income verification are acceptable.
- Defining the term "immediate family."

These changes were approved by the Florida Fish and Wildlife Conservation Commission at its April meeting in Tallahassee.✱



**Island Restaurant**

*Enjoy Indoor & Outdoor Dining  
in a casual and friendly atmosphere.*

**Lunch & Dinner**  
11 a.m. to 9:30 p.m.  
**Happy Hour Daily**  
4 to 6 p.m.

Reservations Accepted  
**239-472-0223**

**2055 Periwinkle Way**  
**Sanibel, FL 33957**  
*Located in the Forever Green Shopping Center next to Eileen Fisher*  
[www.CipsPlace.com](http://www.CipsPlace.com)



★★★★

**FOOD**

Are you a Frequent Piezer yet...



**239-47BEACH**  
**(239-472-3224)**  
[www.beachpiez.com](http://www.beachpiez.com)

**2441 Periwinkle Way**  
*In Bailey's Shopping Center*

**Monday - Thursday 11am - 9pm • Friday - Saturday 11am - 10pm**  
**Sunday 12pm - 8pm**

Pizza

*Fresh from the oven waiting for you*

Subs

*For when you need a sub*

Drinks

*Water and Coke products*

*Delivery to job sites, businesses AND beach access from open to close!*



# Welcome to Jerry's of Sanibel



Hello Shoppers of Sanibel,

When you shop Jerry's of Sanibel you'll experience much more than just quality grocery shopping and dining at Jerry's Restaurant.

There are just enough shops at Jerry's to turn an ordinary day into an extraordinary day.

Before shopping at Jerry's Foods, you can enjoy the wonderful courtyard to relax with family and friends; it's a little piece of paradise teeming with colorful exotic birds!

Stop by and say hello!

Regards,  
Jerry's of Sanibel  
1700 Periwinkle Way,  
Sanibel Island, FL 33957

**SANIBEL'S  
FINEST**

## ARTS & CRAFTS

Fax 239.472-1658

Toll Free 866.746.6574 • 239.472-6776

Hours:  
9 a.m. to 9 p.m. 7 days

## fantastic seafood

..... Thur., 6.25.2015 - Wed., 7.1.2015

Farm Raised  
**Salmon**

save  
2.00lb.

**10<sup>99</sup>**  
lb.



Jerry's  
**Key Lime  
Pie**

The best key lime pie  
on the island!

**12<sup>99</sup>**



save  
1.00ea.

Fresh, Sweet  
**Pineapple**

**3<sup>99</sup>**  
ea.



Boars Head  
**All  
American  
BBQ  
Chicken**

**9<sup>99</sup>**  
lb.

save  
1.00lb.



Boars Head  
**Yellow  
& White  
American  
Cheese**

**5<sup>99</sup>**  
lb.

save  
1.00lb.



**Beers of Summer!**

Choose from our  
**Seasonal Varieties**  
Assorted Varieties, 12/12 oz.

**15<sup>99</sup>**



(239) 472-9300

1700 Periwinkle Way  
Sanibel Island, FL  
Open 6AM - 10PM  
[jerrysfoods.com](http://jerrysfoods.com)

**JERRY'S**  
Foods

At Periwinkle & Casa Ybel





### Open Face Watermelon Sandwiches

¼ medium-sized watermelon, seeds and rind removed  
 1 handful fresh mint leaves, chopped  
 8 ounces goat cheese  
 ½ loaf crusty bread, sliced thin  
 Olive oil  
 Kosher salt to taste  
 Fresh ground pepper to taste  
 Crumble chilled goat cheese into a small bowl. Lightly mix cheese and chopped mint. Taste for seasoning and adjust with salt and pepper. Cut bread into 8 small slices and drizzle

with olive oil. Toast bread slices until golden brown and crispy on top. Let bread cool slightly. Spread cheese mixture on the top of each slice of bread. Cut watermelon slices into fun shapes and layer watermelon on top of cheese. Lightly season the top of the sandwiches with salt and pepper. Serve at room temperature.

Yield 4 servings

Look for Fresh from Florida ingredients at your grocery store.✱

Read us online at  
[IslandSunNews.com](http://IslandSunNews.com)



Open Face Watermelon Sandwiches

## BEST TAKE-OUT ON THE ISLANDS



ORGANIC JUICES, FRESH SMOOTHIES,  
 COFFEE HOUSE, HEALTHY EATS AND GIFTS.

P: 239.312.4085

2003 PERIWINKLE WAY  
 SANIBEL ISLAND, FL

LOCATED IN TAHITIAN GARDENS PLAZA  
[www.loveamongtheflowers.com](http://www.loveamongtheflowers.com)  
 Daily Hours M-Sat. 10-6



## IL TESORO RISTORANTE

FINE ITALIAN CUISINE

Open 7 days a week

751 Tarpon Bay Road • 239.395.4022

Fresh fish, meat, and pasta dishes, rated best wine list  
 on the island, famous coconut tiramisu  
 Menu at: [www.ilttesoro.net](http://www.ilttesoro.net)

[www.facebook.com/ilttesorosanibel](http://www.facebook.com/ilttesorosanibel)

## The Sanibel Sprout

2463 Periwinkle Way  
 in the Bailey's Center

### Vegan Cafe and Juice Bar

Open 8:30 am to 7 pm  
 Monday through Saturday

239-472-4499

Gourmet vegan cuisine  
 100% organic and non-GMO  
 Catering and special orders welcome  
 Sanibel's original fresh juice and smoothie bar  
 Open for breakfast, lunch and dinner

[www.sanibelsprout.com](http://www.sanibelsprout.com) Follow Us On facebook: The Sanibel Sprout



## Restaurant & Deli

Daily Lunch Specials • Salad Bar • Take-Out  
 or Eat In • Breakfast • Lunch • Dinner  
 Open Daily 6 a.m. - 10 p.m.



CALL FOR  
 DAILY SPECIALS  
 472-9300



## Gramma Dot's

The Only Dockside Dining on Sanibel

Located at the Sanibel Marina

Specializing in Local Seafood

We also feature Petite & 10 oz. Filet Mignons

Dining Awards: 6 years running

472-8138



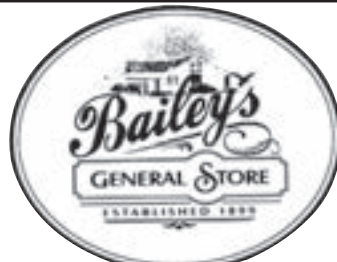
Monday - Thursday  
 11am - 9pm  
 Friday - Saturday  
 11am - 10pm  
 Sunday  
 12pm - 8pm

239-472-BEACH  
 (239-472-3224)  
[www.beachpiez.com](http://www.beachpiez.com)



2441 Periwinkle Way  
 In Bailey's Shopping Center

Pizza  
 Subs  
 Drinks



## FULL DELI, BAKERY DAILY LUNCH SPECIALS COLD BEVERAGES

Call us for your cookout, picnic  
 and party needs. We'll take care of you!  
 Corner of Periwinkle Way & Tarpon Bay Road  
 472-1516



Take-Out or Delivery

239.472.2534

Open Daily

11am to 9pm

Your neighborhood  
 broasted chicken joint.

2496 Palm Ridge Rd. Sanibel Island



## Sanibel Deli & Coffee FACTORY

PIZZA & WINGS

CALL AHEAD 472-2555

Across from  
 CVS in  
 Palm Ridge Place

BOARS HEAD MEAT!  
 FROZEN YOGURT &  
 ICE CREAM

~ OPEN ~ Mon. 7am-3pm  
 Tues. Wed. & Thurs. 7am-8pm  
 Fri & Sat. 7am-9pm  
 Sun. - Seasonal



## Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to [tutsie@centurylink.net](mailto:tutsie@centurylink.net). Each week, individual work will be showcased.

later penned on a sheet of white paper  
the hint of an image, a scent of a vapor  
but not imprisoned – set free,  
an alchemy for all to see.

Poetry never has a time-out moment,  
there will always be subjects for a sonnet

You will not find benched on life's path  
a Frost, Collins, Oliver or Plath.  
So I sit and wait to see  
whatever might appear to me.

Life and death walk by hand-in-hand  
trailed by mortal themes – a merry band

A singing bird perches near  
"Take note" "Take note" I think I hear.

"Write about all this clamor, all this shout,  
get it down before you're out!"

My arm reaches toward the blaze,  
fingers scoop words as if in a daze,  
wrap them round me so they can thrive  
cradled lovingly to come alive  
Speak Africa, America, back at home  
write this life in a poem.

*Tanya Hochschild is member of a Sanibel Writers Group, has participated in Artpoems and Writer's Reads on the island, and had two books published.\**

selected by Tanya Hochschild

### What Is Poetry?

by Tanya Hochschild

Poetry is kindling begging to be fire  
drawn from heart, anger, desire  
A giving tree grown from a seed,  
a puppy tugging on a lead  
driven mad to uncover a scent.  
Poets are as driven, as hell-bent.

Poems born from glows in the dark  
inspired from the tiniest spark –  
from the hectic dazzle of company kept  
the sad circumstance of a life bereft  
A smidgen of laughter, a flood of tears  
recorded routine through the years.

A memory emerges, doffs its hat,  
then the fugitive escapes, just like that



River City Brass Ensemble will perform a patriotic program at Shell Point Retirement Community on July 10 at 7:30 p.m. photo courtesy of Shell Point Retirement Community

## Shell Point Summer Concert Series Features River City Brass Ensemble

Shell Point Retirement Community's Summer Concert Series continues with a patriotic program by the River City Brass Ensemble on Friday, July 10 at 7:30 p.m. in The Village Church on The Island at Shell Point.

River City Brass Ensemble is an eight-piece band with a unique repertoire, virtuoso musicians and accessible performers. The ensemble's mission is to entertain, educate and engage audiences about the American musical culture.

River City Brass Ensemble will be accompanied by world-renowned tuba soloist Dr. James Gourlay on Shell Point's stage.

Tickets to this performance cost \$20, and may be purchased online at [www.shell-point.org/concerts](http://www.shell-point.org/concerts) or by calling 454-2067.\*

## Dine on Captiva with Colorful Water Views

**THE GREEN FLASH**  
Open Daily: Lunch: 11:30am to 3:30pm  
Dinner: 5:30pm to 9:30pm  
15133 Captiva Dr.  
Captiva Island, Florida 33924  
(239) 472-3337

## A Captiva Island Tradition Since 1976 Come by Land... or Come by Sea...

**The Mucky Duck**  
Since 1976

Lunch 11:30 AM 'til 3:00 PM  
Dinner 5:00 PM 'til 9:30 PM  
Open 7 Days  
Open all day for beer & wine  
472-3434 • [www.muckyduck.com](http://www.muckyduck.com)

**TRADERS**  
Gulf Coast Grill & Gifts

**Coastal Cuisine - Raw Bar  
Shopping - Jewelry**

Live Entertainment!  
Tuesdays - Thursdays

A favorite Island spot, since 1998

**TRADERS HOURS**  
Lunch 11:00 - 2:30 • Happy Hour 3:00 - 6:00 • Dinner 5:00 - 9:00  
Open Monday - Saturday

**239-472-7242**  
1551 Periwinkle Way, Sanibel Island  
[TradersSanibel.com](http://TradersSanibel.com)



# Highlights Of Sam Bailey’s Islands Night 2015



Sanibel City Councilman Marty Harrity and Mayor Kevin Ruane participated in the parade around the diamond during Sam Bailey’s Islands Night, held at Hammond Stadium in Fort Myers last Wednesday night

photos by Jeff Lysiak and Rachel Atkins



Miracle catcher Mitch Garver, right, hands the ceremonial first pitch ball to Sanibel Little Leaguer Preston Hall, who is congratulated by Marty Harrity





The Beacons Quartet from Sanibel Community Church sang *God Bless America* during the 22nd annual Islands Night

 <p><b>Near-Beach</b></p> <ul style="list-style-type: none"> <li>• Gulf across street</li> <li>• Easy living 1 bedroom</li> <li>• Ground-level unit</li> <li>• Peek of Sanibel River</li> <li>• \$250K</li> </ul>	 <p><b>Condo With Garage</b></p> <ul style="list-style-type: none"> <li>• Roomy 2 bedroom</li> <li>• Wide views of river</li> <li>• Top floor privacy</li> <li>• Clubhouse &amp; beach</li> <li>• \$449K furnished</li> </ul>	 <p><b>Take Your Pick at Mariner Pointe—All Furnished Units</b></p> <ul style="list-style-type: none"> <li>• 1130 sq.ft. 2 bedroom 2 bath floor plans with glassed lanai or balcony</li> <li>• 2 pools, beach access, boat docks, tennis, fishing pier, on-site mgr</li> <li>• #332: 2nd floor remodel with private deck overlooking canal \$480K</li> <li>• #811: ground-floor walkout with bay view &amp; updated kitchen \$499K</li> <li>• #842: 2nd floor 1st tier back from bay so protected water view \$499K</li> </ul>	 <p><b>Income Producer</b></p> <ul style="list-style-type: none"> <li>• 3rd floor 2 bedroom</li> <li>• Courtyard to gulf view</li> <li>• Grossing \$40K+/yr</li> <li>• Loggerhead Cay</li> <li>• \$499K furnished</li> </ul>
 <p><b>Sundial East Condos</b></p> <ul style="list-style-type: none"> <li>• 2 bedroom &amp; den with covered parking</li> <li>• Updated with new kitchens/baths &amp; more</li> <li>• Community pool &amp; rental income too</li> <li>• #O201 ~1674 sq. ft. \$699K furnished</li> <li>• #R401 ~1757 sq. ft. \$824K furnished</li> </ul>	 <p><b>Gulf &amp; Sunset Views</b></p> <ul style="list-style-type: none"> <li>• 2nd floor Sand Pointe</li> <li>• Remodeled kitchen</li> <li>• Update baths</li> <li>• Years of rental income</li> <li>• \$749K furnished</li> </ul>	 <p><b>Right on The Beach</b></p> <ul style="list-style-type: none"> <li>• Sanibel Surfside</li> <li>• East-end 2 bedroom</li> <li>• Rental income</li> <li>• This gulf view</li> <li>• \$874K furnished</li> </ul>	 <p><b>Residential Lot</b></p> <ul style="list-style-type: none"> <li>• Sanibel Bayous</li> <li>• Cul-de-sac privacy</li> <li>• Umbrella Pool Rd</li> <li>• Near beach &amp; bayou</li> <li>• \$379K</li> </ul>
 <p><b>Gumbo Limbo Home</b></p> <ul style="list-style-type: none"> <li>• 3 bedrooms plus den</li> <li>• Updated kitchen</li> <li>• Remodeled baths</li> <li>• Private 170' wide lot</li> <li>• \$474.9K</li> </ul>	 <p><b>Just Off Island</b></p> <ul style="list-style-type: none"> <li>• Laguna Lakes</li> <li>• 5 bedrooms 4 baths</li> <li>• Pool, spa, kol ponds</li> <li>• Numerous upgrades</li> <li>• \$549K</li> </ul>	 <p><b>Long Lake View</b></p> <ul style="list-style-type: none"> <li>• Split-plan 3 bedroom</li> <li>• In Little Lake Murex</li> <li>• Large screened pool</li> <li>• Beach access too</li> <li>• \$749K</li> </ul>	 <p><b>Golf Course Luxury</b></p> <ul style="list-style-type: none"> <li>• On Baltusrol Ct</li> <li>• In The Sanctuary</li> <li>• 3 bedroom suites</li> <li>• Office, pool, &amp; spa</li> <li>• \$1.45M</li> </ul>

2242 Periwinkle Way  
Sanibel Square  
Suite 3

**472-HOME**  
(4663)  
888-603-0603

**Sanibel**  
REALTY ASSOCIATES  
*Susan*  
**SanibelSusan.com**





Dorothy Ault



Terry Shattuck



Jaye Boswell



Ellie Harries

Sanibel-Captiva Art League  
**Artists Exhibit Paintings  
At Sanibel Public Library**

Over 50 paintings by members of Sanibel-Captiva Art League are currently on view at the Sanibel Public Library, 770 Dunlop Road. By displaying their work in this Annual Summer Art Show, the artists attain goals set during past academic and studio studies and during local painting workshops. These shows provide local artists with encouragement to practice and improve their skills while sharing their work with the community to critique and purchase. Some of the artists have only recently started painting while others have

won awards and also show their work in art galleries throughout the year. The ever-popular island scenes with tropical vegetation and wildlife are a favorite for island residents who wish to decorate their homes as well as for visitors who wish to “take a little of the island back so they can remember their vacation in paradise.” Each original painting is a different interpretation and unique to the individual artist’s style. There are exquisitely beautiful watercolors rendered with precision and expert technique while other paintings have wildly-colorful expressionistic brushstrokes that evoke emotional content. As part of the Art Council of Southwest Florida in Lee, Charlotte and Collier and other nearby counties,



Enjoy unobstructed golf course views from this 3BR/2BA with Large Heated Pool. Deeded Beach Access near Causeway. Call for private showing.



**Isabella Rasi**  
**239-246-4716**



**ENGEL & VÖLKERS**

1101 Periwinkle Way #105, Sanibel, FL  
isabellarasi@aol.com





ISLAND LAW OFFICE OF  
**JANET M. STRICKLAND**  
P.A.

**Wills, Trusts & Estate Planning  
Probates & Estates  
Business & Corporate Law**

Member of The Real Property,  
Probate & Trust Law Section of The Florida Bar  
Lee County Bar Association.  
AV Rated by Martindale-Hubbell  
BBB Accredited Business Rated A+

**25 Years Experience**  
**(239).472.3322**  
Behind The Village Shops  
2040 Periwinkle Way, Suite J-1, Sanibel FL 33957  
www.jmstrickland.com



**NATURE  
BRACKETS**

New designs available at  
**Forever Green Ace Hardware and  
J.N. "Ding" Darling Wildlife Refuge**

For a full mailbox, call Dave at 454-1001  
**naturebrackets.com**





San-Cap Art League also provides opportunities for artists to enter their paintings in several juried shows throughout the year that are judged by nationally-known artists. Frequently, the judge will give a public gallery talk afterward and explain why he chose certain paintings to receive awards and rejected others from the exhibit. Residents and visitors are invited to view these exhibits and attend receptions. The next Art Council Show will be held at BIG ARTS Phillips Gallery in January 2016.

To see current show, call the Sanibel Public Library at 472-2483 for regular hours or log on to [www.sanlib.org](http://www.sanlib.org). The library has a newly-expanded media center with periodicals, reference material, CD's and DVD's, tapes and computers with Internet access for all to use. For more Art League information, write P.O. Box 1192, Sanibel, FL 33957 or log on to [www.sancapart.com](http://www.sancapart.com).



Pauline Healey

## Bank Unveils New Art Exhibit



Bank of the Islands' Darrin Grotian, Tower Gallery artist Joan Roberts and the bank's Sanibel/Captiva office manager Willy Ocasio

Bank of the Islands is displaying new artwork as part of its continuing series of lobby exhibits showcasing local artists. The recently created art program is presented in association with Tower Gallery, Lee County's oldest art collective.

The second artist to be featured in the series is Joan Roberts. Her paintings will be on display during banking hours through July 6.

"Joan's work has won numerous awards in Chicago and Florida, and her work hangs in private collections throughout the United States," said Bank of the Islands Sanibel-Captiva Office Manager Willy Ocasio. "We invite our customers and neighbors to stop by our Sanibel office to see her paintings."

Roberts paints in oil and acrylic, combining impressionistic and expressionistic styles. Her work is recognized for its flowing brush strokes and creative interpretation of subject matter.

Bank of the Islands is at 1699 Periwinkle Way.

## Goodwill And Boy Scouts Partner To Retire American Flags

As Americans celebrate our nation's independence this July, Goodwill and the Boy Scouts of America are combining resources to collect used, soiled or damaged U.S. flags. On July 5 and 6, select Goodwill stores in Lee, Collier and Charlotte counties will collect unserviceable flags for a proper, dignified retirement.

"People often donate their flags because they're not sure what else to do with them," said Rick Evanchyk, president and CEO of Goodwill Industries of Southwest Florida. "We want to reassure people that their flags are being handled with the utmost care. Through our partnership with the Boy Scouts Southwest Florida Council, we can provide this needed service and also help educate the community."

Collection containers will be placed at Goodwill Retail & Donation Centers in Cape Coral (Pine Island Road location), Lehigh Acres, Port Charlotte, Fort Myers (Daniels Road and Island Park locations), and Naples (Towne Centre location). Stores are open from 10 a.m. to 6 p.m. on July 5 and 9 a.m. to 8 p.m. on July 6.

Collected flags will be transported to Boy Scouts of America for retirement.

"Flag retirement has been a tradition for Boy Scouts for decades," said Greg Graham, scout executive and CEO of the Boy Scouts of America Southwest Florida Council. "It teaches our scouts respect for the country. They are retiring a symbol of honor, courage and strength of our nation where many have selflessly sacrificed for others' freedom."

Scouts retire flags in a formal ceremony. Each scout is encouraged to comment about our nation and freedom during the retirement.

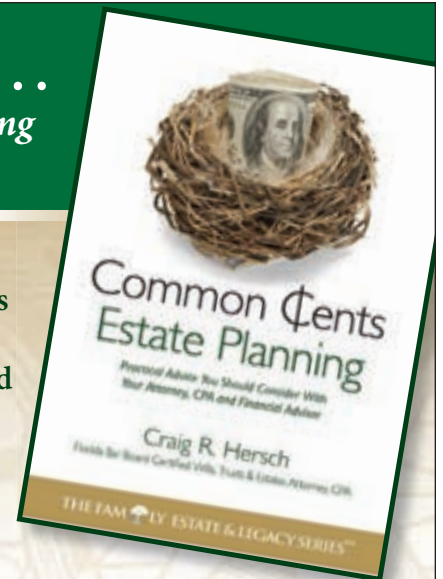


Boy Scouts of America will properly retire donated flags

## Just Published... *Common Cents Estate Planning* by Craig R. Hersch



Craig Hersch is a Florida Bar Board Certified Attorney and "Will Power" columnist



This groundbreaking book is based on attorney Craig R. Hersch's 25 years of experience helping clients address real life estate planning situations. Topics include:

- Will and Trust basics
- Beneficiary matters
- Estate planning for second and blended marriages
- Dealing with family dynamics
- How Florida estate planning is unique
- Probate and trust administration basics

Mr. Hersch's new book is available at **Amazon.com**.

To order a copy, follow the link at **[www.sbshlaw.com/books](http://www.sbshlaw.com/books)**.



SHEPPARD, BRETT, STEWART,  
HERSCH, KINSEY & HILL P.A.  
Attorneys at Law

9100 College Pointe Ct., Fort Myers, FL 33919  
**239-334-1141 | [www.sbshlaw.com](http://www.sbshlaw.com)**



# Archery Program Hitting Target At Summer Camp



Youth activities coordinator Dave DeFonzo, right, demonstrates the proper stance and bow grip with the assistance of summer camp participant Nick Condosta at the Sanibel Recreation Center's archery range

photos by Jeff Lysiak

by Jeff Lysiak

For the second consecutive year, the elder participants (grades six, seven and eight) of the Sanibel Recreation Center's Summer Day Camp program are honing their archery skills. Each week, campers are learning more about the ancient sport and improving their bow-and-arrow techniques.

"We now have five Level 1 archery instructors," said Dave DeFonzo, youth



Tiffany Casola, right, uses a hand signal to alert campers that the archery range is "hot"

activities coordinator at the rec center. "This is actually our third year overall with the program, but our second year learning on our home turf."

Previously, DeFonzo explained, campers traveled to off-island archery ranges. Currently, archery is offered every Wednesday from 10:30 to 11:30 a.m. Youngsters are equipped with standard Genesis compound bows and Easton 18-20 aluminum arrows. They shoot at targets placed 10 yards away.

"I started practicing a couple of months ago," said camp counselor and archery instructor Matt Casola. "My sister, Tiffany (also a camp counselor and archery instructor), bought a longbow for herself, so I really got more into it."

Last week, campers were lectured intensively on the "safety first" nature of the sport. Instructors briefed each participant on the 11 verbal and whistle commands most frequently used in archery:

- Stance
- Nock
- Hook & Grip
- Posture/Alignment
- Raise Bow
- Draw
- Anchor
- Transfer To Hold



Campers draw, anchor and aim under the watchful eye of archery instructors

- Aim
- Release/Follow-Through
- Feedback

"The more you pull back on your bow, your arrow is going to go faster and straighter," Tiffany Casola told the camp participants.

The young archers must also learn a series of whistle commands, which include two blasts for approaching the range master line, one blast for shooting and three blasts for retrieving their arrows from the target. A series of five (or more) blasts signals an emergency, and all activity on the range must stop.

"We've got a good mix of rookies and veteran shooters... and some of these kids have gotten really good at it," added DeFonzo, who noted that last year the rec center organized its first after-school team, which squared-off against archers from different area clubs. "It's a great sport because it's not age or gender specific. And it's independent yet still team-oriented. It's become one of the highlights of our summer camp."

In addition to archery, campers participate in activities such as swimming, arts and crafts and athletics as well as a variety of games. Special guests, along with an enhanced field trip itinerary, will also

be a part of the action. The camp operates Monday through Friday from 8 a.m. to 5 p.m. through August 21.

Weekly camper fees vary from \$89.25 (members) and \$115.50 (non-members) for early bird registrants to \$107.25 (members) and \$138.75 (non-members); call 472-0345 for registration dates and fees. Financial assistance is also available to qualifying families.

As part of the registration fee, breakfast and lunch will be provided daily as well as an all-inclusive weekly field trip itinerary. Campers should bring a swimsuit, towel and sunscreen daily.

This year's remaining off-island field trips include:

- Wednesdays (grades 1 to 3) – MOSI Museum in Tampa on July 1, Sky Zone Trampoline Park on July 8, Miccosukee Village airboat ride on July 15, bowling in Fort Myers on July 22, Babcock Ranch Wilderness Tour on July 29, *Aladdin* at Broadway Palm on August 5, Naples Zoo on August 12 and Zoomers in Fort Myers on August 19.

- Thursdays (grades 4 to 8) – Tampa Bay Rays at Tropicana Field on July 2, Sky Zone Trampoline Park on July 9, Sun & Fun Lagoon in Naples on July 16, bowling in Fort Myers on July 23.

**GREENHOUSE GRILL**

*Discover the Ancient Flavors and...*

*...the Unique Freshness for the Discriminating Palate...*

*...to Sinfully Tempt Your Mind*

*Seafood, Steaks, Chops, Vegetarian Dishes, Burgers, Salads*

Serving Lunch & Dinner  
2407 Periwinkle Way, Sanibel  
**239-472-6882**

Owner Chef Carlo DiSorrento & Diane Badalich  
Open 7 Days In Season 10:30 am - 9 pm  
Outdoor Dining Available, Reservations Appreciated  
[www.greenhousesanibel.com](http://www.greenhousesanibel.com)

# Elegant Outdoor LIVING

The Finest in Outdoor Furnishings

Tommy Bahama, Brown Jordan, Winston, Patio Renaissance, Tropitone, Telescope, Castelle, and many more.

**Bonita Springs**  
**239-495-0900**  
28811 S. Tamiami Tr.  
(½ mile south of Bonita Beach Rd.)

**Naples**  
**239-262-0085**  
3666 N. Tamiami Tr.  
(next to Mel's Diner)

**South Ft. Myers**  
**239-481-6100**  
15121 S. Tamiami Tr.  
(½ mile south of Gladiolus at Jamaica Bay & 41)

**Designer Program~Worldwide Shipping**  
*Family Owned and Operated Since 1987*

**Our Annual Inventory Sale**

**EXTRA 10% OFF STOCK**  
At Our Fort Myers Location only  
*\*excludes prior purchases and clearance*

Mon.-Sat. 10am-6pm | Sunday 12-5pm | [www.ElegantOutdoors.com](http://www.ElegantOutdoors.com)

Elegant Outdoor Living  
Industry Partner of ASD





Dave DeFonzo demonstrates the proper stance for camp participants



Keeping a straight and steady arm will improve target accuracy, Dave DeFonzo noted

Bamboozles Skate Park on July 30, Footloose at Broadway Palm on August 6, Adventure Island Water Park in Tampa on August 13 and Zoomers in Fort Myers on August 20.

• Friday Special Events & Guests – Big Kahuna Water Slide on June 26, Wipe Out Water Slide on July 3, Petland Animal Show on July 10, Inflatable

Obstacle Course on July 17, SWFL Bubble Soccer on July 24, Double Slip & Slide Water Tunnel on July 31, John Storms' World of Reptiles Show on August 7, Super Wild Rapids Water Slide on August 14 and Full Face Paint Balloon Art on August 21.

For more information, call the Sanibel Recreation Center at 472-0345.\*



Last Wednesday's first group of shooters prepare to fire their arrows



Dave DeFonzo and camper Nick Condosta hang a target at the archery range

## Buying, Selling or just want to chat... Talk to Chuck!

### 557 North Yachtsman



Furnished 4 BR/3 BA Old Florida Style, Community pool & tennis. East end near beach, marina.

**\$849,000**

### 690 Birdie View Point



Build your Island dream home on Sanibel Island Golf course. Walk to the beach

**\$384,000**

### Mariner Pointe # 813



VIEWS! Updated, furnished 2 BR/2 BA corner unit. Impact sliders. Amenities! Boat Slips!

**\$459,000**

### 4203 Dingman Drive



Beautiful Renovation! 4 BR/3 BA with pool on approximately 1 acre across from beach.

**\$2,695,000**

### Sandalfort 4C3



GULF VIEWS! Steps to beach. Furnished 2 BR, 2 BA top floor unit. Pool, tennis, on site Mgmt.

**\$699,000**

### Commercial Lots - Tamiami Trail



Two parcels, A & B zoned Commercial General. Parcel A is approx. 4.5 acres. Parcel B is approx. 2.0 acres. Survey available. **(A) \$1,150,000 (B) \$400,000**

### Gulf Harbour SHORT SALE



Beautiful river views! Stunning 3 BR, 3 BA with den/office highrise condo in Gulf Harbour... Right on the river! AMENITIES!!! **\$599,000**

### 3099 Cussell Dr. (Pine Island)



Build on this large corner, canal front lot with sea wall. Direct gulf access in minutes. Room to build 40 ft. dock. **\$279,000**

### 1176 Lake McGregor Drive



Investment Opportunity! Lakefront, vacant residential lot that can accommodate multi family housing. Close to shopping, beach... **\$299,000**



**CHUCK BERGSTROM**  
Island Resident • Award Winning Realtor®

CHUCK@CHUCKBERGSTROM.COM  
WWW.BUYSELLCHATSANIBEL.COM



2400 Palm Ridge Road  
Sanibel, FL 33957  
11508 Andy Rosse Lane  
Captiva, FL 33924

Direct: **239-209-6500**

Office: **239-472-2311**

Toll Free: **800-388-2311**

## Great Service! Great Dedication! Great Results!



# Spieth’s Thrilling U.S. Open Title Has Him 6-1 Favorite To Win British Open



by Ed Frank

The crowds hadn’t even departed the controversial Chambers Bay golf course last Sunday following Jordan Spieth’s thrilling – yet somewhat gift-giving – triumph in the United States Open when the odds-makers tabbed him a 6-1 favorite to win next month’s British Open. And, by the way, the Las Vegas bookmakers tabbed the 21-year-old phenom at 30-1 to win the Grand Slam. Remember, no one in the history of golf has ever won all four major golf tournaments in the same year. Spieth’s capture of the U.S. Open places him in the elite company of five other golfing giants who won the first two legs of the Grand Slam – the Masters and the U.S. Open – in the same year. Only Ben Hogan won the third major, the British Open, that same year.

Here is the list: Tiger Woods, 2002; Jack Nicklaus, 1972; Arnold Palmer, 1960; Ben Hogan, 1953; Craig Wood, 1941, and now Spieth, 2015. Spieth is the youngest.

If you’re a betting man or woman, you might want to gamble a few bucks at 30-1 that the likeable Texan will accomplish something that has never been done in the long history of the grand old game.

Reportedly, the odds on Spieth to win all four majors this year were 2,500-1 prior to his runaway victory in the Masters.

Earlier this month, we witnessed another historic triumph when American Pharoah won horseracing’s Triple Crown – the Kentucky Derby, the Preakness and the Belmont Stakes – a feat that hadn’t been accomplished in 37 years.

So maybe this is the year that Spieth will write another new page in sport’s history. His victories in the Masters and the U.S. Open have most likely earned him the title of “Athlete of the Year.” To win the final two majors this year would be the story of the decade,

Interestingly, Rory McIlroy – who finished five strokes behind Spieth in the U.S. Open – is a heavier favorite than Spieth to win the British Open. McIlroy’s early odds are 4-1 compared to Spieth at 6-1. These young titans, clearly the two best golfers in the world, currently hold all four major titles at once.

Millions of words have been written and spoken about the design and condition of Chambers Bay. And it’s doubtful that the PGA will select this course again for a championship unless improvements are made to the greens and better accommodations are provided for the galleries.

But you won’t hear Jordan Spieth complain, not after he backed into the U.S. Open title when Dustin Johnson three-putted the final hole.

If you want to play this public course, be prepared to walk its difficult terrain – about 8 to 10 miles for the 18 holes. There are no cart paths and walking is mandated. And, incidentally, the greens fee is \$299 for a non-resident.

**Twins First Draft Pick, Tyler Jay, Assigned to Fort Myers Miracle**  
Tyler Jay, the Big Ten Pitcher of the Year and the Minnesota Twins first-round draft selection (sixth overall), will begin his professional career here with the Advanced-A Fort Myers Miracle.

The 21-year-old hurler was rated as the ninth best prospect in the draft by MLB.com and having the best breaking ball in the 2015 draft. He signed a \$3.8 million bonus just a few days after being selected.

**Miracle Win 11 Of 13 As First-Half Nears End**  
The Fort Myers Miracle began this week having won 11 of their last 13 games to improve their season record to 36-32 with just two games remaining in the season’s first-half.

The Miracle returns to Hammond Stadium tonight, Friday, to oppose the Charlotte Stone Crabs at 7:05 p.m. Charlotte is the Florida State League’s South Division champion for the first-half of the season.✽

## SPORTS QUIZ

1. How many teams did Jim Fregosi play for during his 18-year major-league career?
2. Name the last American League pitcher to have five consecutive 20-win seasons.
3. What two college football teams played in the first BCS national championship game that did not feature a team from Florida?
4. In 2013-14, Philadelphia’s Michael Carter-Williams became the third player since 1950-51 to lead all NBA rookies in points, rebounds and assists. Name the first two.
5. Who was the last Flames rookie before Johnny Gaudreau in 2014-15 to have at least 50 points in an NHL season?
6. Name the last NASCAR Cup driver before Kevin Harvick in 2013-14 to finish first or second in six consecutive races.
7. Who are the only two male tennis players to have five or more Australian Open singles titles?

## ANSWERS

1. Four -- the Angels, Mets, Rangers and Pirates. 2. Catfish Hunter, with Oakland (1971-74) and the New York Yankees (’75). 3. In the 2003 season, LSU defeated Oklahoma. 4. Oscar Robertson (1960-61) and Alvan Adams (1975-76). 5. Jarome Iginla, in the 1996-97 season. 6. Jeff Gordon, in 1996. 7. Roy Emerson (six titles) and Novak Djokovic (five).



## Independence Day Parade

The 25th annual Independence Day Parade will be held on Saturday, July 4. The theme this year is Fort The Fun Of It!

The parade line-up will be between 8 and 8:30 a.m. on Island Inn Road and the parade will begin at 9:30 a.m., traveling from Island Inn Road at Tarpon Bay Road down Periwinkle Way to Casa Ybel Road. The parade route will be closed to traffic beginning at 9 a.m. and will reopen after the parade has finished.

Awards will be given in the following categories:

- Best Float – Commercial
  - Best Float – Small Entry
  - Best Nature Theme
  - Best Float – Not-for-profit
  - Best Salute to the U.S. Military
  - Best Original Design
  - Best Float – Family
  - Most Patriotic
  - Best Music.
- Commemorative T-shirts, in a light grey, are available at Bank of the Islands in a variety of sizes for men, women and children, as well as tank tops. They are \$10 each. The shirts will also be sold along the parade route.
- For more information, contact Trish Phillips at 246-2981.✽

## City Seeking Fitness Instructor

The City of Sanibel is seeking fitness instructor quotes for fiscal year 2016 (October 1, 2015 to September 30, 2016). Instructors must be able to offer high quality fitness classes in one or more of the following activities: cycling, yoga, Pilates, BOSU/

ball, Zumba, land aerobics, body sculpting, Tai Chi, group weight room instruction and other activities at the Sanibel Recreation Center and the Center4Life to meet the needs of various fitness levels of our community. Selected fitness instructors must submit to and pass a criminal background check.

Acceptable quotations require the following information:

continued on page 44



**SANIBEL ISLAND GOLF CLUB**

**New Rates effective June 1<sup>st</sup>**  
18-holes - \$49 including cart  
9-holes - \$39 including cart

**Families with juniors welcome and encouraged**  
15 & under FREE with a paid adult  
16 & 17 years old only \$20 with a paid adult

**A beautiful and natural setting abundant with wildlife.**  
(And not just birdies and eagles)

*Annual Memberships, Temporary Memberships,  
Weekly passes, Ten round packages, and Rental Clubs available*

**1100 Par View Drive – Sanibel Island – (239) 472.2626**



Will Power

## From Data To Wisdom



by Craig R. Hersch, Florida Bar Board Certified  
Wills, Trusts & Estates Attorney; CPA

The world changes at a rapid pace. As recently as 25 years ago, fax machines weren't ubiquitous, personal computers were clunky and not very useful, there were no cell phones, and there was no Internet to speak of.

Information bombards each and every one of us daily. The Smartphone in your pocket contains more communication, digital computing and research capabilities than the largest mainframes of a generation ago. We have access to the Internet in our homes, offices and local eateries. Information is more readily and instantaneously available to us now than at any other time

in history. When my mother was diagnosed with acute myeloid leukemia (AML), for example, I searched the Internet for information about its prognosis and treatment.

People tend to search the Internet when making major decisions, whether they are medical, financial or legal. What you have to realize, however, is what kind of information you've discovered. We've all heard, "I learned enough on the Internet to make me dangerous." That's a very true saying. Allow me to take the next step to differentiate between the four different levels of information.

Data is the first level. Data is everywhere... but it's fleeting, relevant only in the moment. Stores record the amount of sales revenue daily. The rise and fall of stock prices, the number of individuals affected by a flu virus and how many new jobs were created in the past quarter. Newspapers cite data from baseball player's hitting averages to the amount of rainfall recorded in the past 24 hours. We may learn the number of months the average patient diagnosed with AML lives.

Without context, however, data means absolutely nothing.

The second level is information. Information is useful but has a shelf life. The news contains much information, but it may only be relevant today. It's stale tomorrow. The Internet is chock full of information. Some may be from a knowledgeable source, while some other is nothing more than uninformed opinion.

Knowledge is the third level of information. Knowledge has a much longer shelf life than information has, and is usually supported with years of education and experience. Knowledge is not something gained by reading articles in newspapers, magazines and Internet blogs. You may digest information from those sources, but you won't earn any knowledge without being able to put that information into both a historical context and a view of relevant but interrelated factors.

From page 1

## BIG ARTS Musical Revue

Caribbean-styled music, from the classic bolero *Bésame Mucho* ala Luis Miguel to pop hits like Lionel Ritchie's *All Night Long*.

"This is one of those shows that will have you riveted, and at the same time make you want to get up and dance in the aisles," said Logue. "It's about energy and passion, the fun atmosphere of Caribbean music with the dramatic undertones of Latin dance."

Fresh off a week of auditions in New York City, Logue has cast young new talents in the show. Making their Southwest Florida debuts are Marley Dove, Tempestt Perrin, Juan Luis Espinal and Christopher Dean Anderson. Dove is a member of the American Musical Theatre Ensemble while also a student at the Manhattan School of Music. She recently appeared as Meg in the debut of *Moving Right Along: The World of Jeff Blumencrantz*, and in Beethoven's *Symphony No. 9* in Avery Fischer Hall. Perrin recently performed in Skyline Theatre Company's production of *Dreamgirls*. She graduated magna cum laude with a B.A. in dance from Sam Houston State University, and has trained with Joffrey Ballet Summer Intensives, Debbie Allen Dance Intensive, and Broadway Dance Center. Espinal

trained at the Lee Strasberg Theater & Film Institute and has appeared in *One Merry Little Night* at the Lynn Redgrave Theater and *Crystal Method* at the West End Cabaret Lounge, among other shows in New York and his native Dominican Republic. Anderson's regional and New York credits include *West Side Story*, *Beauty and the Beast*, *Carousel* (starring Oscar-winner Shirley Jones), *Broadway Bares* and *The Radio City Music Hall Christmas Spectacular* with the Rockettes, where he also served as associate producer of the Rockette Intensive and Rockette Summer Programs. He recently moved to Southwest Florida where he is the resident choreographer at Naples Performing Arts Center and teaches at Robin Dawn Academy in Cape Coral. Rounding out the cast are local favorite and dance instructor Sheridin Wright and Logue himself.

"They're all amazing, well-rounded performers with stand-out talent. Marley and Juan have voices that will blow you away, while Tempestt's and Christopher's dancing is simply stunning," added Logue. "I'm so excited to be able to hire these fresh young artists – one day, you may be able to say, 'I saw them when ...!'"

Performances are at 7 p.m. on Monday, Tuesday, Wednesday and Saturday each week. Tickets are \$30 for reserved seats and \$5 for students/children, available at the Herb Strauss Theater box office, by calling 472-6862 or online at [www.bigarts.org](http://www.bigarts.org).

Shortly after my mother's AML diagnosis, for example, and after having gained information as to which medical centers treated the disease with success, we flew to Houston's MD Anderson Cancer Center where trained doctors with AML specialties used their years of accumulated knowledge to begin treatment. Through their efforts, my mother achieved remission for many years following a bone marrow transplant, which ended up having to be repeated eight years later. While I had found all sorts of information on the internet about AML, I did not have the knowledge necessary to save my mother's life. Only the expert physicians and their medical teams had that.

Knowledge changes over the years, however. So it too has a shelf life. The cancer treatments of 10 years ago are vastly different than those of today. The knowledge has changed.

In contrast, the highest form of information doesn't have a shelf life – and that highest form is wisdom. Most of the world's major religions are predicated on the wisdom of how to live a full and good life as a human being with all of our faults and foibles. Wisdom can also be found in many of the best medical, legal and financial professionals.

There are some professionals who have knowledge gained from years of experience, but lack the wisdom to choose whether one course of action is better than another – which is the wisdom of how to best apply knowledge. None of us know what the future brings, even the most knowledgeable professionals. Life has a way of surprising us.

I believe that true wisdom comes from a unique ability to filter knowledge and life experience into a fabric of understanding, with an ability to communicate that understanding in a way that endures. It's not always sexy or flashy, but when you find someone who has true wisdom, you never want to lose them.

I therefore try not to confuse data and information with true knowledge and wisdom. This helps me find clarity in my everyday decisions.

©2015 Craig R. Hersch. Learn more at [www.sbslaw.com](http://www.sbslaw.com).

## Registration Still Open For Youth Summer Basketball Camp

The Sanibel Recreation Center will be hosting a Summer Youth Basketball Camp provided by Reed Baker's Nothing But Net Basketball Camp from June 29 through July 2. The camp is for both boys and girls ages 9 to 14. Campers will focus on shooting form and technique, ball handling, passing, fast breaks and other fundamentals while having a great time and making new friends. Camp hours are Monday through Thursday, 10 a.m. to 2 p.m.

The fee is \$105 per child for the week for Sanibel Recreation Center members and \$137.50 per child for the week for non-members. Campers will need to pack a lunch each day. For more information, call Reed Baker at 250-6511 or email him at [NothingButNetBball@yahoo.com](mailto:NothingButNetBball@yahoo.com).

Before and after care will be available from 8 to 10 a.m. and 2 to 5 p.m. at the Sanibel Recreation Center for \$89.25 per child for the week. Register in advance at the front desk.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information, call 472-0345 or visit [www.mysanibel.com](http://www.mysanibel.com).

## 5 ACRES - OPEN HOUSE SAT. & SUN., JUNE 27 & 28 • 12-4PM 16020 Cook Road • Fort Myers (off Iona Road)



Main home built 2006, 3 Bed + den,  
2 Baths, Tropical Pool, Gazebo, Organic  
Garden, 10 Minutes from Sanibel

Historic Cottage, 2 Bed, 1 Bath,  
Working Barn, Bring your Dogs, Cats,  
& Horses, Totally Fenced



**THE FISCHER GROUP**  
**ROGER STENING 239-770-4707**  
**and ZACH FISCHER**  
**TO VIEW HD VIDEO GO TO**  
**[www.facebook.com/TheFischerGroup](http://www.facebook.com/TheFischerGroup)**

**ROYAL SHELL**  
Real Estate



# Boy, Is It Hot!



by Bryan Hayes

Don't you love when people say, "Is it hot enough for ya?" What are you supposed to say? Nah, I like it when it's about 104 or 105 and why don't you throw in some 100 percent humidity

and I'll be just swell. Well, as the title implies, it sure gets hot down here in sunny Florida. There are certain things that can be done to make us as comfortable as possible during this time of year. With the miracles of modern machinery, we have air conditioning. Just imagine for a moment where we would be in the state of Florida without air conditioning – Would we be here? I wouldn't. We rely on air conditioning to keep us cool and dry. As with all mechanical equipment, it requires a certain amount of up keep. Besides air conditioning, there are other ways to

keep cool and save money at the same time. Here are some tips that should help:

- Have your system checked at the very least once a year by a state-certified air conditioning contractor. The money spent for this check almost always is saved in energy bills, and even more so, it prevents a great deal of troubles down the road. A little hint here: air conditioning systems all seem to break down at the same time. When it is hot, stay ahead of the curve and get your system checked before it's unbearable to be without.
- Keep your ceiling fans going 24 hours a day, seven days a week. The amount of energy that is required to run your air conditioning for one hour can run all of the ceiling fans in your home for the same amount of time. This is not to say that you can turn your air conditioning off... and please don't, you'll

put me out of business. But you may be able to run your air conditioning a little warmer because of the evaporative effect created by the air movement created by the ceiling fans.

- Prevent that sunshine from coming in. Natural light is a wonderful thing, but it is one of the major contributing heat sources infiltrating your home. Close the blinds on the sunny side of the house.
- Keep that fridge coil clean. This may sound like a strange suggestion, but your fridge coil is the part that distributes the heat out of your refrigerator. If the coil is dirty, the system has to run longer, which does two things: it raises your electric bills to run the fridge longer and adds more heat to the conditioned space that needs to be removed. A fridge brush can usually be obtained at a hardware store, If they don't have them in stock, I bet they'll

continued on page 47



## SAN CAPA

Michael P. Miller CPA, P.L.

We recommend Tax Saving Strategies that help you...

Businesses and individuals pay the lowest amount of taxes allowable by law because we continually look for ways to minimize your taxes.



Call 239.472.1323  
1648 Perwinkle Way, Suite D Sanibel

A CPA spends years preparing for moments just like these.

Superior Interiors

## Working With Color Is As Easy As 1-2-3

by Barb Cacchione



Nothing helps you create a mood or enhances your level of comfort in your home better than color.

Choosing the right color can actually heighten the excitement you feel

when entering a room, or conversely, calm your nerves. And I find that nothing will help you create more design unity than the effective use of color.

Working with color is as easy as 1-2-3. So, please don't be afraid to add a bit of liveliness and excitement into your rooms this year.

First, select the color you want to use for the largest areas of your room – primarily the walls and floors. This could be a paint color or even a wall covering, which is having a tremendous rebirth in popularity.

Second, look for one more color that you can add to complement and lift your room's main color. This secondary color could be used to call attention to a special architectural feature in the room, or could be found in your rooms other furniture pieces or window treatments.


And last, but certainly not least, add one more splash color to your overall color scheme. This color should be fun and exciting, and could be accomplished simply by adding a few well chosen accent pillows or artwork to your room's décor. It's also important that your chosen splash color be bounced around the room several times. Perhaps accent pillows on your sofa, candles on your mantle and an usually designed accessory, all featuring this same splash color.

Lighter colors will definitely give your room a feeling of spaciousness because light rays are reflected instead of being absorbed. Bright strong colors have just the opposite effect – they create a warm, cozy feeling, especially in a very large room.

When starting a new decorating plan, focus on a brand new color scheme, and don't be afraid to be creative with color. It can be a lot of fun, and the rewards could be a brand new colorful place for you and your family to enjoy.

Barb Cacchione is an interior designer on Sanibel/Captiva Islands. She can be reached at [barb@coindecdn.com](mailto:barb@coindecdn.com).

## HORTOONS



I CAN'T REMEMBER. IT ALL HAPPENED SO FAST!

ARE YOU OK? WHO DID THIS?

HORTOON  
HORTOON.COM



**WE MAKE  
IT EASY.  
YOU MAKE  
IT HOME.**

**ROYAL SHELL**  
*Real Estate*

**RoyalShellSales.com**  
**239.472.0078**

**For Rentals Call**  
**239.472.9111**

**Florida:** Bonita Springs/Estero,  
Captive Island, Fort Myers/Cape Coral,  
Naples/Marco Island, Ocala, Sanibel Island

**North Carolina:** Cashiers/Lake Glenville,  
Highlands, Sapphire/Lake Toxaway



#### SUNDIAL



- 2BR/2BA Gulf View Sundial Unit
- Updated Kitchen, Stainless Appliances
- Excellent Rental Income, Pet Friendly
- **\$589,000** MLS 2150281
- Burns Family Team 239.464.2984

#### GOLD COAST BEACHFRONT ESTATE



- <http://royalshell.me/16500captivadrive>
- Estate Zoned, Exclusive Location
- Gorgeous Landscaping & Setting on Over One Acre
- **\$5,800,000** MLS 2150543
- McMurray & Nette 239.281.4435

#### SANIBEL MEDITERRANEAN BEAUTY



- Absolutely Gorgeous 4BR/5.5BA
- Directly Across from Beach
- Salt Water Pool & Spa
- **\$2,495,000** MLS 2140317
- McMurray & Nette 239.850.7888

#### EAST END CANAL HOME



- 4BR/4.5BA Ground Level
- Private Dock & Boatlift
- Separate Guest Suite w/Kitchen & Bath
- **\$1,645,000** MLS 2140231
- Burns Family Team 239.464.2984

#### BEACHVIEW COUNTRY CLUB ESTATES



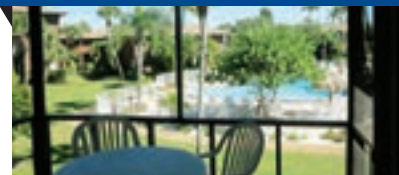
- 3BR/3BA Custom Home w/ Lush Landscaping
- Deeded Beach Access, Golf & Tennis
- Tranquil Pool & Spa
- **\$999,000** MLS 2150025
- Cindy Sitton 239.810.4772

#### PALM LAKE



- Charming Near Beach Furnished Pool Home
- 3 Bedrooms with Den, Garage, Fireplace
- Vaulted Ceiling, Tastefully Furnished, Spacious Lanai
- **\$879,000** MLS 2150497
- Jennifer Berry 239.472.3535

#### SPACIOUS BLIND PASS CONDO



- Large 2BR/2BA Near Beach Condo
- Turnkey Furnished
- Clubhouse, Pool and Tennis
- **\$549,000** MLS 2150402
- John & Denice Beggs 239.357.5500

#### "SIDE-BY-SIDE" CAPTIVA



- Two Free Standing Homes
- Over 170 ft. Beach Frontage
- Large Private Pool
- **\$4,499,000** MLS 2140177
- Burns Family Team 239.464.2984

#### POPULAR SUNSET CAPTIVA



#### NEW LISTING

- 2BR/2BA Plus Loft Directly on the Gulf of Mexico
- Beach Plus Boating Amenities
- Fabulous Rental History
- **\$2,195,000** MLS 2150625
- Sally Davies 239.691.3319

#### CAPTIVA NEAR BEACH



- Short Walk to Gulf & Beach
- Pool, 4 Bedrooms, 4 Baths
- Huge Outdoor Lanai, Game Room
- **\$1,449,000** MLS 2141458
- John Nicholson 239.849.3250

#### CATALPA COVE – BOATERS DREAM



- 4BD/3.5BA Lakefront 2 Boat Docks
- Very Private Location on 2 Lots
- Den, Living Room, Family Room, Pool
- **\$925,000** MLS 2150430
- Jason Lomano 239.470.8628

#### DUNES LAKE VIEW HOME



- Beautifully Remodeled 4BR/3.5BA
- Separate Guest Quarters with Kitchenette and Bath
- Stunning Views of Lake and Golf Course
- **\$675,000** MLS 2150457
- Burns Family Team 239.464.2984

#### WHITE CAPS



- On the Beach! Rarely Available White Caps Condo
- Updated and Pristine
- Outstanding Rental Potential
- **\$549,000** MLS 2150572
- Sarah Ashton 239.691.4915

#### WEST GULF DRIVE- BEACH LOT



- 100' +/- Direct Beachfront
- Beautiful High Ridge Parcel for Spectacular Views
- Awesome West Gulf Address for Dream Beach Home/Estate
- **\$2,895,000** MLS 2140062
- McMurray & Nette 239.850.7888

#### GREAT "VILLAGE OF CAPTIVA" LOCATION



- 5BR Home Ideal for Entertaining or Large Family
- Great Room Plan With Rooftop Sundek
- Pool, Spa, Garage and More
- **\$2,075,000** MLS 2150187
- Fred Newman & Vicki Panico 239.826.2704

#### BETTS



- 152 Feet Bayou Bay Water Frontage
- Last Buildable Site All Fish & Wild Life Next Door
- Great Direct Boating Access
- **\$1,379,000** MLS 2131372
- John Nicholson 239.849.3250

#### SUNDIAL OF SANIBEL



- Top Floor w/Direct Gulf View
- 2BR/2BA, Newer Remodel
- Over 1,500 Sq. Ft. of Living Area
- **\$899,000** MLS 2150254
- Brian Murty 239.565.1272

#### ISLAND BEACH CLUB



- Beautifully Remodeled Throughout
- Great Lanai with View of Gulf
- [www.IslandBeachClub.info](http://www.IslandBeachClub.info)
- **\$649,000** MLS 2150558
- The Radigan Team 239.691.6240

#### DUNES



- Incredible Lake & Golf Course Views
- Elevated 3/2 with Huge Pool
- Fantastic Dunes Location, Quiet
- **\$549,000** MLS 2150332
- Andre Arensman 239.233.1414



# Zurbriggen Financial Invests In 10K Race 4 FISH As Silver Sponsor



From left, FISH board chair John Pryor, race committee member Pete Bender, Zurbriggen Financial President Rick Zurbriggen, FISH board director Jerry Edelman, Monica Eguino of Zurbriggen Financial and race committee co-chair Ed Riddlehoover

Zurbriggen Financial is a Silver Sponsor of the 10K Race 4 FISH, an annual event that supports the island non-profit organization FISH of Sanibel-Captiva, Inc. FISH has been an aid to thousands of individuals of all ages in need through its various Helping Hands programs. Last year, it assisted 386 senior citizens, 192 youth and 931 households – all who work, live or visit on the islands. Programming ranges from daily well-check calls and prepared meals for older clients to youth lunches and adult education assistance. “We see the value that FISH brings to Sanibel in the families it provides for, the children it feeds, the lonely it comforts, those in need who are extended a helping hand up,” said Zurbriggen Financial President Rick Zurbriggen. “We are proud to partner with them in this effort.”

*Thomas R. Louwers, M.S.T.*

**TAX-CONSULTING & ACCOUNTING SERVICES**  
Serving the islands since 1978 • Professional and Confidential  
Income Tax Preparation • Individuals • Corporations • Estates & Trust  
Tax Consulting - Tax Deferred Exchange  
International Taxation • State Tax Forms  
(239) 472-5152  
1619 Periwinkle Way, Suite 102, Sanibel Island, FL 33957

- Site Visitation
- Installation
- Landscape Design
- Delivery
- Monthly Maintenance

300 CENTER ROAD • FORT MYERS FL 33907  
**239.939.9663 • www.NoLawn.com**  
Open Mon - Sat 9am to 5pm, Sun 10am to 3pm  
GET REAL: GO NATIVE!

**WE CARRY THOUSANDS OF NATIVE WILDFLOWERS, TREES, SHRUBS, VINES, GRASSES & AQUATIC PLANTS**

Rick and his wife, Evette, have lived on the island since 2000 and have two sons, Derick and Kyle. The two are foster parents to two young girls, ages 8 and 7, through Florida Baptist Children’s Homes. They also volunteer at Sanibel Community Church, with Rick serving as treasurer, on council and the missions team and Evette serving on the H2O team as a youth leader and on mission trips. “Sanibel is an unbelievable place to volunteer,” the couple added. “We love the small town feel of this island and find it to be an amazing place to live, work and volunteer.” The 7th annual 10K Race 4 FISH is Saturday, October 17 and starts and finishes at The Community House, 2173 Periwinkle Way. It draws hundreds of runners from near and far, some of whom participate every year. Runners receive a T-shirt featuring the Hortoon race logo, a bag full of goodies and a medallion. Registration will be open soon. “Rick and Evette at Zurbriggen Financial have been tremendous supporters of FISH,” said Ed Riddlehoover, race committee co-chair. “Our island is full of kind people and the Zurbriggens are among them.” There are a variety of race sponsorship slots remaining – Gold, Silver, Bronze or Friend. For Gold to Bronze sponsorships, your name or logo will appear on the back of the T-shirts as well as all 10K banners and printed materials. Friend sponsors will be included on all race banners and printed materials. Anyone who is interested in becoming a race sponsor should contact Nancy or Pete Bender at benderlaw@juno.com or 472-5220. The deadline is September 15.✪

# Superior Title Services Sponsors Fourth Of July Fireworks Display



Superior Title Services prepares for the 4th of July fireworks celebration

The Sanibel & Captiva Islands Chamber of Commerce announced last week that Superior Title Services has become a Gold Sponsor of the 4th of July fireworks display. “The Independence Day fireworks display is such an integral part of the community that I had to be a part of it again this year,” said Amanda Curran, owner of Superior Title Services. “On behalf of the chamber, I would like to thank Superior Title for contributing for another year to the Sanibel fireworks display,” said Ric Base, president of the Sanibel & Captiva Islands Chamber of Commerce. “We are really delighted that so many of our local businesses are willing year after year to support the Sanibel fireworks display.” The fireworks display, which will begin at dusk, will be launched from Bailey Road on the bay side. Potential viewing locations are:

- SS Hookers – Live music and BBQ
- Adventures in Paradise Sanibel Fireworks Cruise
- The Sanibel Causeway
- Sanibel’s Lighthouse Beach✪

# Pfeifer Realty Group Named Silver Sponsor Of FISH 10K Race

Pfeifer Realty Group currently shares its parking lot at 1630 Periwinkle Way with FISH of Sanibel-Captiva, Inc. The non-profit organization lends a helping hand to those in need, something realtor and broker Eric Pfeifer has seen first-hand since opening Pfeifer Realty Group seven years ago. “We believe in the valuable work that FISH does and have been proud supporters for several years,” said Pfeifer. “We see the faces of those who desperately need the help of FISH every day.” Pfeifer Realty Group has been added as a Silver Sponsor of the 7th annual 10K Race 4 FISH, a community tradition that draws runners from near and far to Sanibel Island for a good cause.



## School Smart



by Shelley M. Gregg, NCSP

**Dear Shelley,**  
My 8-year-old twins have just finished second grade and it's been a very difficult year. They have ADHD, are extremely active

and have trouble focusing. The school (charter) gave them those large inflatable exercise balls to sit on to help with their focus and it worked for one son but not the other. They also have the feedback seat cushions and take breaks. What else can we do next year?

Emily S., Sarasota, Florida

**Emily,**

It sounds like your children's school has been responsive to their needs. The large exercise balls and feedback seat cushions are great supports to help children stay focused. Both of these seating items allow kids to wiggle while providing the tactile input they need that improves concentration and attention while simulta-

neously encouraging kids to stay in place for instruction.

There are a wide variety of supports that help kids stay attentive. You may have to try a range of these activities to find one that works well for your son who has not responded to the seating supports already suggested. The school's occupational therapist or special education teacher may be able to help your child with some trials on various other supports like a mini-trampoline program or beanbag chair that might help him. There is a new tool to help both children (and adults) focus more effectively that has just come to the forefront, called a standing desk that you may want to investigate.

Recent research from Texas A&M University suggests that children who stand at their desks instead of sitting stay on task better. The research looked at the results of an experiment in which 282 participants in grades 2 through 4 were observed in the fall and spring during one school year. The preliminary results suggest that students improve their ability to stay on task by 12 percent. That's the equivalent of gaining an extra seven minutes per hour of instruction time. Standing desks are taller than the standard ones; in this research project, the students had stools nearby so that they

could choose to sit or stand at their discretion. There are now quite a few companies that sell various sizes of stand-up desks and stools.

Initially, standing desks were a result of a solution to help reduce childhood obesity and relieve stress on spinal structures. Studies found that students who are standing burn 15 percent more calories than those sitting, a count that went up depending on the weight of the child. And previous research had already shown that physical activity, even at low levels, might have beneficial effects on cognitive ability. As the standing desks were introduced for the obese children teachers began to try these new desks with children who fidgeted and needed help staying focused. Anecdotal reports indicated that these desks were successful for children who needed more movement as well as the obese students.

Of course, these types of supports are only part of the solution. The underlying problem is that today's children don't get enough whole body movement to be attentive and engaged in school says pediatric occupational therapist Angela Hanscom, who has criticized strongly what she calls the "constant upright position" in which children spend too much time, limiting their ability to pay attention because their core muscles aren't developed enough to keep from fidgeting.

According to Hanscom, one of the keys to maintaining attention in school is the development of the vestibular, or balance system, located in the inner ear.

"In order to develop a strong balance system, children need to move their body in all directions for hours at a time," she

noted. Whole body movements like spinning in circles and rolling down hills do much more than burn calories; Hanscom said that they engage the hair cells in the inner ear, helping to develop balance, vision and attention.

Hopefully, your son will be able to benefit from some of these suggestions.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✧

## Trevor Receives Degree From Georgia Tech

**A**lexander Trevor, a resident of Sanibel, has earned a Doctor of Philosophy in Robotics from the Georgia Institute of Technology in Atlanta.

Trevor was among approximately 2,700 undergraduate and graduate students who received degrees during Georgia Tech's 249th commencement exercises on May 1 and 2 at the McCamish Pavilion.

For more information, visit [www.gatech.edu](http://www.gatech.edu).✧

dearPharmacist

## B12 Deficiency Tied To Many Health Problems

by Suzy Cohen, RPh



**Dear Readers:**  
Over the last few years, there has been exploding information about epigenetics and methylation defects associated with the enzyme called "MTHFR."

But it's not just all about methylation and MTHFR. There is another gene MTRR which encodes for an enzyme officially called 5-methyltetrahydrofolate-homocysteine methyltransferase reductase.

I prefer MTRR, don't you?

The MTRR gene provides the blueprint instructions to make an enzyme called methionine synthase reductase. When MTRR is mutated, the body may accumulate homocysteine and become deficient in methionine. Homocysteine can be a neurotoxin and we already know it's a risk factor for cardiovascular disease.

If the gene SNP is turned on during pregnancy, it can substantially increase the risk for a child to be born with Down's syndrome or neural tube defects. That was shown in a "case control" study published in September 2014 of *Molecular Biology Reports*. The risk of having a child born with Down's syndrome becomes even higher if you have a methylation SNP to go with that MTRR SNP. Genetic testing uncovers these SNPs.

Today's article may sound a little familiar to those of you who have methylation problems or high homocysteine because you understand how nutrient deficiencies further cramp the pathway. One distinction: MTHFR is generally tied to reductions in natural folate, whereas MTRR is generally tied to vitamin B12 deficiency, but it isn't black and white.

Medications that deplete vitamin B12 are MTRR gene busters, with or without a SNP! So I want to remind you that your health is not held hostage by your SNPs. Drugs can cramp the pathway. Refer to my *Drug Muggers* book for the complete list of B12 drug muggers. Here are a few:

Corticosteroids  
Antibiotics  
Anticonvulsants  
Metformin  
Bile acid sequestrates  
Gout medications  
Heartburn medications  
Alcohol consumption  
Probiotic deficiency

I am in your head and I "hear" you thinking, "This is complicated and it can't happen to me!" Let me tell you, vitamin B12 deficiencies (with or without an MTRR gene SNP) are associated with challenging health problems, often neurological or neuromuscular in nature. Today's research does show a correlation with Down's Syndrome, acute childhood leukemia, pancreatic cancer, Crohn's disease, depression, anxiety, panic attacks, arrhythmias, muscle twitching or cramps and congenital heart defects.

Is it all about your genes? Heavens no, there are dozens of other factors involved with these chronic health conditions. If you're not ready to do genetic tests to identify your SNP, that's okay. My recommendation is that you talk to your holistic practitioner about supplementing with low doses of natural B12 supplements

continued on page 47

YOU NEED A TREATMENT AS POWERFUL AND STRONG AS YOU WANT TO BE.

# PROLOTHERTHERAPY

NATURAL INJECTION THERAPY

**NON-SURGICAL PAIN RELIEF FROM:**

- Back Pain
- Headaches
- Joint Instability
- Labral Tears
- Meniscal Tears
- Osteoarthritis
- Sports Injuries
- ...and much more!

WHERE THE WORLD COMES FOR PROLOTHERTHERAPY

**Make an appointment today!**  
**239.303.4069**  
**CaringMedical.com**

Caring Medical  
 Regenerative Medicine Clinics  
 9738 Commerce Center Ct.  
 Fort Myers, FL 33908



# Harrington Joins Hillgate Staff



Barb Harrington

Hillgate Marketing Services of Sanibel Island announced the addition of Barb Harrington to their team of full service consultants. Effective Monday, June 29, she will join Hillgate as an Account Director and Senior Adviser. Harrington started her career in advertising working at the *News-Press* after relocating to Southwest Florida from Colorado with her husband, Dave, and their two children. Since then, she has established herself in our island community as a former chair of the Sanibel and

Captiva Islands Chamber of Commerce and more recently the marketing manager of Shop on Sanibel. "We are delighted to have Barb as part of the Hillgate team," said Shelby Peters, president of Hillgate. "Her addition is part of a strategic plan that requires recruiting and retaining great talent to develop effective and creative marketing programs that work to meet our clients business goals. Her experience, insight and creativity will add value to Hillgate programs by solidifying our services while enriching relationships."✱✱

From page 42

## Silver Sponsor

"It is an honor to have Pfeifer Realty Group as one of our Silver Sponsors," said Ed Ridlehoover, race committee co-chairman. "They have been a treasure in our community for many years." The 10K Race 4 FISH, which supports the human services organization in its mission of neighbors helping neighbors, is set for Saturday, October 18, with the start-finish line at The Community House along Periwinkle Way. Runners will have the opportunity to race the island streets in support of a worthy cause. Runners receive a medallion, a T-shirt featuring the Hortoon logo and a bag stuffed with fantastic items. Race day will feature an expo of organizations that lend their services to the running community. Registration is now open. Visit fishofsanibel.com for more information.✱✱

## ISLAND SUN BUSINESS NEWSMAKERS



Dan Cohn



The Simmons Team



Fred and Cathy Gerasin

## VIP May Top Producers

VIP Realty Group announced their top agents and sales teams for the month of May. Dan Cohn was recognized as the top sales agent while Glen Simmons and Tina DiCharia were recognized as the top listing agents. Also, Cathy and Fred Gerasin were recognized as the top producing agents.✱✱

## George & Wendy's Seafood Grille Joins TripAdvisor's Hall Of Fame

George & Wendy's Seafood Grille on Sanibel announced that they have joined the elite group: TripAdvisor's 2015 Hall of Fame. George & Wendy's Seafood Grille has consecutively earned the Certificate of Excellence award over the past several years. These awards can only be earned by receiving great reviews by customers on the world's largest travel site. By consistently earning these prestigious awards, George & Wendy's Seafood Grille has been inducted into TripAdvisor's Hall of Fame.✱✱



Mary Hansen, left, and Sally Hodgkins holding George & Wendy's Seafood Grille TripAdvisor Hall of Fame certificate

From page 38

## Fitness Instructor

- Copy of current group fitness certification(s)
- Copy of current AED/CPR/First Aid certification
- Copy of current liability insurance
- A minimum of three references
- College degree earned in a health/fitness related field or equivalent work experience in the field

- Proposed fitness classes qualified and available to instruct for the city (include class type(s) and description, days of the week and times)
  - Hourly instruction rate proposed
- Quotes are requested no later than Monday, July 13. Email, fax, mail or submit in person to the City of Sanibel, Recreation Department, Attn: Andrea Miller, Recreation Director, 3880 Sanibel Captiva Road, Sanibel, FL 33957, fax 472-0804 or email andrea.miller@mysanibel.com.✱✱

## WEGLARZ construction

**One Builder Serving Sanibel & Captiva for over 35 years**

- Custom Residential Construction
- Remodeling Projects
- Design Team with Construction Drawings
- Plans Through Completion of Project

**Phone: (239)489.0442**  
Email: gregwegz@earthlink.net • www.gregweglarz.com  
State Certified General Contractor License # CGC A05420

## Helping Build A Bridge To Financial Freedom

# Zurbriggen Financial

Investment Management • Asset Protection  
Wealth Transfer • Perpetual Income Strategies

Wouldn't it be more convenient to have a local financial advisor?  
Call us to arrange a 2nd opinion on your current plan.  
www.zurbriggenfinancial.net

**RICK ZURBRIGGEN**  
Private Wealth Manager

Securities offered through Securities America, Inc., Member FINRA/SIPC Rick Zurbriggen, Registered Representative. Advisory services offered through Securities America Advisors, Inc., Rick Zurbriggen, Investment Advisor Representative. Zurbriggen Financial and the Securities America companies are not affiliated.

**695 Tarpon Bay Rd., Suite 4 • Sanibel, FL • 239-395-3520**

## VASANTA SENERAT CPA, P.A.

CERTIFIED PUBLIC ACCOUNTANT

### Accounting and Tax Preparation for Businesses • Individuals • Condo Associations Non Residents

SANIBEL • 472-6000  
1633 Periwinkle Way • Anchor Point

FORT MYERS • 418-0008  
3949 Evans Ave. • Suite 205•33901



## Department Of Health Encourages Safety At Home During Summer

School is out for the summer for many Florida children and that means more time at home with friends and relatives. The Florida Department of Health is asking Floridians to make their homes safer by preventing the leading causes of home injury.

"The comfort of our homes can be shattered by preventable injuries," said State Surgeon General and Secretary of Health Dr. John Armstrong. "I encourage all Floridians to put home safeguards in place to protect our children and families."

Summer vacation is a fun and exciting time and we might forget to think about safety. Take the time to pause and correct potential hazards before an injury occurs. The department reminds you to take simple steps to create a safer home environment from the five leading causes of home injury – falls, poisonings, fires and burns, choking/suffocation and drowning.

Here are a few tips for making your home safe for guests of all ages:

- Ensure working smoke alarms are in each bedroom, outside each sleeping area and on every level of the home. Smoke alarms should be tested monthly to ensure they are working properly and the batteries are good;

- Be sure that fire extinguishers are available on every level of the home and that each household member knows how to use them;
- Cover all unused outlets with safety plugs;
- Check used outlets to make sure they are not being overloaded;
- Install child locks on all cabinets used to store dangerous items such as medicine, cleaners and matches;
- If your home has a pool, hot tub or other body of water, make sure each is surrounded by five-foot fencing with self-locking and self-closing gates;
- Have your family develop, discuss and practice an evacuation plan in case of fire or other emergency; and
- Equip your home with an emergency supply kit. Visit <http://www.ready.gov/> for a list of suggested materials.

The department encourages residents to be especially vigilant of small children. Children are active, mobile and curious, making the risk of an accident high.\*

To advertise in the *Island Sun* Call 395-1213

## Discover the Islands' most Coveted Locations with *Phaidra!*



**17101 CAPTIVA DRIVE \$3,198,000**  
CAPTIVABAYFRONT.COM



**2915 WULFERT ROAD \$2,898,000**  
SANIBELGOLF2BAY.COM



**14860 MANGO COURT \$2,394,000**  
CAPTIVANEARBEACH.COM



**1137 GOLDEN OLIVE COURT \$2,175,000**  
SANIBELCANALFRONT.COM



**750 PERIWINKLE WAY \$1,998,000**  
SHELLHARBORSANIBEL.COM



**1490 MIDDLE GULF DRIVE \$1,695,000**  
SANIBELNEARBEACH.COM



**14980 BINDER DRIVE \$1,398,000**  
BINDERDRIVE.COM



**2388 WULFERT ROAD \$1,098,000**  
THEPERFECTSANCTUARY.COM



**2999 TWIN PONDS DRIVE \$865,000**  
TWINPONDSANIBEL.COM



**689 EAST ROCKS DRIVE \$768,500**  
EASTROCKSANIBEL.COM



**5117 SEA BELL ROAD A102 \$439,000**  
BLINDPASSCONDO.COM



**0 PINE AVE LOT \$248,000**



**Phaidra McDermott**  
*Lifelong Island Resident*  
239-898-3778 • [Info@sanibelrealestate.net](mailto:Info@sanibelrealestate.net)  
**SanibelRealEstate.net**





# Shell Point Seminar Offers Tips For A Smooth Transition To Assisted Living



The Springs at Shell Point

According to the National Center for Assisted Living, 70 percent of all assisted living residents move to a care facility from a private home or apartment. Transitioning to an assisted living care facility often means downsizing, and the associated stress can delay a much-needed decision to improve quality of life. Shell Point Retirement Community invites the public to learn how to approach this downsizing process with less anxiety during a free, educational presentation by Shell Point's assisted living expert McKenzie Millis. The interactive seminar will take place on Thursday, July 9 at 10 a.m. in The Springs at Shell Point.

"There are ways to go about downsizing and relocating that reduce tension and facilitate a smooth transition," said Millis. "The goal for this presentation is to provide guidelines that make the move more manageable, based on experience we have in this area."

The Springs at Shell Point is located off of Summerlin Road and McGregor Boulevard, just two miles before the Sanibel Causeway, at 13901 Shell Point Plaza in Fort Myers. The Springs offers affordable, month-to-month assisted living care on a private-pay basis, and provides access to



**Meta G Roth, MS**  
Fitness Practitioner  
Owner

**Personal Trainer**  
*Pilates*  
*Strength Training*  
*TRX*  
*Nutritional Counselor*  
*Yoga*

**239-410-1342**  
**695 Tarpon Bay**  
**(The Promenade)**  
**Sanibel Island, FL 33957**  
sanibelfitnessbymeta@gmail.com  
sanibelfitnessbymeta.com

## Got A Problem? Dr. Connie Is In



by Constance  
Clancy

**Q:** My sister has just had a traumatic experience and I need some understanding on how to help her. Can you provide some suggestions on what I can do?

**A:** When someone goes through a traumatic experience, it can stimulate our survival responses. With trauma, we do respond instinctively as the brain is wired for survival. Your sister may experience changes in her entire psyche because of her experience. The good news is there is help for trauma. While it's difficult for your sister to make sense of what is happening to her with her symptoms, she needs some education on what her mind and body are experiencing. You can be a listening ear for her and a tremendous support. It would be beneficial for her to seek the help of a professional who can work with her on healing her whole self. Your sup-

Shell Point's resort-style amenities and healthcare services. Call 239-454-2077 to reserve a place at this free seminar. For more information about The Springs at Shell Point or to request an assisted living brochure, visit [www.shellpoint.org/assistedliving](http://www.shellpoint.org/assistedliving).✽

## Doctor and Dietitian Staying Young And Fit



by Ross Hauser, MD  
and Marion Hauser, MS, RD

Old is just a state of mind. We may not be as flexible and agile as we were in our 20s, but we can do everything possible to ensure that we will be strong, mobile and active as we age. That's key to staying young and fit.

What attracts us most to Southwest Florida is the active lifestyle. Walking along the sea shell-lined beaches, kayaking in the estuaries, or taking a dance class. Every morning, you see all ages walking, running and bicycling along the miles of bike paths.

By staying active, you can prevent diseases of aging such as osteoporosis, heart disease, arthritis, adult-onset diabetes and others.

### 8 Things Needed To Stay Young And Fit

1. A positive attitude: You'll feel so much better looking at the positive instead of the negative.
2. A sense of humor: Taking the good with the bad often requires letting yourself just "laugh it off." Don't take yourself or life too seriously all the time. Smile!
3. Discipline: Achieving anything in life requires discipline. Make a health plan and stick to it.
4. Healthy food: Eat fresh, organic, non-processed foods each day. Never underestimate the power of food.
5. Strength training: Lift weights two to three days a week. Muscle burns more calories than fat. Strength training aids in weight loss and osteoporosis prevention.
6. Wake up early: Being outside early to walk, run or bike wakes you up and makes you feel invigorated for the rest of the day.
7. Balance train: Balance tends to go as we age. Try workouts using on a Bosu ball or balance discs.
8. Quiet time: Take some time daily to read, study, pray or meditate. Focus on what's really important and close to your heart. The calm is priceless.

Start making healthy lifestyle changes today, and stay active for life!  
*This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at [info@carimgmedical.com](mailto:info@carimgmedical.com).✽*

port will be invaluable and the first thing you can do is let her know you are there for her.

Secondly, suggest that she receive some professional help to get through this difficult time. It will get her on the path to recovery in addition to healing from this experience.

*Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. She can be reached at [constanceclancyfisher@gmail.com](mailto:constanceclancyfisher@gmail.com).✽*

Our email address is  
[press@islandsunnews.com](mailto:press@islandsunnews.com)

**SPORT INJURY, BALANCE/FALLS, MEDICAL MASSAGE**



**PHYSICAL THERAPY  
MASSAGE • PILATES  
JOINT PAIN**

- ✓ **ONE-ON-ONE PHYSICAL THERAPY** Treatment by Experienced Physical Therapists only, No Assistants or Aides. Medicare/Insurance/Private Pay
- ✓ **MASSAGE THERAPY** Experienced, Licensed Massage Therapists.
- ✓ **PRIVATE PILATES** with Reformer/Certified Classical Instructor.

**2242 Periwinkle Way, Suite 2 (Sanibel Square)** MASS 2013a PTH 1348g  
**Tel: (239) 395-5858** [www.islandtherapycenter.com](http://www.islandtherapycenter.com)



## Mom And Me



by Lizzie and Pryce

**L**izzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

### Dear Mom & Me,

I am fed up with older women, the way they treat each other in ways men would never treat other men. I was at a local women's function with a woman that is severely handicapped. She had a stroke 30 years ago when she was in her early 40s and has struggled all of these years and never complains.

We were sitting at a designated table and all was fine. Then, a woman came over and insisted we move to another location as it would make it easier for the

others. She gave this woman no consideration whatsoever. At this point, it made no difference what table we sat at and it was closer to the handicapped ladies room.

Do you know why women are so cruel to one another?

Eva

### Dear Eva,

I do not think all women are mean and cruel, nor do I think that all men are mean and cruel. People are people and regardless of their gender, some can be very thoughtless and mean to others. Just as some men are given to too much testosterone and fight with others, some women are given too much estrogen and fight with other women. Unfortunately, mean people are part of our world. I do not give them much of my time or energy.

Pryce

### Dear Eva,

People are people regardless of their age. There are miserable children and miserable seniors and many in between.

I am very sympathetic to people who are handicapped and try to give them extra concern. However, some handicapped people are unreasonable and expect us all to conform to their needs.

The occasion you are questioning sounds a little uncaring as the woman does not seem to be asking for extra special privilege.

Lizzie

Lizzie and Pryce's email address is [momandmeaing@hotmail.com](mailto:momandmeaing@hotmail.com).✱

From page 40

## Boy It's Hot

order one for you.

- While taking showers and baths, run your bathroom exhausts. The heat and moisture created by bathing really adds to

the load of your air conditioning system. Let the exhaust fan run for at least 10 minutes after you are done. Better yet, have a timer/switch installed on your bathroom exhaust.

- This is a simple one, but get out of the kitchen. Cooking adds a tremendous amount of heat that needs to be removed. Cook on the grill, or better yet, go out to dinner more often and help our local economy.

- Last but not least, drink plenty of water. Our bodies have their own cooling system that requires a tremendous amount of fluid to work at peak performance. Not to mention it's very good for you!

As always, thank you and stay cool.

Bryan Hayes is a Sanibel air conditioning contractor. He also owns, with his brother Todd, an electrical business on Sanibel. He can be reached at [Bryan@Sanibelair.com](mailto:Bryan@Sanibelair.com).✱

From page 43

## B12 Deficiency

if you have any symptoms of low B12, because it may point to a SNP in the MTRR pathway. You can also consume foods that are rich in B12 and folate, think leafy greens, as well as meat, fish, dairy or eggs just to see how you feel. If you are vegetarian and trying to conceive, please work at normalizing B12 before getting pregnant. Cyanocobalamin doesn't do the trick though. To receive a longer version of this article, sign up for my newsletter at my website.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).✱*



Barrier Island  
Title Services, Inc.

(239) 472-3688

"You'll Appreciate the Difference"

### Eden Energy Medicine

## Spongy Tummy, Menopause Crummy?



by Karen L. Semmelman, Certified EEM, JD, AAML (03-12)

**F**eeling crummy as your stomach gets soft and puffy? Let's oxygenate. Did you know that oxygen breaks down fat molecules, turning

the molecules into water and carbon dioxide, thus increasing the digestive systems' efficiency? (Energy Medicine for Women gives us more exercises and facts). It does, so we want more oxygen in our system. Yet, we know that in our culture, most of us are shallow breathers, only breathing into the upper part of our chest, which slows the metabolism. We want to be deep breathers, which can then increase our metabolic rate by 30 percent. When oxygen is lacking, the ability of the intestinal tract to absorb nutrients and digest food is reduced up to 72 percent.

An oxygenated body prevents disease from getting a grip and fat from accumulating. Prior articles have shown the Diaphragm Breath exercise, which is

recommended for the thickening waist, on a daily basis. In addition, try this isometric Metabolic Breath exercise to firm that spongy tummy. It is similar to the cat-cow yoga exercise but while standing and focusing on the breath.

1. Bend forward at the waist while placing the palm of the hands right above the knees so the fingers gently fall over the knee caps. Support the upper body with the palms.

2. Take a quick deep in breath through the nose as you round the back and squeeze the stomach and pull the belly button back toward the spine. Your head will naturally fall forward.

3. On the exhale and while still bent at waist, raise the head and force breath out the mouth.

4. When all breath is expelled, suck in tummy and hold tight until feeling need to catch the breath.

5. Release.

The metabolic rate just increased substantially so your digestive system is now processing that food you ate more effectively, plus you tightened up those muscles.

Have fun with your energy! Next week's topic is Menopausal Headache? – Try Head Swinging.

If you have a question, email Karen Semmelman at [SemmEnergyCenter@gmail.com](mailto:SemmEnergyCenter@gmail.com). Learn more at [www.semmelmanenergy.com](http://www.semmelmanenergy.com). EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.✱



### THE DOCTOR WILL SEE YOU NOW.

Scott Dunavant, M.D. is proud to welcome you to an exciting new health care alternative for residents and visitors alike — Dunavant Medical Group.

Dunavant Medical Group will draw on the extensive experience and expertise of Dr. Scott Dunavant that includes emergency care, family practice and professional sports medicine. He will be joined by Diane St. Pierre, A.R.N.P., plus a team of dedicated caregivers.

Dunavant Medical Group will offer traditional health care for family health, wellness, urgent care (for all ages), sports medicine and walk-in clinical care — all with a highly personal and highest quality approach.

To become a patient or to make an appointment, call 239.312.4544 or visit [www.DunavantMedicalGroup.com](http://www.DunavantMedicalGroup.com).



## DUNAVANT MEDICAL GROUP

695 Tarpon Bay Road Suite 2 • Sanibel • 239.312.4544 • [DunavantMedicalGroup.com](http://DunavantMedicalGroup.com)



# My Stars ★★★★★

FOR WEEK OF JUNE 29, 2015

**ARIES** (March 21 to April 19) Making things more complicated than they need to be can be a problem for the typically orderly Lamb. Try to look for a less intricate way to accomplish the same goals.

**TAURUS** (April 20 to May 20) Avoiding personal involvement in a troubling situation might be advisable at this time, especially since you probably don't have all the facts. The weekend brings a surprise.

**GEMINI** (May 21 to June 20) A problem with a colleague you thought had been resolved could recur. However, this time you'll be able to rely on your record to get a quick resolution in your favor. Good luck.

**CANCER** (June 21 to July 22) Giving your self-esteem a boost could be a good idea for the Moon Child, who might feel a bit daunted by the week's occurrences. Just focus on all your positive accomplishments.

**LEO** (July 23 to August 22) The "mane" attraction for the Lovable Lion this week is -- what else? -- love. New relationships move to new levels, while long-standing partnerships are strengthened.

**VIRGO** (August 23 to September 22) A recent workplace problem will prove to be one of miscommunication, and once the matter is settled, you should have a better chance of getting your proposals approved.

**LIBRA** (September 23 to October 22) Good news! After dealing pretty much in the dark with a matter that seemed to be taking forever to resolve, you should soon be seeing the light at the end of the tunnel.

**SCORPIO** (October 23 to November

21) A positive message should help lift that energy-draining sense of anxiety, and you should soon be able to deal with even the peskiest matter, whether at work or personal.

**SAGITTARIUS** (November 22 to December 21) Try to control that heated Sagittarian temperament while dealing with what you believe to be an unfair matter. A cool approach is the best way to handle things.

**CAPRICORN** (December 22 to January 19) Nursing hurt feelings could keep you from learning what went wrong. Ask your partner, a family member or a trusted friend to help you reassess your actions in the matter.

**AQUARIUS** (January 20 to February 18) Nature is dominant this week. Try to spend time outdoors with someone special. An act of kindness in the past might be recalled by a person you believed was out of your life.

**PISCES** (February 19 to March 20) An upcoming career decision could be based on how well you might be able to apply your artistic talents. Be sure to use the finest samples of your work to make a strong impression.

**BORN THIS WEEK:** Doing good things for others comes easily to you. You are considered a good friend, even by those you might hardly know.

## THIS WEEK IN HISTORY

- On July 4, 1826, John Adams and Thomas Jefferson, the second and third presidents of the United States, respectively, die on the 50th anniversary of the adoption of the Declaration of Independence. Both men had been central in drafting the historic document.
- On June 30, 1859, Frenchman Emile

Blondin becomes the first daredevil to walk across Niagara Falls on a tightrope. Wearing pink tights and a yellow tunic, Blondin crossed a cable about 2 inches in diameter and 1,100-feet long using only a balancing pole.

- On July 5, 1865, in London, revivalist preacher William Booth and his wife Catherine establish the Christian Mission, modeled after the British army, with women given ranks equal with men. In 1878, the organization was renamed the Salvation Army, and two years later the first U.S. branch opened in Pennsylvania.

- On July 2, 1881, President James A. Garfield is shot as he walks through a railroad waiting room in Washington, D.C. His assailant, Charles J. Guiteau, was a disgruntled and perhaps insane office seeker. Garfield died 80 days later of blood poisoning.

- On July 1, 1951, Cleveland Indians ace Bob Feller pitches the third no-hit game of his career, making him the first modern pitcher ever to throw three no-hitters. Feller made his first start in 1936, when he was just 17.

- On July 3, 1985, the blockbuster action-comedy "Back to the Future," in which the iconic DeLorean concept car is transformed into a time-travel device, premieres.

- On June 29, 1995, the American space shuttle Atlantis docks with the Russian space station Mir to form the largest man-made satellite ever to orbit the Earth. It was the 100th human space mission in U.S. history.

## STRANGE BUT TRUE

- It was U.S. Vice President Hubert Humphrey who made the following sage observation: "Compassion is not weakness

and concern for the unfortunate is not socialism."

- Chop suey is not actually a Chinese dish; it was invented in California.

- Dick Simon, one of the founders of the Simon and Schuster publishing company, was struggling in his business when he visited his aunt in 1924. She had been looking for a book of crossword puzzles to give to her daughter, but the puzzles being relatively new (first appearing in newspapers in 1913), there was no compilation available. Seeing an opportunity for his fledgling business, Simon and his partner, Lincoln Schuster, published a book of puzzles right away. The puzzle book was an instant best seller, and its revenues supported Simon and Schuster while the publishing company was establishing itself.

- You might be surprised to learn that in 1967, the Monkees chose Jimi Hendrix to be the opening act for their summer tour of the U.S. The pairing didn't last long, though; Hendrix discreetly left the tour after he was banned by the Daughters of the American Revolution for being too sexually suggestive.

- If you have a particularly quiet friend, he or she might suffer from laliophobia, a fear of speaking.

- Those who study such things say that if you're playing a game of Monopoly, you're most likely to land on B&O Railroad and Illinois Avenue.

## THOUGHT FOR THE DAY

"The great secret of success is to go through life as a man who never gets used up. That is possible for him who never argues and strives with men and facts, but in all experience retires upon himself, and looks for the ultimate cause of things in himself." -- Albert Schweitzer

# PROFESSIONAL DIRECTORY

## TREE & LAWN CARE



**EnviroMow**  
239-896-6789

**Complete Landscaping Services**

- Tree Service and Pepper Clearing
- Lawn Care • Landscape Trimming & Pruning
- Fertilization • Weed Maintenance • Mulch Applications
- Property Clean up

Sanibel Family Owned & Operated  
Licensed & Insured / [www.enviromow.com](http://www.enviromow.com)

## POOL SERVICE



**Island Condo Maintenance, Inc.**  
RP0031826 Since 1974 SI-12240

**COMPLETE POOL SERVICE**  
**SANIBEL AND CAPTIVA ISLANDS**  
**RESIDENTS OF SANIBEL**

### Specialists In:

- Pool Service and Repairs For Residential-Commercial
- Complete Line Of:**
- Chemicals-Pumps-Motors-Filters
  - Pool Supplies and Parts
- Installation Of:**
- Pool Heaters, Blankets & Roller Systems

7:00 AM - 4:00 PM MON-FRI  
8:00 AM - NOON SATURDAYS

**472-4505**

Fax: 472-8813

1205 PERIWINKLE WAY, SANIBEL FL 33957  
EMAIL: [IslandCondo@comcast.net](mailto:IslandCondo@comcast.net)

## BRICK PAVERS



**Tim Smith Brick Pavers, LLC**

Lee County Lic. # IP06-00664 239-560-1199  
Sanibel Lic. # S3-14729 [timsmithbrickpavers@gmail.com](mailto:timsmithbrickpavers@gmail.com)

## TRAVEL AGENCY



**ALLWAYS TRAVEL**  
FULL SERVICE AGENCY

  
Leigh Klein - Owner  
Sanibel, FL

**239.472.3171**

[AllWaysTravel@LeighKlein.com](mailto:AllWaysTravel@LeighKlein.com)  
[www.AllWaysTravelTheWorld.com](http://www.AllWaysTravelTheWorld.com)

MEMBER OF SIGNATURE TRAVEL AFFILIATE OF Froesch Travel

## GLASS



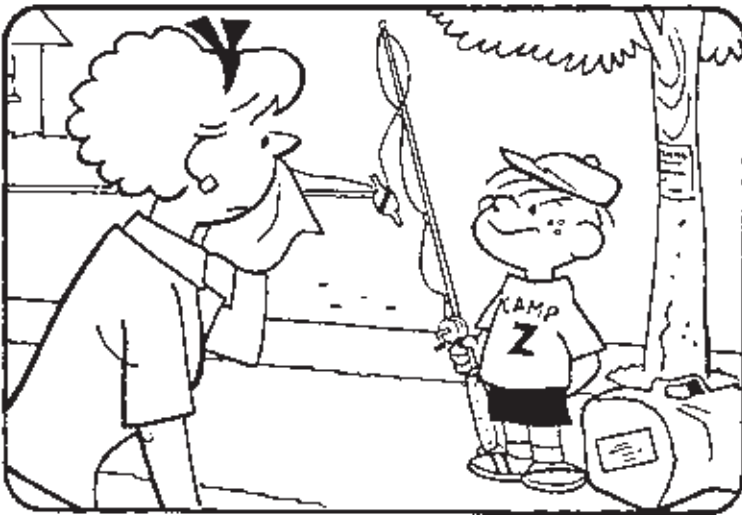
Insured Licensed # S2-11975

**Stevens & Sons Glass**  
Replacement Impact Windows & Sliding Doors,  
Mirrors, Tub & Shower Enclosures, Store Fronts,  
Porch Enclosures, French Doors, Plate Glass

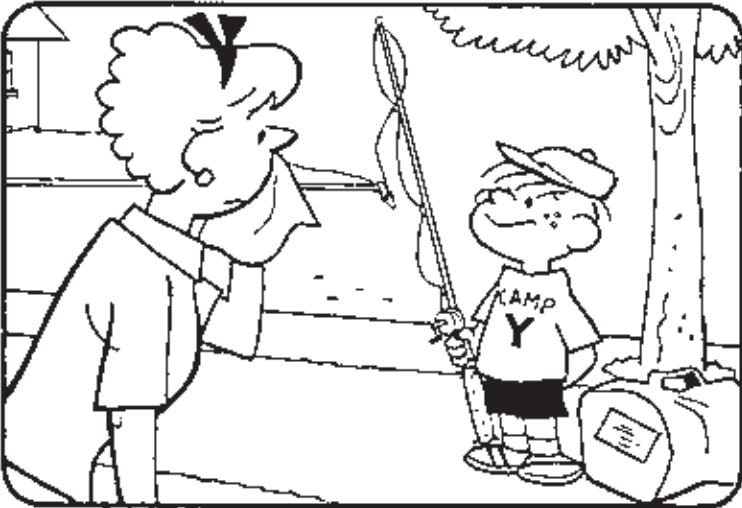
**Specialists in impact condo complex replacement**

2416 Palm Ridge Road Phone: (239) 472-0032  
Sanibel Island, FL 33957 Fax: (239) 472-0680

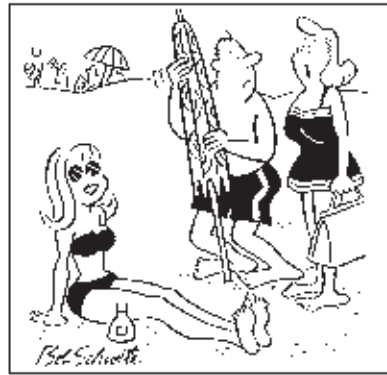


**HOCUS-FOCUS**BY  
HENRY BOLTINOFF

FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Hair is different. 2. Arm is missing. 3. Luggage tag is moved. 4. Letter is different. 5. Poster is missing. 6. Luggage tag is moved.



"Better not sit here—the last time you tried  
to hold your stomach in all day you wound  
up with a \_\_\_\_\_!"

**SCRAMBLERS**

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Respect

ARMED

Process

THOMED

Notice

GRADER

Chance

MODARN

**TODAY'S WORD**


answer on page 51

		7			8		9	
2				1				6
	1		7			8		
		4		5			2	
	2		8			1		
3					9			5
		3			6	5		
9			2					8
	5			7			4	

**SUDOKU****To play Sudoku:**

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 51

**PROFESSIONAL  
DIRECTORY****COMPUTER SERVICES**

Sanibel Computer Wizard

Tech Services for All Devices

239-395-9434

**PAINTING****Residential & Commercial Painting**

COLOR SCHEMES  
on request from  
Sanibel Home Furnishings

395-3928 Cell: 841-4302  
barefootcharley@aol.com

With your contract  
a donation to your  
favorite charity will be made.

- Power Washing
  - Wallpaper Hanging
  - Faux Finishing
  - Free Estimates
  - Interior & Exterior
  - Dependable
  - Reliable
  - Licensed & Insured
- Lic #S3-11944

**GENERAL CONTRACTOR**

**D.BROWN**  
GENERAL CONTRACTORS LLC

CGC1517615

**NEW CONSTRUCTION  
& REMODELS**

239-593-1998 | [www.dbrowngc.com](http://www.dbrowngc.com)

**IMPACT WINDOWS & DOORS/GLASS**

**Windows  
Plus**

"SWFL Window and Door Specialist"

Phone: 239-267-5858 Fax: 239-267-7855  
[www.windowplusllc.com](http://www.windowplusllc.com)  
10831 Sunset Plaza Circle, Unit 107 Fort Myers, FL 33908  
E-mail: [office@windowplusllc.com](mailto:office@windowplusllc.com)



Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Bay Creek	Bonita Springs	2002	5,776	\$1,895,000	\$1,895,000	21
Bay Creek	Bonita Springs	2002	4,661	\$1,700,000	\$1,700,000	0
Orchid Ridge	Bonita Springs	2002	5,008	\$1,799,000	\$1,600,000	205
Metes And Bounds	Sanibel	1969	2,308	\$1,475,000	\$1,400,000	0
Orchid Ridge	Bonita Springs	2003	3,612	\$1,395,000	\$1,300,000	79
Orchid Ridge	Bonita Springs	2001	4,300	\$1,350,000	\$1,200,000	203
Town And River	Fort Myers	2015	3,124	\$1,325,000	\$1,200,000	107
Yacht Club	Cape Coral	2014	3,725	\$1,495,000	\$1,200,000	146
Glen Lakes	Bonita Springs	2005	3,270	\$1,225,000	\$1,125,000	198
Sanibel Estates	Sanibel	1968	2,387	\$1,189,000	\$1,089,000	58

Courtesy of Royal Shell Real Estate

NOW HERE'S A TIP

- Save the peels from your oranges, and dry them at a low temperature in the oven. You can add them to a pot of coffee or tea for a flavor boost that is refreshing and delicious.
- “If your tomato garden is experiencing caterpillars, try planting dillweed close to

your tomatoes. It can provide a diversion, allowing your tomatoes to grow pest-free!” -- Y.F. in Florida

- “Cure your color in new garments (especially dark- or bright-colored) by soaking the item in cold, salty water before washing. Make sure that the fabric will allow this!
- “Take good care of quality paint brushes, and they will take care of you! Wash thor-

oughly in soapy water and rinse very well. After the brush is washed, combine enough water to cover the bristles and add two tablespoons of fabric softener. Swish for a minute or two, being sure to get it in the brush good, then hang to drip dry. Before you use the brush to paint, simply rinse the fabric softener away.” -- M.E. in Washington

- Baking soda can be used as a tooth scrub. It’s particularly effective against stains, as it is a mild abrasive.
- “When you are dusting, don’t forget the light bulbs. Dusty light bulbs can contribute to less-bright lighting and can shorten the life of your bulbs. Turn lights off when you are not using them. You will save electricity that way.” -- A.L.

PROFESSIONAL DIRECTORY

CONSTRUCTION



**MILLS BROTHERS BUILDING CONTRACTORS**  
QUALITY, RELIABILITY, SATISFACTION

- Custom Home Building | Remodels
- Design Service Available • Sanibel Owned & Operated

Office Phone & Fax  
239-472-6711

Joseph Mills Lic. #CBC058789  
William Mills Lic. #CBC058788

DESIGN AND REMODELING

**ARTISTIC INTERIORS INC.**



“WE DON’T JUST DO REMODELING, WE CREATE ARTWORK”  
CALL CHRIS BORING @ 239-989-6122  
BORINGDESIGNS06@EMBARQMAIL.COM  
Lic#RG291 103860, SI 16371

DESIGNING AND REMODELING-  
FROM CONCEPT TO COMPLETION

QUALITY REMODELING AND  
SERVICE

COSMETICS



**MARY KAY®**  
904 Lindgren Blvd.  
Sanibel Island, FL 33957  
Ph: 239-395-0978 / 317-509-6014  
mbutcher@marykay.com  
Products: www.marykay.com/mbutcher

**NEW SPRING PRODUCTS ARE HERE!**

Career information available  
Gift ideas available

POOL SERVICE & REPAIR

**Deep-End Pool Service**



25 years experience  
License # CPC1457386

**239-699-6279**

- Islands Premier Pool Service
- Professional Weekly Service
- Fast Expert Equipment Repair and Replacement
- Specializing in Rental Properties

also Complete Pool and Deck remodeling,  
Repair and Installation of all brands of  
Pool Heaters including  
Gulfstream, Aquacal and Aquatherm.

24/7 emergency repair service.  
Free estimates for weekly service and repairs!

CONSTRUCTION/REMODELING

**COOPER CONSTRUCTION**



Custom Homes & Remodeling Specialists  
We can design, build and manage any endeavor you can dream up.  
**239.454.5699**  
cooperconstruction@embarqmail.com  
Kerry Cooper • An Island Business Since 1982 • License # CBC1255742

NEW HOMES, REMODELING & ADDITIONS

**KIRCHNER CONTRACTING INC.**



- New Homes
- Consulting
- Remodeling
- Contracting

**MATT KIRCHNER**  
CG-C059097  
Mobile: 239-410-6932

P.O. Box 143  
Sanibel Island, FL

Phone: 239-472-2601  
Fax: 239-472-6506

INTERIOR DESIGN

**BEACH FLOOR & DECOR**



Island Style Interiors

**Design CENTER**

Verticals • Mini Blinds • Draperies • Wallpaper • Furniture  
Ceramic • Wood • Appliances • Interior Painting • Custom Cabinets  
Upholstery • Kitchen & Bath Remodeling

2330 Palm Ridge Road • Sanibel, FL 33957  
(239) 395-2525 • Fax (239) 395-2373  
• www.beachfloordecor.com

Pam Ruth  
V.P. Interior Design







★ ★ ★ CLASSIFIEDS ★ ★ ★ CLASSIFIEDS ★ ★ ★

**REAL ESTATE**

**GARCIA REAL ESTATE AND CONSULTING**



**RICHARD J. GARCIA, GRI, BROKER**  
**239-472-5147**  
garciaonsanibel.com  
Offering Personal, Private, and Professional Real Estate Services on Sanibel and Captiva Islands. 30 Year Resident of Sanibel. Licensed in Florida, New York, Pennsylvania and New Jersey.  
\*RS 9/26 CC TFN

**IS A NEW SANIBEL HOME IN YOUR FUTURE?**




How about a three bedroom, plus den, new home on your lot for \$350,000! Give us a call about building a new home on your lot for about the same price as purchasing an older home. We have lots listed from \$244,900 to \$399,900. Think of the advantages! New kitchen, new roof, new baths, New Everything! Call us for more information 239-850-0979 John Gee Jr., Broker Associate and Ann Gee, Broker Associate Or email RealtorAnn@hotmail.com John Gee & Company 2807 West Gulf Drive, Sanibel.  
\*RS 5/15 CC 7/3

**FREE REAL ESTATE TOURS**




Every Wednesday 10AM  
Departs from 2300 McGregor Blvd. one block north of the Edison Ford Winter Estates. FREE Subway lunch included. Marc Joseph Realty, Inc. Call to register (239) 939-1145.  
\*RS 3/13 CC 6/26


**REAL ESTATE**



Looking for a Great House at a Great Price?



CALL ME FOR YOUR PRIVATE TOUR  
**ISABELLA RASI**  
**(239) 246-4716**  
EMAIL  
ISABELLARASI@AOL.COM



**ENGEL & VÖLKERS**  
1101 Periwinkle Way #105  
Sanibel, FL 33957  
\*RS 0515 NC TFN



ISLAND SUN  
NEWSPAPER  
Sanibel & Captiva Islands

TO PLACE A CLASSIFIED LOG ONTO:  
**IslandSunNews.com**  
CLICK ON  
**PLACE CLASSIFIED**

**COMMERCIAL RENTAL**

**OFFICE SPACE FOR RENT**  
Great office space for rent.  
Great location,  
700 square feet on Periwinkle.  
Call Joe Gil 516-972-2883  
or 800-592-0009.  
\*NS 4/24 CC TFN

**OFFICE SPACE AVAILABLE**



2 units available for rent in the popular Sanibel Square property. 1 unit will have 998sq. inside – the other unit will have 840sq. (Formerly Molnar Electric). Great place for your private office or business. Please call Judy @ 239-851-4073  
\*NS 3/6 CC TFN

**ANNUAL RENTAL WANTED**

**ANNUAL RENTAL WANTED**  
Medical professional, wife and 1 high schooler looking for 1-2 yr. annual rental 2-3 bedroom w/garage. Previous Sanibel homeowner for 8 yrs, excellent references. (810) 471-0025  
\*NS 6/26 CC 7/31

**ANNUAL RENTAL**

**ANNUAL RENTAL**  
Mastique-Luxury high-rise just off island-3bedrm 2Bath-Avail Oct 1-Unfurn. \$2,200/mo-walk/bike to beaches www.mastiquemarketing.com- Seahorse Rentals 239-940-6610  
\*NS 6/19 CC 7/10

**ANNUAL RENTAL**

**ANNUAL RENTALS SANIBEL**

**BAY FRONT RESIDENCE**  
This spectacular Bay Front home offers Panoramic Views of the Bay, 4 bedrooms + maid's quarters, large garage, pool on Bay and UF. \$5,200/mo.

**472-6747**  
Gulf Beach Properties, Inc.  
Paul H. Zimmerman, Broker/Owner  
Serving The Islands Rental Needs Since 1975  
\*RS 6/5 BM TFN

**VACATION RENTAL**

**LIGHTHOUSE REALTY**  
Paul J. Morris, Broker  
VACATION RENTALS  
PROPERTY MANAGEMENT & SALES  
359 Periwinkle Way, Sanibel Island  
**239-579-0511**  
\*RS 1/4 CC TFN

**Island Vacations**  
Of Sanibel & Captiva  
*Million \$ Views Await You!*  
• Cottages • Condos • Homes •  
Miles of Beaches & Bike Paths  
**239-472-7277**  
**1-888-451-7277**  
\*RS 1/4 BM TFN

**SEASONAL RENTAL**

**SANIBEL COTTAGE FOR RENT**  
3B/2B Private mid island location. Walk to many island conveniences & easy bike ride to bay/gulf beaches. Fully furnished incl w/d. Nov-April \$1,300 wk. \$4,000 month May-Oct \$800 wk \$3,000 month 773-507-8095  
\*NS 2/27 CC TFN

**RE/MAX OF THE ISLANDS**  
Putting owners and tenants together  
Call Ryan Block  
www.remax-oftheislands.com  
239-472-2311  
\*RS 1/23 BM TFN

**SERVICES OFFERED**

**LPN AVAILABLE FOR WORK ON SANIBEL**  
Will work hourly, weekly, monthly. References available upon request. 207-350-9410  
\*NS 6/26 CC 7/3

**SANIBEL HOME WATCH**  
Retired Police Captain  
Lives on Sanibel  
Will Check Your Home Weekly  
Very Reasonable Rates  
(239) 728-1971  
\*RS 1/4 BM TFN

**SCARNATO LAWN SERVICE**  
Lawn Service, Shrubs and Tree Trimming  
Weeding, Installation of Plants, Trees and Mulch (one month free service available)  
Joe Scarnato (239) 849-6163  
scarnatolawn@aol.com  
\*RS 1/25 BM TFN

**UPHOLSTERY**  
On Island Free Estimates.  
Over 15 Years Experience.  
Offering Professional Upholstery Services, Custom Art and Hand Painted Furniture.  
Lacy@LacyMcClary.com or 918-740-4972.  
\*NS 1/23 CC TFN

**ROGER NODRUFF ELECTRIC**  
Lic# EC12002788.  
Call Roger 239-707-7203.  
Aqualink - Motor Controls.  
Office & Store Maint.  
\*RS 6/7 CC TFN

**HELLE'S CLEANING SERVICES**  
Residential Cleaning to Satisfaction  
Sanibel & Captiva • 239-565-0471  
Sanibel Lic. #11412 Lee Co. Lic. #051047  
\*NS 1/4 PC TFN

**RESORT / PROPERTY MANAGER**  
Relocating to Sanibel.  
25 years experience in all aspects and forms of hospitality.  
Previous resident of Island.  
Could also be couple management, Contact by phone 808 634 3337 or Email jtohin411@yahoo.com  
\*NS 6/19 CC 7/3



# ★ ★ ★ CLASSIFIEDS ★ ★ ★ CLASSIFIEDS ★ ★ ★

## SERVICES OFFERED

### MOBILE DOG GROOMING

Self-Contained Trailer  
Up to 40 Lbs.,  
Total Grooming, Package,  
Please call.  
239-313-7140.  
\*RS 3/6 CC TFN

### HOME/CONDO WATCH CONCIERGE SERVICES

Dorado Property Management  
\* Island Resident \* Licensed & Insured  
\* 24/7 \* www.doradoproperty.com  
Call Lisa or Bruce at 239-472-8875  
\*RS 3/21 CC TFN

### AFFORDABLE HOME CARE

Private Duty & Personal Assistant  
Flexible shifts from 4hrs, Live Ins & 24hrs  
Bath Visits, Alzheimer's Care, Bedridden  
Stroke, Parkinson's, Traveling Companion  
Licensed and Insured. 239-444-6914  
\*NS 11/28 CC TFN

## HELP WANTED

### JERRY'S FOODS WAITRESSES OR WAITERS

Looking for experienced Waitresses or  
Waiters with open availability Monday  
through Sunday. If interested call  
and ask for Kim 472-9300.  
\*NS 5/29 CC TFN

### SUNDAY SCHOOL NURSERY TEACHER 0-K

Sunday School Nursery Teacher 0-K  
wanted at Sanibel Church wanted to start  
immediately. This is a year round paid  
part-time position for Sunday mornings  
only. Background check and references  
required. Mainstream theology required.  
Previous childcare/teaching experience  
preferred. For details call 239-472-0479  
\*NS 6/19 CC 6/26

### VOLUNTEERS NEEDED

Volunteers needed for light general  
maintenance. Call (CHR) Community  
Housing & Resources, Inc. 472-1189.  
\*NS 11/1 NC TFN

### VOLUNTEERS NEEDED

The Bailey-Matthews National Shell  
Museum needs Education and Great Hall  
volunteers. No experience necessary, will  
train. Please contact Melanie at  
(239) 395-2233 ext 11.  
\*NS 7/11 NC TFN

## HELP WANTED

### HAIR STYLIST BOOTH RENTAL AVAILABLE

Join our Professionals at the New  
McGregor Salon. Increase your income,  
be your own Boss. Positive, friendly,  
comfortable atmosphere. Close to FMB &  
Sanibel. Located in the busy, McGregor  
Pointe Shopping Center near K-mart.  
For Info call Anita 239-233-9882  
\*RS 3/13 CC TFN

## LOST AND FOUND

### LOST CAT

Black and White.  
Last seen East End of Island,  
Yachtsmans Drive. Reward.  
Please call 239-224-8471 or 277-0058.  
\*RS 6/19 CC TFN

## FOR SALE

### MAINE COON KITTENS

Registered Maine coon kittens  
(CFA and TICA.) Vet checked, all shots,  
parasite free. Big, sweet lovable. Long time  
registered breeder on Sanibel. \$950.  
Amy (c) 239-699-8741.  
\*NS 4/3 CC TFN

### 40 GALLON FISH TANK



Includes wooden stand for storage  
hood light, pump, filter, heater and other  
accessories, good condition,  
54" high x 30" wide x 12" deep. \$175.  
Call 239-851-3506.  
\*NS 6/26 NC TFN

## PIZZA DELIVERY

### BEACH PIEZ PIZZA

Now delivering to CAPTIVA!  
We also deliver to a beach access  
or job site! Call 239-47BEACH  
(472-3224) or visit www.beachpiez.com.  
\*NS 3/13 CC TFN

## VEHICLES FOR SALE

### GOLF CART FOR SALE



Street legal, "gas" powered.  
\$6,500. 239-209-6500  
\*NS 6/5 BM TFN

### 2006 CHRYSLER SEBRING TOURING CONVERTIBLE

Less than 46,000 miles.  
Good Condition.  
\$6,500.  
Call 239-443-0110.  
\*NS 6/5 CC TFN

### 2011 KIA OPTIMA

Red, 45k miles, automatic,  
very clean, good rubber.  
No stains or pet slobber.  
Non smoker. \$12k. 321-544-0396.  
\*NS 6/19 CC 6/26

## BOATS - CANOES - KAYAKS

### KEY WEST 176 SPORTSMAN CENTER CONSOLE.

Sea foam Green. 115 Yamaha. Low hours,  
garage kept. 2011 purchased 2012. GPS,  
VHS, Bimini top, aluminum trailer, pedestal  
seats. \$20,500. Serious inquiries only.  
321-544-0396.  
\*NS 6/19 CC 6/26

### DOCKAGE

Hourly, Daily, Weekly  
and Monthly.  
Captiva Island 472-5800  
\*RS 1/4 NC TFN

## LIVE ON THE ISLANDS

**The Crow's Nest Beach Bar & Grille at Tween Waters Inn** has live entertainment with Live Wire on Friday and Saturday; Taylor Stokes plays on Sunday, Tuesday and Wednesday. Crab shows are on Mondays and Thursdays.

**The Jacaranda** has live entertainment on Friday and Saturday with Midlife Chryslers, playing classic rock and dance. Rentata plays funk, jazz and contemporary on Monday. On Tuesday, it's Sir Mitch, playing classic rock, R&B and dance; Wednesday is Barbara Dexter, playing contemporary, oldies and current hits; Thursday is Eric Malibu, playing contemporary, reggae and dance.

**The Mucky Duck** on Andy Rosse Lane, Captiva features music by Gary Earle on Thursday and Friday; Gene Federico plays on Saturday; Gary Earle plays Sunday; Mark Dupuy plays on

Monday; Perry English plays on Tuesday; and Gene Federico plays on Wednesday.

**Sea Breeze Café at Sundial Beach Resort & Spa** has island style live entertainment on Mondays from 5:30 to 8:30 p.m.

**Traditions on the Beach at Island Inn** has live music Friday and Saturday with Joe McCormick and Marvilla Marzan, playing classic R&B, jazz and pop. Woody Brubaker performs jazz and pop on Wednesday; Joe McCormick and Marvilla Marzan play on Thursday.

**The Island Cow** on Periwinkle Way has live entertainment on Friday with Gene Federico; Saturday, Jay Helt; and Sunday, Dan Confrey.

**RC Otter's** on Andy Rosse Lane, Captiva, has live music daily with dining inside and out.

*Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.✪✪*

## Cycling Safety Notes

Ride to the right

Warn to pass

Wear a helmet

Use lights at night

Always be courteous



**SANIBEL BICYCLE CLUB**



Pets Of The Week

Hello, my name is Ruby. I'm a 6-year-old spayed female yellow lab mix. I'm a beautiful, loving girl with a history of owners who have made other arrangements in their life that didn't include me. Won't you consider making me an important member of your family? I'm loyal and anxious to experience the kind of lasting love I'm prepared to give.

My adoption fee is only \$20 through the end of June.



Ruby ID# 411333

Hello, my name is Scampi. I'm a 2-month-old female brown tabby domestic short hair. My sister Shrimp and I were found at a local seafood restaurant. It seemed like a good place to get a free meal. Now that we're at the shelter, we hope to find a nice loving home. Our foster mom thinks we're the best little kitties she's ever raised. You could take of both of us home, since cats and kittens are 2-for-1.

My adoption fee is \$15 (regularly \$75) through the end of June.



Scampi ID# 621344

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at [www.LeeLostPets.com](http://www.LeeLostPets.com). When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.✱

PAWS Of Sanibel

This little tabby was abandoned in a cage outside Bennett's Fresh Roast on Sanibel on Saturday, June 13. Paws of Sanibel is having her boarded at Coral Veterinary Clinic in Fort Myers, but she needs a real home. She is friendly, spayed and will have all of her shots. PAWS has named her Mocha. If you can adopt Mocha, call Pam at PAWS of Sanibel at 472-4823.✱



Mocha

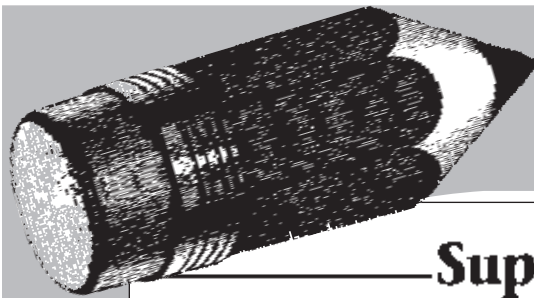
Island Sun  
NEWSPAPER  
Sanibel & Captiva Islands

CALLING CARD 239-395-1213

Emergency .....	911
Sanibel Police .....	472-3111
Lee County Sheriff's Office .....	477-1200
On Call Captiva Deputy .....	477-1000
Fire Department - Sanibel .....	472-5525
Fire Department - Captiva .....	472-9494
Florida Marine Patrol .....	332-6966
Florida Highway Patrol .....	278-7100
Poison Control .....	1-800-282-3171
Chamber of Commerce .....	472-1080
City of Sanibel .....	472-4135
Administrative Office .....	472-3700
Building Department .....	472-4555
Planning Department .....	472-4136
Library - Sanibel .....	472-2483
Library - Captiva .....	239-533-4890
Post Office - Sanibel .....	472-1573
Post Office - Sanibel (toll free) .....	800-275-8777
Post Office - Captiva .....	472-1674
Sanibel Community Association .....	472-2155
Center 4 Life - Senior Center .....	472-5743
ARTS	
Arcade Theater .....	332-4488
Art League Of Fort Myers .....	275-3970
BIG ARTS - Barrier Island Group for the Arts .....	395-0900
Broadway Palm Dinner Theatre .....	278-4422
Fort Myers Symphonic Mastersingers .....	288-2535
Gulf Coast Symphony .....	472-6197
Lee County Alliance for the Arts .....	939-2787
Naples Philharmonic .....	597-1111
The Herb Strauss Schoolhouse Theater .....	472-6862
Sanibel Music Festival .....	336-7999
Sanibel-Captiva Art League .....	472-4258
SW Florida Symphony .....	418-0996
CLUBS & ORGANIZATIONS	
ABWA - American Business Women's Assoc. ....	565-7872 or 433-7798
American Legion Post 123 .....	472-9979
Angel Flight SE .....	1-877-4AN-ANGEL
Audubon Society .....	472-3744
CHR Community Housing & Resources .....	472-1189
Community Foundation of Sanibel-Captiva .....	274-5900
CROW - Clinic For The Rehabilitation of Wildlife .....	472-3644
FISH of Sanibel - Friends in Service Here .....	472-0404
Sanibel Island Fishing Club .....	472-8994
Horticultural Society of the Islands .....	472-6940
Horticulture and Tea Society of Sanibel and Captiva .....	472-8334
Kiwanis Club .....	677-7299
League of Women Voters .....	sanibelLWV@gmail.com
Lions Club, Tom Rothman .....	395-3248
Master Gardeners of the Islands .....	472-6940
MOAA - Military Officers Assc. of America, Alex MacKenzie ....	395-9232
Newcomers .....	472-9332
Notre Dame Club of Southwest Florida .....	768-0417
Optimist Club .....	472-0836
PAWS .....	472-4823
Rotary Club .....	472-7257 or 472-0141
Sanibel Bike Club .....	sanibelbicycleclub.org
Sanibel Beautification Inc. ....	470-2866
Sanibel-Captiva Orchid Society .....	472-6940
Sanibel-Captiva Power Squadron .....	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus .....	395-1202
Sanibel-Captiva Shell Club .....	395-1770
Sanibel Youth Soccer .....	www.sanibelsoccer.org 395-2040
United Way of Lee County .....	433-2000
United Way 211 Helpline 24 hour .....	211 or 433-3900
Zonta Club .....	728-1971
ISLAND ATTRACTIONS	
Bailey-Matthews Shell Museum .....	395-2233
JN "Ding" Darling National Wildlife Refuge .....	472-1100
Sanibel Historical Museum & Village .....	472-4648
SCCF Sanibel-Captiva Conservation Foundation .....	472-2329

To be listed in calling card email your information to:  
[press@islandsunnews.com](mailto:press@islandsunnews.com)





# BEACH CHAIR PASTIME

answers on page 51

## Super Crossword

VOWEL  
LANGUAGE

### ACROSS

- 1 Painter of limp watches  
5 By the day, as payment  
12 "It doesn't matter"  
20 Moran of 'Happy Days'  
21 The tiniest bit  
22 Hot pepper  
23 Group of wolves  
24 decade which hockey disk to use?  
25 Brought upon oneself  
26 USNA trash  
27 "— M z"  
28 Bring in  
30 Moniker, in Marseilles  
31 Mervyn of film  
33 Misplaced the most recent  
38 Sun colors  
41 Bragg of film  
42 Nervous —  
43 Notice folks quarreling about a skewer?  
45 King of latte  
47 Sportsman Pasquale  
48 Name of 12 papers

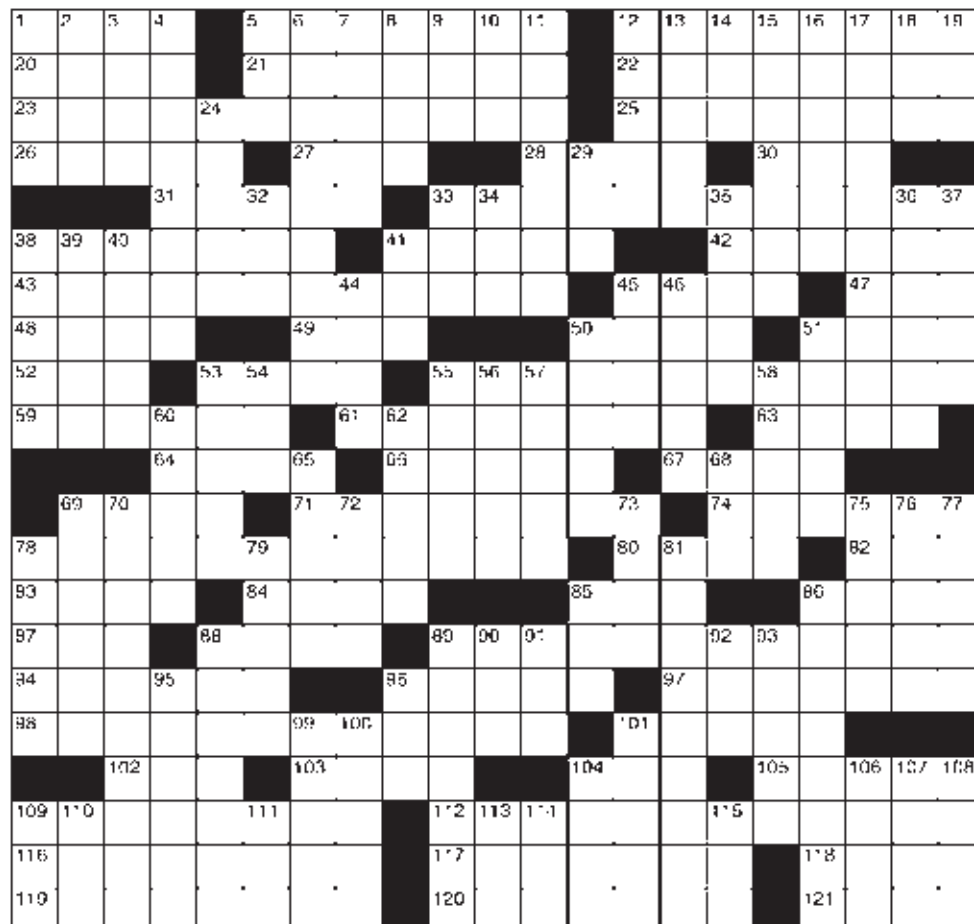
- 49 Folksy daniel  
50 Pansan to be  
51 Actor Robert De —  
52 Six-egged scurrier  
53 Gift add-ons  
55 Farm structures built in Switzerland's capital?  
59 Liam of 'Nell'  
61 Raises up  
63 Yemen's largest city  
64 — time (never)  
65 Give a tug  
66 Bring in  
67 Baseball Hall of Famer  
69 Preside  
71 Students  
74 To no avail  
76 Put a clump of tree-trunk  
80 Bath powder  
82 Philosopher Lao —  
83 Optic layer  
84 Throw easily  
85 Paddle's kin  
86 Stuff in a  
87 Rev's talk  
88 City on I 80

- 89 Group working on a jackdaw's gutter?  
94 Skate clearer  
96 Miller rival  
97 Optometrist  
98 Knock out a pier-dwelling mallard?  
101 — good you lot him know?  
102 My country  
103 Lock faster  
104 Plant seeds  
105 Shuts noisily  
109 Preserve  
112 Exited the elevator to the high-ceilinged  
116 How keyless music is written  
117 Quirky local's disarray?  
118 Like of sunbunnies  
119 Little point on a little horse  
120 Cyclone  
121 Where Coca-Cola is "KO"

- 2 Central Asia's Sea  
3 Pooch pests  
4 Rorschach test features  
5 Luau chow  
6 Lemming in  
7 Type in anew  
8 See 95  
9 Bottom's note  
10 Series-ending abbr.  
11 Succeeds  
12 Spin around  
13 — Barbara  
14 "The Middle" network  
15 Poked fun at  
16 Register  
17 Indiana county whose name is a red color  
18 Afore  
19 Gun, in slang  
24 Parts of hammers  
29 — good clip  
32 Ice-1's style  
33 Hack  
34 roll (lucky)  
35 Jangling look  
36 — Nevada  
37 Partner of a mad se  
38 Learning airer  
39 Share a view  
40 Artery

- 41 Minneapolis-to Dallas dir.  
44 Hit with a zapping gun  
45 The Beatles' "Let ..."  
46 Collision  
50 Register for  
51 Hoops cable channel  
53 Pole carving  
54 Advice giver  
55 Yankee Yogi  
56 Bob — restaurants  
57 Per-unit costs  
58 "Bye Bye Bye" boy band  
60 Rumba's kin  
62 Garden soils  
65 Johnny who cried "Come on down!"  
66 OPEC fuel  
69 Iukize  
70 Keystroke or mouse click  
72 Camas an gas brand  
73 Detached, in mus.  
75 Old game console  
76 Lanai and Skye, say  
77 Product label wds.  
78 Humiliated

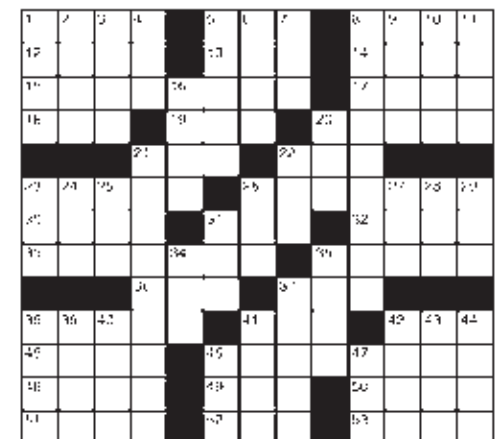
- 79 County in New Mexico  
81 Tree once associated with bow walkers  
85 Paired cress  
86 "Dirty Sexy Money" actress Zoo  
88 Symbol atop the Kremlin  
89 Pair of poetic lines  
90 Mythical bird  
91 Mork's planet  
92 Pitching whiz  
93 Sausage, in Stuttgart  
95 With 8-Down, swims without a suit  
96 They made LPs posse  
99 Kid  
100 West with 21 Grammys  
101 — lie (fibbed)  
104 Funny Laurel  
106 Gossamer  
107 Degs, for playwrights  
108 Eye melody  
109 GPS drawing  
110 From B  
111 Ring legend  
113 Prefix with law or tourist  
114 Cat coal  
115 Swing to and



## King Crossword

### ACROSS

- 1 Stylish  
5 Dawber or Grier  
8 Elevator name  
12 Mimicking bird  
13 "— Town"  
14 Teaspoonful, maybe  
15 Eccentric types  
17 Abortion (out)  
18 Ultra-modernist  
19 Scoundrel  
20 Following  
21 Blunder  
22 Stapstick missile  
23 Martini garnish  
26 Break ranks  
30 Kid of mid  
31 Half a dozen  
32 Whip  
33 Actor Tracy  
35 Hungarian sweet wine  
36 Boxer Schindler  
37 Carpentry tool  
38 Breakfast meat  
41 Atmosphere  
42 "— -lik"  
45 Neural transmitter  
46 Twilight time  
48 Riskey flavor  
49 Mult



- 50 Fill the hold  
51 Catch sight of  
52 Have a bulls  
53 Saucy  
9 Gridlock sound  
10 Capri, e.g.  
11 Crystal gazer  
16 Farm fraction  
20 Have a bug  
21 50-50 bet  
22 Peace (Lat.)  
23 Chances, for short  
24 Once around  
25 Rage  
26 Evergreen type  
27 Erstwhile acorn  
28 N.A. portion  
29 Your  
31 Drivers license  
34 Have the skills  
35 Mountain lake  
37 Prolonged attack  
38 Hay bundle  
39 Center of symmetry  
40 Freebie  
41 Acknowledge  
42 Prop for Ben Frank in  
43 Smell  
44 Salamander  
46 Tokyo's old name  
47 Hoopoe moss.

### DOWN

- 1 "Aw, be a sport!"  
2 Jekyl's bad side  
3 European  
4 Taxi  
5 On top of the world?  
6 "— Lang Syne"  
7 Smith, Paul or Butterworth  
8 Member of a 'raternal'

## MAGIC MAZE • MOORES

XXUROLINEBYVSON  
KHEBRYRWOYTROLJ  
GEBYWEURPTRNKIG  
DBZXGITLEVSYNYQO  
MKIOGENYICAAEYW  
USRQTNEETKPNILIL  
JYLEAHCIMYCHDCF  
CHRISTOPHERIUEC  
ARLRYDEMICALDXV  
YUUSAYDNAMRCMQP  
JNMKJGHFESCABZY

Find the listed words in the diagram. They run in all directions: forward, backward, up, down and diagonally.

Archie	Dickie	Julianne	Roger
Christopher	Dudley	Mandy	Terry
Clement	Garry	Mary Tyler	Thomas
Demi	Henry	Michael	





Sanibel Island

Ft. Myers Beach

Captiva Island



975 Rabbit Rd.  
Sanibel Island, Fl 33957  
239.472.8311



708 Fisherman's Wharf.  
Ft. Myers Beach, Fl 33931  
239.765.9660



South Seas Island Resort  
Captiva Island Fl 33924  
239.312.4275

**Visit Us Online @ [www.DocFords.com](http://www.DocFords.com)**  
**f** Live Music & Happy Hour Available - Details online! **📷**



[TheBeachedWhale.com](http://TheBeachedWhale.com)



239-463-5505 | 1249 Estero Blvd.

**Live Music**  
Nightly!  
**Happy Hour**  
Mon-Fri 2-5pm

**We've Got  
Your Game!**